

good news

FAITH IN ACTION, BOUNDLESS LOVE, HOPE FOR ALL.



Welcome

Today is the *Fifth Sunday after the Epiphany*

If you're new, welcome! Please take a welcome bag in the back of the church. Parents with young children up to 3 years old: The nursery in Rm 233 is available and children can be dropped off anytime between 8:45 AM and 9:15 AM

Here is what's happening today:

- 7:30 AM Holy Eucharist I, Nave
- 9:00 AM Holy Eucharist II, Nave
- 11:15 AM Holy Eucharist II, Nave
- 5:00 PM Holy Eucharist II, Chapel

Brunswick Stew Pre-Sale:

Ready for pick up Sunday, Feb 8.

The Senior Adults will cook a batch of Brunswick stew, ready for pick up outside the kitchen after the 9:00 and 11:15 AM services.

Brunswick Stew Pick-Up Today!
after the 9 AM and 11:15 AM services.
The cost of the stew is \$10.00 each) to Anne Rahn, Seniors Administrator, 520 Summit Street, Winston-Salem, NC 27101. Questions 336-723-4797 or arahn@stpauls-ws.org.

Adult Formation: *Who was St. Paul?*

Sundays: Feb 8 and 15 at 10:15 AM | Colhoun Room

Join the Rev. Lucy Strandlund this Sunday as we continue our study on the apostle Paul—who was he? Who was he not? There are many misconceptions about our patron saint, and this series is a great intro to a foundational figure in scripture and the Church.

now and upcoming

MONDAY 9 Feb.	TUESDAY 10 Feb.	WEDNESDAY 11 Feb.	THURSDAY 12 Feb.	FRIDAY 13 Feb.
HOLY EUCHARIST Noon Nave Side altar	HOLY EUCHARIST Noon Nave Side altar	HOLY EUCHARIST Noon Nave Side altar	HOLY EUCHARIST Noon Nave Side altar	MEN'S PRAYER BREAKFAST 7 AM Colhoun B&C
ST. ANNE'S CIRCLE 12 PM Colhoun Rm B&C \$8 pp.	NOVICES REHEARSAL 4:30 PM	SENIOR LUNCH 12:30 PM Colhoun Rm.		ST. PAUL'S WALKING GROUP 9 AM Reynolda
	RSCM TRAINING 5:00 PM	Bookshop Open 10 AM - 1 PM		AL ANON 10:15 AM Youth Rm
	CHORISTERS REHEARSAL 5:30 PM	NOVICES REHEARSAL 4:30 PM		HOLY EUCHARIST Noon Nave Side altar
		CHOIR SUPPER 5 PM Colhoun A,B & C		
		EPISCOPAL CHURCH MEN 5:30 PM Colhoun Rm.		
		CHORISTERS & SCHOLA REHEARSAL 6 PM		

Senior Lunch

Wed. Feb. 11 | 12:30 PM | \$8 pp | Colhoun Rm.

Senior Lunch has been moved up a week in February, due to Ash Wednesday. On Wednesday February 11th, we will have a Valentine's lunch featuring the music of classical guitarist, Serhi Raichendo. Come join us for this special Senior Lunch on February 11th. We will return to our regular schedule in March.

Episcopal Church Men:

Bryan Burhans,

Director of Outer Banks Forever

Wed. Feb. 11 | 5:30 PM | \$15 pp | Colhoun Rm.

Reservations must be made by Monday afternoon Feb. 9

In March, 2025, Bryan Burhans became the second Director of Outer Banks Forever. He provides executive leadership for this non-profit organization that supports the three eastern NC National Parks - Wright Brothers National Memorial, Cape Hatteras National Seashore, and Ft. Raleigh National Historic Site (Manteo). After video remarks by OBX National Parks Superintendent David Hallac, Director Burhans will highlight recent projects, challenges, and opportunities presented by these three North Carolina national treasures. Please call the church office at 336.723.4391 to reserve your secure your reservation.



When sending a memorial or honorarium, please provide the following information:

1) who it is from 2) where it is going and 3) who it is memorializing or honoring.

Intergenerational Women's Bible Study:

with the Rev. Lucy Strandlund:

Sun. Feb 15 from 3:30-4:30 PM | The Station

This Spring, join the Intergenerational Women's Bible Study group in studying Paul's letters, beginning with Philippians.

The Rev. Lucy Strandlund will lead this study, which will begin meeting on Sunday, Feb 15 from 3:30-4:30 PM at the Station and continue throughout the Spring. Come early at 3 pm for some social time and get to know the other members of the group. Women of all ages are invited to join. Email Michelle for more information: michelle.krell7@gmail.com.

Pancake Supper and Mardi Gras party

Tues. Feb. 17 | 5:30 PM | Colhoun Rm.

Profit goes to the Youth Mission Trip



150th year of St. Paul's Community Outreach Ministries
helping feed our neighbors!

Join us as we kick off the 150th year of St. Paul's community outreach ministries by helping to feed our neighbors. On Sunday, February 15th, you can support the Second Harvest Foodbank of Northwest North Carolina by bringing non-perishable, non-expired food and pantry items and filling the Second Harvest trailer that will be parked out front of the Nave between the 9:00 and 11:15 services. Don't attend at those times or can't be here on the 15th? Bring your items ahead of time and fill the bins located in the Goodheart entrance and at the Loggia doors near the Chapel. Suggested donation of 5 items per person, but every single item makes a difference. Let's celebrate the dedication of St. Paul's by providing for our community in a big way!



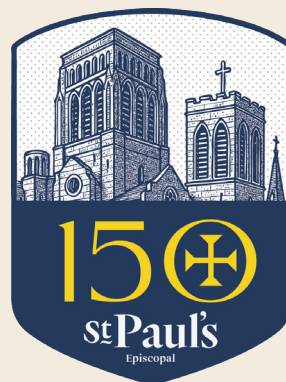
THE LANTERN INITIATIVE

52 Ways to Walk:

Join us on Saturday, February 14 to learn the surprising benefits of Walking Backwards. Meet your leader, Patrick Murphy, at 9:00 am at the Bethania Visitor Center (5393 Ham Horton Lane 27010).

*Please let us know if you plant to attend.
52 Ways to Walk Registration.*

[52 Ways to Walk Registration.](#)



Next Sunday, February 15. Please join us as we kick off our Sesquicentennial. St. Paul's Episcopal Church celebrates 150 years in Winston-Salem. The St. Paul's brass will play at both 9 AM and 11:15 AM services. We will be introducing a commissioned hymn created by the Rev. Erika L. Takacs and Dan Locklair. Throughout 2026, St. Paul's will have guest preachers and events. For more information on our Sesquicentennial, please stop by the reception desk or near the back of the Nave, near front doors and pick up a 150th brochure.

Ash Wednesday Services

Wed. February 18 | 7:30 AM, 12 NOON and 5:30 PM | Nave

SESQUICENTENNIAL FESTIVAL WEEKEND

Save the Date! May 15-17, 2026 will be a weekend full of celebration of our Parish's 150 years, with many opportunities for all ages. Watch this space for information about planned activities and for ways to be involved. We are excited to finally be able to share details of the weekend and All Are Welcome! Contact: Peggy Slater peggyplater@gmail.com

Announcements

Learn More: Visit stpaulsws.org/hello or email our Membership Coordinator, Betsy Reiners, at breiners@stpauls-ws.org to answer any questions.

Ministry Newsletters:

Outreach: bit.ly/SPOutreachNews

Youth: bit.ly/SPYouthNews

Children: bit.ly/SPChildrenNews

Helpful Links:

Sermons: link.stpaulsws.org/sermonlisten

Email Signup: link.stpaulsws.org/emails

Latest eNews: link.stpaulsws.org/goodnews

Pastoral Care

If you have an **urgent pastoral care need** please call 336-723-4391. If you do not speak to someone directly, follow the prompts.

Hospital Visits: If you or an immediate family member are in the hospital, please let us know. We no longer receive hospital admission list and we don't want to miss an opportunity to care for you and your family. Please reach out to the Rev. Nancy Vaders at nvaders@stpauls-ws.org or call the church office 336-723-4391 to notify us of a current or upcoming hospital stay.

Prayer Lists

St. Paul's maintains **three prayer lists:** a published list, a confidential list, and one for active military members. To add someone, please obtain their permission and contact Laura Hoffman at 336-723-4391, ext. 1208 with at least their first name, your name, and contact information. Names remain for one month unless renewed.

Keeping in prayers this week: We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list including: Weezie Gunter, Sid Allen, Mary Hall, Jim and Alice Hodgins, William Allen, Nancy Walker, Becky Lanier, Martha Stewart, Stan Haggerty, Elaine Williams, Linda Carroll, Carrie Malloy, Ed Hill, Carlie Martin, Carolyn Twisdale, Mamie Morton, Carol Venters, Charlotte, Robert and Deborah Nash, Erin Brothers, Whitney, Chip Warner, Tomi, John Thompson, Sharyn Dowd, Andy Mathews, Matt, Lamar Hill, Abigail Edwards, Hanna Rostlund, Mandy Pearson, and Debbie Dillion and those serving in the military: George Bailey, James Barnwell, Cameron Beckham, Will Davis, Stephen Geyer, Gregory Hodgins, Will Hodgins, Cody Ivie, Mateo Marshall, Patrick S. Meyer, Max Mistecka, Tracey Mosley, Samuel George Pulliam, Andrew Tamer, Molly Wharton, and Nate Wilsey.

Birthdays, Feb 8-14: Maggie Baker, Jim Barbee, Audrey Brun, Jocelyn Connors, Clare Dalena, Pam Dillon, John Fagg, Guiseppe Fanale, Lynn Felder, Betsy Gladstone, Chris Haaf, Wise Halverson, Abby Hoffman, Becky Jenkins, Cleo King, Daniel Leach, Harper Leggett, Paula Locklair, Zack Lowers, Emily Madison-Cooper Peter Marsh, Catherine Miller, Greg Moon, Angel Moore, Elizabeth Myers, Betty Nagel, Salem Parham, Kim Parrish, Tatum Pike, Chris Ramm, Isabel Ruffin, FrancesSmith, Sarah Smith, Betsy Whaling, and Ralph Womble.

Anniversaries, Feb 8-14: Temp and Amy Elliott, Rick and Millie English

To add someone to our birthday or anniversary list or report a correction, contact Betsy Reiners at breiners@stpauls-ws.org or 336-723-4391, ext. 1219.

Stewardship 2026 Campaign Update



stewards of
God's Grace

97%

100%
GOAL

STEWARDSHIP

Giving at St. Paul's

Your generosity sustains **St. Paul's ministries, programs, and outreach**, helping us live out our mission of **faith, love, and service**.

To make a pledge payment or set up recurring giving, scan the QR code. Questions? Contact Victoria Bass at

vbass@stpauls-ws.org.

Thank you for supporting this



ONLINE PLEDGE
FORM

Year end statements for 2025

will be emailed out no later than January 31st!



St. Paul's Episcopal Church

In Winston-Salem, NC

520 Summit St., Winston-Salem, NC 27101 · 336-723-4391
stpaulsws.org · info@stpauls-ws.org

Follow us: [f](https://www.facebook.com/stpaulswinstonsalem) [i](https://www.instagram.com/stpaulswinstonsalem) /stpaulswinstonsalem