

Today is the Fouteenth
SUNDAY AFTER PENTECOST.
We are in Ordinary Time.

If you're new, welcome! Please take a welcome bag in the back of the church.

WELCOME

Here is what's happening today:

7:30 AM Holy Eucharist I, *Nave*9 AM Holy Eucharist II, *Nave*11:15 AM Holy Eucharist II, *Nave*5 PM Holy Eucharist II, *Chapel*

Formation for all ages between the 9 & 11:15 services.

Join the Rev. Lucy Strandlund and guest speakers to explore how art and beauty are both expressions of and pathways for our hunger for God. This Sunday, Sept 14, the Rev. Daniel Strandlund will teach, and on Sept 21, join us to hear from Allison Perkins and Cliff Dossel about the intersection between art, beauty, and the search for God.

Holy Eucharist

Mon-Thurs: 12:00 Noon

Join us weekdays, Monday through Thursday, at the side altar for a celebration of Holy Eucharist at 12:00pm. Several special feast days will be honored this month – dates are featured below.

Sept 15 Holy Cross day reminds Christians to "take up their cross" and follow Christ, emphasizing the cross as a symbol of God's love and Christ's victory over death.

Sept 22 Saint Matthew the Apostle serves as an example that Christ came to save all who are lost. Matthew is one of the Twelve Apostles of Jesus. As one of the four Gospel writers, Matthew is one of the four Evangelists.

Sept 29 The feast of Saint Michael serves as a time to remember the protective power of God's angels and to engage in spiritual warfare through prayer and acts of love.



MONDAY 15 September

TUESDAY

16

September

Septembes

THURSDAY

18

September

FRIDAYS
Every
Week

HOLY EUCHARIST 12 noon | Nave Side altar

Mens Minstry 6 PM | home of David Tamer HOLY
EUCHARIST
12 noon | Nave
Side altar

NOVICE REHEARSAL 4:30 PM

CHORISTERS REHEARSAL 5:30 PM



KIDS' CAFE 5:15 PM HOLY
EUCHARIST
12 noon | Nave
Side altar

Senior Lunch 12:30 PM Colhoun Rm.

Choir Supper 5 PM | Colhoun A,B&C Rm

CAFE 5:15 PM

HOLY
EUCHARIST
12 noon | Nave
Side altar

KIDS'
CAFE
5:15 PM

MEN'S PRAYER BREAKFAST 7 AM | Colhoun B&C

ST. PAUL'S WALKING GROUP 9 AM | Reynolda

AL ANON 10:15 | Youth Rm



Senior Lunch:

Wed. Sept. 17 | 12:30 AM

This Wednesday

Join us for our monthly Senior Adult lunch. Our speaker this month is Julie Lanford, Wellness Director at Cancer Services. As a registered dietician and licensed nutritionist, she will be speaking with us about the importance of nutrition and its critical role in health and wellness.

Lunch begins at 12:30 PM in the Colhoun Room. Julie will speak at 1:00 PM. The cost is \$8.00.

No reservation is needed. Friends and guests are most welcome!



Senior Adult Trip to Reynolda House: Camel City Exhibit

Thursday, Sept. 25 | 9:30-1:00 PM

Join us as we tour Reynolda's newest exhibit, showcasing the fascinating history of the tobacco industry in Winston Salem.

"Through a dynamic assemblage of rare and compelling artifacts, Camel City presents an intricate portrait of a city and one of its most consequential industries—one that shaped commerce, culture, and discussions of public health on an international scale." We will have lunch afterward, at your own expense.

Cost: \$20 per person. To sign up, please send an email to the Rev. Nancy Vaders at NVaders@stpauls-ws.org



Friends of Music



Sat, Sept. 27 | 3 PM | Colhoun Room The North Carolina Baroque Orchestra brings

"Autumn Winds"

A FUNDRAISER FOR FRIENDS OF MUSIC IN MEMORY OF BILL RAHN. \$25 suggested donation.

When sending in a memorial or honorarium, contact Emma LaBella at elabella@stpauls-ws.org to provide information on who it is from, where it is going, and who it is memorializing or honoring.

SAVE THE DATES



Mental Health First Aid Training

St. Paul's Episcopal Church and the Diocese of North Carolina are partnering to offer Mental Health First Aid training on Saturday, Oct 4, led by certified Mental Health First Aid Instructor Demetria Nickens, MS, CTRC. Mental Health First Aid is a comprehensive

course that equips participants with the skills to assist those developing mental health problems or experiencing a mental health crisis. 9 AM- 5 PM at The Station. To register, see QR code



Scan Me



Pet Blessing

The St. Francis' Day Pet Blessing will be Sunday, October 5 at 3 PM.

Evensong

Join us for our first Evensong of the season. Join us Sunday, October 5 at 5 PM in the Nave.



FLU-Covid Vaccination Clinic

10 AM - 12:30 PM in the Colhoun Room. Contact Anne Rahn for help signing up:

arahn@stpauls-ws.org

or click link here https://www.signupgenius.com/go/70A054AA9A82FABFE3-58219260-fluand





It's time to return to the good times and good works at Kids' Cafe! This enrichment program serves children from local schools who need some homework help, a nurturing after school environment, and a lovingly prepared meal. Volunteers are needed to help support K-12 students with their homework. There is no special training needed, just a commitment to one evening a week 5:15-6:05 (T,W,Th) and a love for seeing children succeed. If you are concerned with everything happening in our school system and unsure how to make an impact, Kids' Cafe is a great place to help! If you would like to sign up to volunteer, please reach out to Aliesha Oakes at aoakes@stpauls-ws.org.

PACK 910 POPCORN FUNDRAISER

Sun. Sept 14 following the 9 AM &11:15 AM services

We can't thank our St. Paul's family enough for all the support though the years. Our Popcorn fundraiser will help to support Pack 910s mission of Skill Development, Character Building, Family Involvement, Community Connection, Confidence & Recognition, Friendship & Belonging, Preparation for Life and Fun & Adventure! Thank you for your support!



THE LANTERN INITIATIVE

It is our hope that you will find one or more opportunities that speak to you and shed light on your spiritual path.

Sacred Ground

Sacred Ground is a film- and readingsbased study series on race, grounded in faith. This small group will walk through chapters of America's history of race and racism, while weaving in threads of family story, economic class, and political and regional identity. The 11-week series uses a powerful online curriculum of documentary films and readings from the Episcopal Church and will meet every other Tuesday from 6-7:30 PM, beginning Sept 23.

Sept. 23- 6-7:30 PM
Email group facilitators to register: Rob
Boyce: rwboycejr@gmail.com or Nancy
Boyce: nancynboyce@gmail.com

Theological Reflection Group:

Where is God showing up in your everyday life? Come together every other Tuesday evening to share stories from our own lives and place them alongside Scripture, current headlines, cultural moments, and our own beliefs, listening for God's invitation and action. No homework, no advance reading—just reflective, guided conversation. After each session, those who wish may head out for dinner nearby to keep the discussion going. Wherever you are in your faith journey, you're invited to come explore how faith intersects with real life.

This group will meet every other Tuesday, Sept 23-Dec 2 from 6-7:30 PM. Email group facilitator Stacy Holley to

register: stacyholley.efm@gmail.com

good to know

Announcements

Learn More: To learn more, visit stpaulsws.org/hello or email our Membership Coordinator, Betsy Reiners, at breiners@stpauls-ws.org to answer any questions.

Ministry Newsletters:

Outreach: bit.ly/SPOutreachNews Youth: bit.ly/SPYouthNews Children: bit.ly/SPChildrenNews

Pastoral Care

If you have an urgent pastoral care need please call 336-723-4391; if you do not speak to someone directly, follow the prompts.

Hospital Visits: If you or an immediate family member is hospitalized and would like a visit, contact the Rev. Nancy Vaders at nvaders@stpauls-ws.org or 336-749-4906. You can also fill out a hospital form on our website.

Giving at St. Paul's

Your generosity sustains St. Paul's ministries, programs, and outreach, helping us live out our mission of faith, love, and service.

To make a pledge payment or set up recurring giving, scan the QR code. Questions? Contact Victoria Bass at vbass@stpauls-ws.org.

> Thank you for supporting this community we all love!

Change in Giving Statements: Due to processing fees in Tithe.ly, you may notice a change in your next giving statement. If you use a debit or credit card for payments through Tithe.ly or the church office, these fees will now be itemized on your quarterly statements.



Prayer Lists

St. Paul's maintains three prayer lists: a published list, a confidential list, and one for active military members. To add someone, please obtain their permission and contact Laura Hoffman at 336-723-4391, ext. 1208 with at least their first name, your name, and contact information. Names remain for one month unless renewed.

Keeping in prayers this week: We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list including: Jack Tolley, Carlie Martin, Ann Jones, Lucille Dillon, Fran Harrington, Stan Haggerty, Meg Lovett, Elaine Williams, Linda Carroll, Tina Parton, Carrie Malloy, Ed Hill, Mamie Morton, Nancy Watkins, Charlotte, Amy, Molly, Robert and Deborah Nash, Erin Brothers, Jeni, Matt, Ronald Loss, Whitney, Teresa Hartman, Ann Donahue, Chip Warner, Mary Strandlund, Andrew Hobbs, Roddy Tattersall, Emily W, Tomi, Elliott, John Thompson, Mac and Pam Porter, David Anderson, and Sue and those serving in the military: George Bailey, James Barnwell, Cameron Beckham, Will Davis, Stephen Geyer, Gregory Hodgin, Will Hodgin, Cody Ivie, Mateo Marshall, Patrick S. Meyer, Max Mistecka, Tracey Mosley, Samuel George Pulliam, Timothy Smith, Andrew Tamer, Molly Wharton, and Nate Wilsey.

Recent Deaths: Mildred Kolb.

8/19/2025, mother of Kathy Hardison, mother-in-law of Jim Hardison and grandmother of Jimbo Hardison; Carolyn Nash Phillips, 8/20/25 mother of Matthew Phillips, mother-in-law of Heather Phillips and grandmother of Grady and Ellie Phillips. Barbara Taylor, 7/21/2025; David Morris, 8/31/25, uncle of Elizabeth Walsh; Woodus Kellum Humphrey, 9/1/25, uncle of George Humphrey.

Recent Births: Margot James Hallman, 07/31/2025, daughter of Molly and Cameron Hallman, Elizabeth Dulcie Sartin, born 8/9/2025, Granddaughter of Ruth and Dick Sartin.

Birthdays, Sept 14-20: Heinz Altmann, Hannah Appel. Donna Ashley, Nora Baker, James Bannigan, Jill Bowman, Charlotte Broughton, Donna Brown, Elliot Cox, Aaron Craven, Emily Edwards, Sidney Falken, John Fedora, Emma Gauthier, Rachel Gauthier, Daniel Hennessey, Carrie Hileman, Linda Hill, Hop Hopkins, Dave Irvin, John Knudson, Leon Lenchik, Luke Leyes, Julie Long, Cate Lynch, Todd McFall, Peter McHugh, Caroline Merrick, George Miller, Rob Moore, Stephanie Newstedt, Bro Newton, Alex Requarth, Tom Rice, David Safrit, Porter Saunders, John Schultz, Jack Shuman, Emily Shute, Barbara Sites, Jonathan Smith, Carolyn Stokes, Rand Storch, Janice Stroud, Julia Sutton, Olivia Tamer, Ginie Underhill, Alex Vaughn, Berkley von Feilitzsch, and William Woltz.

Anniverseries, Sept 14-27: Patrick and Jennifer Baker, Paul and Kelly Daniel, Anne and Rich Green, Murphy and Kimberly Gregg, Brian and Lori Patterson, Jay and Abby Requarth, Rob and Pam Saunders, and Megan and Pete Speziale.

To add someone to our birthday or anniversary list or report a correction, contact Betsy Reiners at

breiners@stpauls-ws.org or 336-723-4391, ext. 1219.



St. Paul's Episcopal Church

In Winston-Salem, NC

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