

# Psychological Safety

People can express who they are and **speak up without fear** of judgment.



Individuals are more likely to point out issues and areas for improvement, allowing organisations to take timely action.



Helps to address the productivity losses caused by fear and anxiety.



One of the most effective ways to nurture psychological safety is by **developing effective leaders** (McKinsey)



Leads to increased levels of **creativity, empathy and engagement** in the workplace.

