



National Alliance on Mental Illness

**nami** | Jacksonville Florida

# FAMILY SUPPORT GROUP COMING TO WILDLIGHT!

***BEGINS JANUARY 2026***

For family members, caregivers and friends of individuals living with mental health condition or co-occurring substance use disorder.

These groups provide empathy, productive discussion and a sense of community. A place to develop relationships and gain hope.

**REGISTER HERE!**



[www.namijax.org](http://www.namijax.org)

