

EXPERT SERIES

WITH RUTH FARENGA

NEXT LEVEL LEADERSHIP

Next Level Leadership is a nine-part audio series from Assemble You and Ruth Farenga. It is designed to help senior leaders and managers develop the essential soft skills they need to support, enable, inspire, and empower others.

Leadership expert Ruth Farenga shares practical examples, case studies, and strategies to improve self-management and well-being.

LESSONS

Actively Manage Yourself

Discover how to develop a sustainable and empowering leadership style. Understand the importance of managing your mood and energy to consistently show up as the best version of yourself for your team.

Build Safety

Explore how leaders can create a psychologically safe environment where employees feel secure enough to express their opinions and be their authentic selves.

Deepen Your Listening Skills

Recognise how to deepen your listening skills as a leader to enhance team engagement and performance. Learn how to listen beyond words and tune into what your team members truly need.

Develop a Clear Intention

Examine the importance of defining clear intention in leadership, the impact of positive belief on team performance, and techniques for providing effective and supportive feedback.

Enact Purpose

Discover how a well-articulated vision can inspire teams, simplify decision-making, and foster organisational growth. Equip yourself with actionable techniques to integrate purpose into daily operations.

Foster Equal Belonging

Explore how leaders can create an inclusive environment where everyone feels equally valued and part of the collective journey. From dismantling individualistic behaviours to implementing inclusive practices and collective rewards.

LESSONS

Give Away Power

Understand why relinquishing control can empower your team, enhance collaboration, and drive organisational success. Learn how effective delegation can lead to a more engaged and motivated workforce.

Lean Into Difficult Situations

Discover how to tackle uncomfortable conversations head-on and approach them with empathy and clarity. Dive into handling challenging interactions confidently and nurturing a more collaborative and productive workplace.

Let People In

Examine the importance of vulnerability and authentic connection as pivotal components of effective leadership. The discussion emphasises when leaders show their human side, they make it easier for employees to relate, trust, and engage more deeply.

YOUR SPEAKERS



ADAM LACEY

Adam is the Co-Founder of Assemble You and host of the Power Skills Project and L&D Challenges podcasts.

He has 10+ years of experience creating and selling digital learning and launched Assemble You with his business partner and cousin in 2022.



RUTH FARENGA

Ruth facilitates leaders' development in the technology sector so that they can do their best work, contributing to the commercial success of the business and overall enjoyment at work.

Her clients recognise that only by working on their own emotional intelligence can their leadership skills reach the next level. She often helps leadership teams who have personal and professional frictions which they want to work through and want to be the best leaders possible to attract and retain great talent.

YOU CAN SAMPLE HER WORK THROUGH:

- ✔️ TEDx Talk '[Tapping into the leadership superpower](#)'.
- ✔️ Book: "Next Level Leadership: Nine Lessons From Conscious Leaders", is available [here](#).

