NAMI
SHARING HOPE



Free!

3-part conversation series about mental health for and by the Black/African-American community

Three Saturdays:
November 7th, 14th and 21st
From 10:00am - 12:00pm

Register Here:

More about NAMI Sharing Hope:

NAMI Sharing Hope uses facilitator-guided conversations, videos, and the sharing of sacred stories to examine the challenges around Black mental health, wellness and coping strategies, and create safe, supportive, healing spaces within the community. All are welcome to participate.

Location:

Cafe Resistance
Bookstore & Coffee Shop
5007 Soutel Dr,
Jacksonville, FL 32208

Contact Us:

904-420-2016
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Jacksonville, FL 32202

NAMI
National Alliance on Mental Illness
Jacksonville Florida