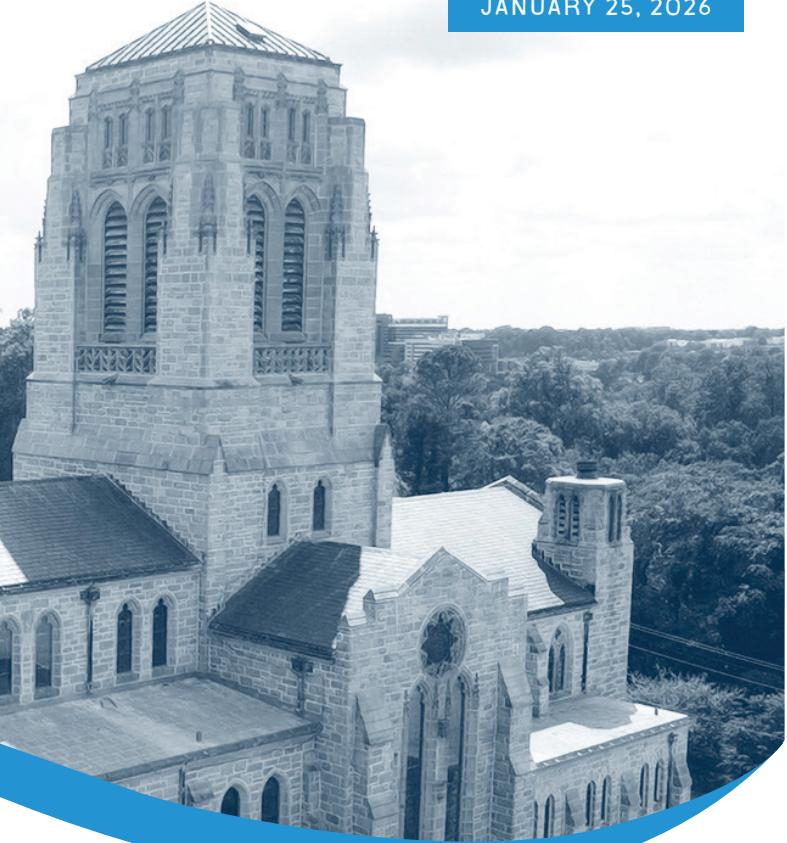


# good news

FAITH IN ACTION, BOUNDLESS LOVE, HOPE FOR ALL.



Five parishioners brazen enough to walk in the cold and rain: Heather Barr, Kathy Ausen, Marty Lentz, Suzanna Watkins, Jeff Wilson



## Welcome

Today is the *Conversion of Saint Paul the Apostle*

**Welcome!** Due to the winter storm, the St. Paul's campus is closed today. Next Sunday, we will have in-person worship at 8 AM (Holy Eucharist), 10 AM (Annual Meeting), and 5 PM (Choral Evensong).

**Here is what's happening today:**

**Campus closed due to weather.**

**10 AM**      Online Worship

**Closure Updates:** We will notify the parish via email and social media if the campus needs to remain closed past Sun, Jan 25.

## Adult Formation: Who was St. Paul?

**Sundays: Feb 8 and 15 at 10:15 AM | Colhoun Room**

Join the Rev. Lucy Strandlund this Sunday as we continue our study on the apostle Paul—who was he? Who was he not? There are many misconceptions about our patron saint, and this series is a great intro to a foundational figure in scripture and the Church.

## Winter Retreat: with the Rev. Dr. Jane Patterson:

Christ Living in Me: Paul the Pastoral Mystic

**Jan 24 from 9 AM - 3 PM**

**Rescheduled for Sat. April 25th**

**Note:** Look for a new registration link in spring. Donations will be applied to the new date, but if you would prefer a refund, please contact Victoria Bass at [vbass@stpauls-ws.org](mailto:vbass@stpauls-ws.org).

Many people find both Paul and his letters difficult to relate to. This retreat offers a doorway into understanding Paul from the perspective of the mystical orientation that fueled his life-changing spiritual and moral encounter with Christ, and that inspired his passion for ministry among the Gentiles. Paul's sense of Christ's presence—intimate, communal, and cosmic—still holds power for Christians today.

# now and upcoming

**MONDAY**  
**26**  
Jan

**TUESDAY**  
**27**  
Jan

**WEDNESDAY**  
**28**  
Jan

**THURSDAY**  
**29**  
Jan

**FRIDAY**  
**30**  
Jan

**HOLY EUCHARIST**  
Noon | Nave  
Side altar

**MEN'S PRAYER BREAKFAST**  
7 AM | Colhoun B&C

**NOVICES REHEARSAL**  
4:30 PM

**NOVICES REHEARSAL**  
4:30 PM

**ST. PAUL'S WALKING GROUP**  
9 AM | Reynolda

**CHORISTERS REHEARSAL**  
5:30 PM

**CHOIR SUPPER**  
5 PM | Colhoun A,B  
& C

**AL ANON**  
10:15 AM | Youth Rm

**20'S TO 30'S SMALL GROUP**  
5:30 PM

**CHORISTERS & SCHOLA REHEARSAL**  
6 PM

**HOLY EUCHARIST**  
Noon | Nave  
Side altar

**TACO TUESDAY YOUNG ADULTS**  
6:00 PM

## Walking with God: *The Labyrinth as Spiritual Practice*

Sunday, February 1 | 2:30–4:30pm | The Chapel

Early Christians, filled with joy by their new faith, longed to make a pilgrimage to express their trust, gratitude, and prayers. To meet the needs of those unable to travel, churches started to engrave labyrinths on their walls and floors so that all could become pilgrims. The first recorded labyrinth was in the Basilica of St. Reparatus in Algeria in 325 AD, and the most famous one was completed in Chartres in 1201 AD. Now there are almost 6,000 registered labyrinths in 85 countries worldwide, and many more that are unregistered. This seminar on walking the labyrinth will include an introduction to the labyrinth and its history; why we walk the labyrinth for our bodies, minds, and spirit; quiet reflection time; and group sharing. For more information, contact workshop leader Sandy Seeber [sandyseeber2014@gmail.com](mailto:sandyseeber2014@gmail.com)

## A Night with the Winston-Salem Foundation:

*Dinner and Program featuring Phil Bastron and Diane Ford*

Wed, Feb. 4 at 5:00 PM | Colhoun Room

Phil Bastron joined The Winston-Salem Foundation in 2024 and serves as Senior Philanthropic Advisor. Diane Ford joined the Foundation in 2025 as a Philanthropic Advisor, bringing several years of experience in estate planning as a practicing elder law attorney. In their roles, Phil and Diane work with individuals to establish charitable giving funds that create meaningful community impact. Together, they will share how The Winston-Salem Foundation provides personalized support for philanthropy during one's lifetime or through testamentary plans, and highlight the benefits of partnering with the Foundation to facilitate planned gifts. Childcare provided with registration. Please register by February 1st for this event. Contact Victoria Bass with questions or for more information. There is no cost for this event.



When sending in a memorial or honorarium, contact Emma LaBella at [elabella@stpauls-ws.org](mailto:elabella@stpauls-ws.org) to provide information on who it is from, where it is going, and who it is memorializing or honoring.

Save  
the date!

ANNUAL MEETING  
is Sunday, February 1 at 10 AM

## Brunswick Stew Pre-Sale: Ready for pick up Sunday, Feb 8.

The Senior Adults will cook a batch of Brunswick stew, ready for pick-up outside the kitchen after the 9:00 and 11:15 am services on Superbowl Sunday, February 8, or from the kitchen the next week. **PROCEEDS TO BENEFIT ST. PAUL'S SENIOR MINISTRY.** Mail your check payable to St. Paul's with number of quarts (\$15.00 each) to Anne Rahn, Seniors Assistant, St. Paul's, 520 Summit Street, Winston-Salem, NC 27101. Questions 336-723-4797 or [arahn@stpauls-ws.org](mailto:arahn@stpauls-ws.org).

## Episcopal Church Men: Bryan Burhans, Director of Outer Banks Forever

Wed. Feb. 11 | 5:30 PM | \$15 pp | Colhoun Rm.

Reservations must be made by Monday afternoon Feb. 9

In March, 2025, Bryan Burhans became the second Director of Outer Banks Forever. He provides executive leadership for this non-profit organization that supports the three eastern NC National Parks - Wright Brothers National Memorial, Cape Hatteras National Seashore, and Ft. Raleigh National Historic Site (Manteo). After video remarks by OBX National Parks Superintendent David Hallac, Director Burhans will highlight recent projects, challenges, and opportunities presented by these three North Carolina national treasures.

## Senior Field Trip for February: Sullenberger Aviation Museum in Charlotte. Thurs, Feb. 26 at 9:00 AM-3:30 PM

Join us for a day trip to Charlotte to visit the Sullenberger Aviation Museum. The museum is home to iconic aircraft and historical treasures, including the celebrated "Miracle on the Hudson" exhibit—featuring the very plane that safely landed in New York's Hudson River on January 15, 2009. We will tour the museum and then have lunch in Charlotte before we return to St. Paul's. Cost is \$20. Email [Nancy Vaders at nvaders@stpauls-ws.org](mailto:Nancy.Vaders@stpauls-ws.org) to book your spot!

## Seeking Volunteers: Supporting education and students in our community.



The Outreach Ministry is seeking volunteers who are interested in supporting education and students in our community. We have volunteer opportunities for events and student engagement at Ashley Elementary School and special volunteer needs in the Demon Pantry at RJ Reynolds High School. Please email Laura Pallavicini for more information regarding volunteering in these programs. [lpallavicini@stpauls-ws.org](mailto:lpallavicini@stpauls-ws.org)

## THE LANTERN INITIATIVE

### 52 Ways to Walk:

Join us as we hike with a pack around Long Creek Park in Pfafftown. Long Creek Park was once a private golf course and now the City of Winston-Salem has turned it into a well maintained hiking trail. Fill your pack with water, snacks, binoculars (good bird spotting). On a clear day, we will be able to have a great view of the Sauratown Mountains!

Meet your leaders, Lisa and Bob Gfeller, in the parking lot at St. Paul's at 9:00 a.m. to carpool.

Please let us know if you're coming at [52 Ways to Walk Registration](#).

[52 Ways to Walk Registration](#).

## SESQUICENTENNIAL FESTIVAL WEEKEND

Save the Date! May 15-17, 2026 will be a weekend full of celebration of our Parish's 150 years, with many opportunities for all ages. Watch this space for information about planned activities and for ways to be involved. We are excited to finally be able to share details of the weekend and All Are Welcome! Contact: Peggy Slater [peggypslater@gmail.com](mailto:peggypslater@gmail.com)

## Announcements

**Learn More:** Visit [stpaulsws.org/hello](http://stpaulsws.org/hello) or email our Membership Coordinator, Betsy Reiners, at [breiners@stpauls-ws.org](mailto:breiners@stpauls-ws.org) to answer any questions.

### Ministry Newsletters:

Outreach: [bit.ly/SPOutreachNews](http://bit.ly/SPOutreachNews)

Youth: [bit.ly/SPYouthNews](http://bit.ly/SPYouthNews)

Children: [bit.ly/SPChildrenNews](http://bit.ly/SPChildrenNews)

### Helpful Links:

Sermons: [link.stpaulsws.org/sermonlisten](http://link.stpaulsws.org/sermonlisten)

Email Signup: [link.stpaulsws.org/emails](http://link.stpaulsws.org/emails)

Latest eNews: [link.stpaulsws.org/goodnews](http://link.stpaulsws.org/goodnews)

## Stewardship 2026 Campaign Update



stewards of  
God's Grace

96.5%

100%  
GOAL  
STEWARDSHIP

## Giving at St. Paul's

Your generosity sustains St. Paul's ministries, programs, and outreach, helping us live out our mission of faith, love, and service.

To make a pledge payment or set up recurring giving, scan the QR code. Questions? Contact Victoria Bass at

[vbass@stpauls-ws.org](mailto:vbass@stpauls-ws.org).

Thank you for supporting this



ONLINE PLEDGE  
FORM

Year end statements for 2025

will be emailed out no later than January 31st!

## Pastoral Care

If you have an **urgent pastoral care need** please call 336-723-4391. If you do not speak to someone directly, follow the prompts.

**Hospital Visits:** If you or an immediate family member are in the hospital, please let us know. We can no longer rely on lists that are generated by the hospital, and we don't want to miss an opportunity to care for you and your family. Please reach out to the Rev. Nancy Vaders at [nvaders@stpauls-ws.org](mailto:nvaders@stpauls-ws.org) or call the church office 336-723-4391 to notify us of a current or upcoming hospital stay.

## Prayer Lists

St. Paul's maintains **three prayer lists**: a published list, a confidential list, and one for active military members. To add someone, please obtain their permission and contact Laura Hoffman at 336-723-4391, ext. 1208 with at least their first name, your name, and contact information. Names remain for one month unless renewed.

**Keeping in prayers this week:** We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list including: Mary Hall, Mark Carroll, Jim and Alice Hodgin, Jim and Betsy Sheilds, William Allen, Nancy Walker, Becky Lanier, Martha Stewart, Fred Jordan, Stan Haggerty, Elaine Williams, Linda Carroll, Carrie Malloy, Ed Hill, Carlie Martin, Carolyn Twisdale, Mamie Morton, Carol Venters, Charlotte, Robert and Deborah Nash, Erin Brothers, Whitney, Chip Warner, Tomi, John Thompson, Sharyn Dowd, Andy Mathews, Matt, Lamar Hill, Abigail Edwards, Hanna Rostlund, Mandy Pearson and those serving in the military: George Bailey, James Barnwell, Cameron Beckham, Will Davis, Stephen Geyer, Gregory Hodgin, Will Hodgin, Cody Ivie, Mateo Marshall, Patrick S. Meyer, Max Mistecka, Tracey Mosley, Samuel George Pulliam, Andrew Tamer, Molly Wharton, and Nate Wilsey.

**Birthdays, Jan 25-31:** Carole Anderson, Anne Armfield, Rachel Bagg, Bill Bell, Jonathan Blanco, Caroline Brown, Chris Butler, Scott Cawood, Mary Claytor, Karen Craven, John Davis, Margaret Duncan, Teddy Dyer, John Gilliam, Gary Green, Rich Green, Jill Halverson, Kevin Hampton, Tom Honaker, Gregg Hundt, Robbie Irvin, Catherine Jourdan, Sally Kenny, Judy King, Caroline Kunkle, Janice Lewis, Peyton Long, Kim Macon, Betsy Mann, Henry McConnico, Francisco Morales, Mandie Padgett, Byah Riehle, Barbara Safrit, Yvette Simmons, Chris Sullivan, Kim Swindle, Dana VanHorn, Mary Elizabeth Zifchak

**To add someone** to our birthday or anniversary list or report a correction, contact Betsy Reiners at [breiners@stpauls-ws.org](mailto:breiners@stpauls-ws.org) or 336-723-4391, ext. 1219.



## St. Paul's Episcopal Church

In Winston-Salem, NC

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