

# good news

FAITH IN ACTION, BOUNDLESS LOVE, HOPE FOR ALL.



## Welcome

Today is the *Second Sunday after the Epiphany*

**If you're new, welcome!** Please take a welcome bag in the back of the church. Parents with young children up to 3 years old: The nursery in Rm 233 is available and children can be dropped off anytime between 8:45 AM and 9:15 AM

### Here is what's happening today:

7:30 AM	Holy Eucharist I, Nave
9 AM	Holy Eucharist II, Nave
10:15 AM	Formation for all ages
11:15 AM	Holy Eucharist II, Nave
5 PM	Holy Eucharist II, Chapel

## Adult Formation: Who was St. Paul?

**Sundays: Jan 18, 25 and Feb. 8 at 10:15 AM | Colhoun Room**

Join the Rev. Lucy Strandlund this month for the second of a four-week series on the apostle Paul—who was he? Who was he not? There are many misconceptions about our patron saint, and this series is a great intro to a foundational figure in scripture and the Church.

## Winter Retreat: with the Rev. Dr. Jane Patterson:

Christ Living in Me: Paul the Pastoral Mystic

**Jan 24 from 9 AM - 3:30 PM | Colhoun Room**

Many people find both Paul and his letters difficult to relate to. This retreat offers a doorway into understanding Paul from the perspective of the mystical orientation that fueled his life-changing spiritual and moral encounter with Christ, and that inspired his passion for ministry among the Gentiles. Paul's sense of Christ's presence—intimate, communal, and cosmic—still holds power for Christians today. Register here by Wed, Jan 21 so we can count you for lunch: <https://form.typeform.com/to/PivtUhIV>

# now and upcoming

MONDAY <b>19</b> Jan	TUESDAY <b>20</b> Jan	WEDNESDAY <b>21</b> Jan	THURSDAY <b>22</b> Jan	FRIDAY <b>23</b> Jan
<b>CHURCH OFFICES CLOSED</b> in observance of Martin Luther King	<b>HOLY EUCHARIST</b> Noon   Nave Side altar	<b>HOLY EUCHARIST</b> Noon   Nave Side altar	<b>HOLY EUCHARIST</b> Noon   Nave Side altar	<b>MEN'S PRAYER BREAKFAST</b> 7 AM   Colhoun B&C
<b>MEN'S MINISTRY DINNER</b> 6 PM   home of David Tamer	<b>NOVICES REHEARSAL</b> 4:30 PM	<b>BOOKSHOP OPEN</b> 10:00 AM - 1:00 PM		<b>ST. PAUL'S WALKING GROUP</b> 9 AM   Reynolda
	<b>CHORISTERS REHEARSAL</b> 5:30 PM	<b>SENIOR LUNCH</b> 12:30 PM Colhoun RM		<b>AL ANON</b> 10:15 AM   Youth Rm
	<b>LAUNDRY LOVE</b> 5:45 PM	<b>NOVICES REHEARSAL</b> 4:30 PM		<b>HOLY EUCHARIST</b> Noon   Nave Side altar
		<b>CHOIR SUPPER</b> 5 PM   Colhoun A,B & C		<b>ANNUAL MEETING</b> is Sunday, February 1 at 10 AM
		<b>CHORISTERS &amp; SCHOLA REHEARSAL</b> 6 PM		

## Senior Adult Lunch:

Wed, Jan 21 at 12:30 PM | Colhoun Room

Join us for our first Senior Lunch of 2026! We will be welcoming the leaders of the St. Paul's Sesquicentennial Committee. The Rev. Dixon Kinser, Gwynne Taylor and Heather Bratland to lead us through all the exciting events, speakers, and celebrations planned for St. Paul's 150th year! Lunch begins at 12:30pm in the Colhoun Room. The cost is \$8.00. No reservation is needed. Friends and guests are most welcome!

## A Night with the Winston-Salem Foundation: *Dinner and Program featuring Phil Bastron and Diane Ford*

Wed, Feb. 4 at 5:00 PM | Colhoun Room

Phil Bastron joined The Winston-Salem Foundation in 2024 and serves as Senior Philanthropic Advisor. Diane Ford joined the Foundation in 2025 as a Philanthropic Advisor, bringing several years of experience in estate planning as a practicing

elder law attorney. In their roles, Phil and Diane work with individuals to establish charitable giving funds that create meaningful community impact. Together, they will share how The Winston-Salem Foundation provides personalized support for philanthropy during one's lifetime or through testamentary plans, and highlight the benefits of partnering with the Foundation to facilitate planned gifts. Childcare provided with registration. Please register by February 1st for this event. Contact Victoria Bass with questions or for more information. There is no cost for this event.



## Walking with God: *The Labyrinth as Spiritual Practice*

Sunday, February 1, 2:30-4:30pm The Chapel

Early Christians, filled with joy by their new faith, longed to make a pilgrimage to express their trust, gratitude, and prayers. To meet the needs of those unable to travel, churches started to engrave labyrinths on their walls and floors so that all could become pilgrims. The first recorded labyrinth was in the Basilica of

St. Reparatus in Algeria in 325 AD, and the most famous one was completed in Chartres in 1201 AD. Now there are almost 6,000 registered labyrinths in 85 countries worldwide, and many more that are unregistered. This seminar on walking the labyrinth will include an introduction to the labyrinth and its history; why we walk the labyrinth for our bodies, minds, and spirit; quiet reflection time; and group sharing. For more information, contact workshop leader Sandy Seeber [sandyseeber2014@gmail.com](mailto:sandyseeber2014@gmail.com)

## Brunswick Stew Pre-Sale: Ready for pick up Sunday, Feb 8.

The Senior Adults will cook a batch of Brunswick stew, ready for pick-up outside the kitchen after the 9:00 and 11:15 am services on Superbowl Sunday, February 8, or from the kitchen the next week. **PROCEEDS TO BENEFIT ST. PAUL'S SENIOR MINISTRY.** Mail your check payable to St. Paul's with number of quarts (\$15.00 each) to Anne Rahn, Seniors Assistant, St. Paul's, 520 Summit Street, Winston-Salem, NC 27101. Questions 336-723-4797 or [arahn@stpauls-ws.org](mailto:arahn@stpauls-ws.org).

## Episcopal Church Men: *Bryan Burhans, Director of Outer Banks Forever*

Wed. Feb. 11 | 5:30 PM | \$15 pp | Colhoun Rm.

Reservations must be made by Monday afternoon Feb. 9

In March, 2025, Bryan Burhans became the second Director of Outer Banks Forever. He provides executive leadership for this non-profit organization that supports the three eastern NC National Parks - Wright Brothers National Memorial, Cape Hatteras National Seashore, and Ft. Raleigh National Historic Site (Manteo). After video remarks by OBX National Parks Superintendent David Hallac, Director Burhans will highlight recent projects, challenges, and opportunities presented by these three North Carolina national treasures.

## Senior Field Trip for February: *Sullenberger Aviation Museum in Charlotte.*

Thurs, Feb. 26 at 9:00 AM-3:30 PM

Join us for a day trip to Charlotte to visit the Sullenberger Aviation Museum. The museum is home to iconic aircraft and historical treasures, including the celebrated "Miracle on the Hudson" exhibit—featuring the very plane that safely landed in New York's Hudson River on January 15, 2009. We will tour the



## THE LANTERN INITIATIVE

### 52 Ways to Walk:

*Join us on Saturday, January 24 to Walk to Get Lost as we explore a different neighborhood in our community. Meet your leader, Suzanna Watkins, at 10:00 am at the Sprague Street Park Community Center located at 1350 East Sprague Street 27107.*

*Please let us know if you're coming at 52 Ways to Walk Registration.*

[52 Ways to Walk Registration.](#)

museum and then have lunch in Charlotte before we return to St. Paul's. Cost is \$20. Email [Nancy Vaders at nvaders@stpauls-ws.org](mailto:Nancy.Vaders@stpauls-ws.org) to book your spot!



**Seeking Volunteers:**  
*Supporting education  
and students  
in our community.*

The Outreach Ministry is seeking volunteers who are interested in supporting education and students in our community. We have volunteer opportunities for events and student engagement at Ashley Elementary School and special volunteer needs in the Demon Pantry at RJ Reynolds High School. Please email Laura Pallavicini for more information regarding volunteering in these programs. [lpallavicini@stpauls-ws.org](mailto:lpallavicini@stpauls-ws.org)

## Thank You!

Huge thanks and gratitude to the St Paul's members who helped make Christmas so special for well over 100 children through your generous support of the community Angel Tree. This endeavor made a special impact on families.

We are also grateful for the \$34,000 donated towards our goal of \$35,000 for the food pantry at Christ Beloved Community. Your generosity will provide meals for 130 families for 8 weeks!

 When sending in a memorial or honorarium, contact Emma LaBella at [elabella@stpauls-ws.org](mailto:elabella@stpauls-ws.org) to provide information on who it is from, where it is going, and who it is memorializing or honoring.

## Announcements

**Learn More:** Visit [stpaulsws.org/hello](http://stpaulsws.org/hello) or email our Membership Coordinator, Betsy Reiners, at [breiners@stpauls-ws.org](mailto:breiners@stpauls-ws.org) to answer any questions.

### Ministry Newsletters:

Outreach: [bit.ly/SPOutreachNews](http://bit.ly/SPOutreachNews)

Youth: [bit.ly/SPYouthNews](http://bit.ly/SPYouthNews)

Children: [bit.ly/SPChildrenNews](http://bit.ly/SPChildrenNews)

### Helpful Links:

Sermons: [link.stpaulsws.org/sermonlisten](http://link.stpaulsws.org/sermonlisten)

Email Signup: [link.stpaulsws.org/emails](http://link.stpaulsws.org/emails)

Latest eNews: [link.stpaulsws.org/goodnews](http://link.stpaulsws.org/goodnews)

## Stewardship 2026 Campaign Update



stewards of  
**God's Grace**

94%

**100%  
GOAL  
STEWARDSHIP**

## Giving at St. Paul's

Your generosity sustains **St. Paul's ministries, programs, and outreach**, helping us live out our mission of **faith, love, and service**.

To make a pledge payment or set up recurring giving, scan the QR code. Questions? Contact Victoria Bass at

[vbass@stpauls-ws.org](mailto:vbass@stpauls-ws.org).

Thank you for supporting this



ONLINE PLEDGE  
FORM

**Year end statements for 2025**

will be emailed out no later than January 31st!

## Pastoral Care

If you have an **urgent pastoral care need** please call 336-723-4391. If you do not speak to someone directly, follow the prompts.

**Hospital Visits:** If you or an immediate family member are in the hospital, please let us know. We can no longer rely on lists that are generated by the hospital, and we don't want to miss an opportunity to care for you and your family. Please reach out to the Rev. Nancy Vaders at [nvaders@stpauls-ws.org](mailto:nvaders@stpauls-ws.org) or call the church office 336-723-4391 to notify us of a current or upcoming hospital stay.

## Prayer Lists

St. Paul's maintains **three prayer lists**: a published list, a confidential list, and one for active military members. To add someone, please obtain their permission and contact Laura Hoffman at 336-723-4391, ext. 1208 with at least their first name, your name, and contact information. Names remain for one month unless renewed.

**Keeping in prayers this week:** We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list including: Mary Hall, Mark Carroll, Jim and Alice Hodgin, Jim and Betsy Sheilds, William Allen, Nancy Walker, Becky Lanier, Martha Stewart, Fred Jordan, Stan Haggerty, Elaine Williams, Linda Carroll, Carrie Malloy, Ed Hill, Carlie Martin, Carolyn Twisdale, Mamie Morton, Carol Venters, Charlotte, Robert and Deborah Nash, Erin Brothers, Whitney, Teresa Hartmann, Chip Warner, Tomi, John Thompson, Sharyn Dowd, Andy Mathews, Matt, Lamar Hill, Abigail Edwards, Hanna Rostlund, Mandy Pearson and those serving in the military: George Bailey, James Barnwell, Cameron Beckham, Will Davis, Stephen Geyer, Gregory Hodgin, Will Hodgin, Cody Ivie, Mateo Marshall, Patrick S. Meyer, Max Mistecka, Tracey Mosley, Samuel George Pulliam, Andrew Tamer, Molly Wharton, and Nate Wilsey.

**Birthdays, Jan 18-24:** John Appel, Rosalie Bland, Shannon Brady, Laura Brasher, Patterson Butler, Greg Carter, Brooks Carter, Mac DuBose, Neely DuBose, Maggie Glick, June Haaf, Martha Harper, Hugo Hennessee, Ursula Henninger, Dianne Hobbs, Andrew Holmes, Deb Howard, Jim Johnston, Susan Kelley, Frances Kohut, Fred London, Chris Lyon, Gail Marshall, Paul Miller, Gloria Moran, Jack Moser, Scottie Neill, Lydie Neill, Lewis Noland, Ellen Oliver, Mary Haskell Pitt, Bill Porter, Sam Spain, Will Sutton, Jack Thomas, Annie Thomas, Angela Williams, Valarie Williams, Tom Williamson, and Bill Workman

**Anniversaries, Jan 18-24:** Malcolm and Patty Brown, Tom and Linda DuBose, Curt Fentress and Laura Otten, Don and Kelly Leeds, Lee and Meggie Winburn.

**To add someone** to our birthday or anniversary list or report a correction, contact Betsy Reiners at [breiners@stpauls-ws.org](mailto:breiners@stpauls-ws.org) or 336-723-4391, ext. 1219.

## St. Paul's Episcopal Church

In Winston-Salem, NC



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