

good news

FAITH IN ACTION, BOUNDLESS LOVE, HOPE FOR ALL.

FEBRUARY 15, 2026



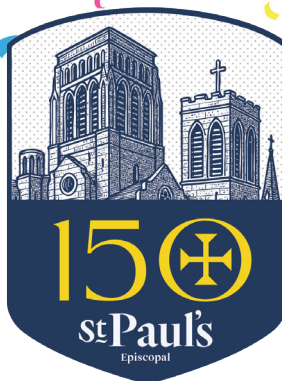
Welcome

Today is the *Last Sunday after the Epiphany*

If you're new, welcome! Please take a welcome bag from the back of the church. Parents with young children up to 3 years old: The nursery is available in Rm 233 and children can be dropped off anytime between 8:45 AM and 9:15 AM

Here is what's happening today:

7:30 AM	Holy Eucharist I, Nave
9:00 AM	Holy Eucharist II, Nave
11:15 AM	Holy Eucharist II, Nave
5:00 PM	Holy Eucharist II, Chapel



Sesquicentennial: *Celebrating 150 years!*

Welcome to St. Paul's. Beginning today we kick off our Sesquicentennial. St. Paul's Episcopal Church celebrates 150 years in Winston-Salem. The St. Paul's brass will play at both 9 AM and 11:15 AM services and we will be introducing a commissioned hymn created by the Rev. Erika L. Takacs and Dan Locklair. Throughout 2026, St.

Paul's will have guest preachers and events. For more information on our Sesquicentennial, please stop by the reception desk on the second floor or at the back of the Nave, and pick up a 150th brochure.

Adult Formation: *Who was St. Paul?*

Sundays: Feb 15 at 10:15 AM | Colhoun Room

Join the Rev. Lucy Strandlund this Sunday as we continue our study on the apostle Paul—who was he? Who was he not? There are many misconceptions about our patron saint, and this series is a great intro to a foundational figure in scripture and the Church.

st Paul's
Episcopal

now and upcoming

MONDAY 16 Feb.	TUESDAY 17 Feb.	WEDNESDAY 18 Feb.	THURSDAY 19 Feb.	FRIDAY 20 Feb.
HOLY EUCHARIST Noon Nave Side altar	HOLY EUCHARIST Noon Nave Side altar	ASH WEDNESDAY SERVICE 7:30 AM Nave	HOLY EUCHARIST Noon Nave Side altar	MEN'S PRAYER BREAKFAST 7 AM Colhoun B&C
MENS MINISTRY 6 PM home of Mark Carroll.	NOVICES REHEARSAL 4:30 PM	BOOKSHOP OPEN 10 AM -1 PM	CENTER OF HOPE Noon Nave Side altar	ST. PAUL'S WALKING GROUP 9 AM Reynolda
	RSCM TRAINING 5:00 PM	ASH WEDNESDAY WITH HOLY EUCHARIST 7:30 AM, 12 Noon and 5:30 PM Nave		AL ANON 10:15 AM Youth Rm
	CHORISTERS REHEARSAL 5:30 PM	NOVICES REHEARSAL 4:30 PM		STATIONS OF THE CROSS 11:15 AM
	SHROVE TUESDAY PANCAKE SUPPER & MARDI GRAS PARTY 5:30 PM Colhoun Rm.	CHOIR SUPPER 5 PM Colhoun A,B & C		HOLY EUCHARIST Noon Nave Side altar
		ASH WEDNESDAY 5:30 PM Nave		
		CHORISTERS & SCHOLA REHEARSAL 6 PM		

Intergenerational Women's Bible Study:

with the Rev. Lucy Strandlund

Sun. Feb 15 from 3:30-4:30 PM | The Station

This Spring, join the Intergenerational Women's Bible Study group in studying Paul's letters, beginning with Philippians. The Rev. Lucy Strandlund will lead this study, which will begin meeting on Sunday, Feb 15 from 3:30-4:30 PM at the Station and continue throughout the Spring. Come early at 3 pm for some social time and get to know the other members of the group. Women of all ages are invited to join. Email Michelle for more information: michelle.krell7@gmail.com.



Shrove Tuesday Pancake Supper/Mardi Gras Party

Wed. February 17 | 5:30 PM | Colhoun Room

Join us at 5:30 PM for a pancake supper and Mardi-Gras party. All are welcome.

Ash Wednesday Services

Wed. February 18 | 7:30 AM, 12 NOON and 5:30 PM | Nave
Imposition of Ashes at all services.

Stations of the Cross will begin every Friday at 11:15 AM, followed by the Noon Eucharist.



When sending a memorial or honorarium, please provide the following information:

1) who it is from 2) where it is going and 3) who it is memorializing or honoring. Contact Emma LaBella at elabella@stpauls-ws.org to provide information on who it is from, where it is going, and who it is memorializing or honoring.



Bring your non-perishable, non-expired food items to St. Paul's and support the Second Harvest Food Bank of NWC. Rain or Shine. Suggested amount 5 items per person.

150th year of St. Paul's Community Outreach Ministries *helping feed our neighbors!*

Join us as we kick off the 150th year of St. Paul's community outreach ministries by helping to feed our neighbors. On Sunday, February 15th, you can support the Second Harvest Foodbank of Northwest North Carolina by bringing non-perishable, non-expired food and pantry items and filling the Second Harvest trailer. The trailer will be parked under the covered parking area alongside the old preschool wall. There will continue to be a collection box in the Goodheart Lobby and there will be a collection box in the Nave at the Loggia doors. If parishioners arrive with food in the Narthex, ushers will be asked to steer folks towards the box in the Nave. Otherwise, they can deliver it directly to the trailer or to the box in Goodheart. The trailer will be available from 7-11:30 with volunteers and we will also be emptying the collection boxes throughout the morning as they fill. Don't attend at those times or can't be here on the 15th? Bring your items ahead of time and fill the bins located in the Goodheart entrance and at the Loggia doors near the Chapel. Suggested donation of 5 items per person, but every single item makes a difference. *Let's celebrate the dedication of St. Paul's by providing for our community in a big way!*



THE LANTERN INITIATIVE

52 Ways to Walk:

Join your leader, Sarah Lancaster, for One Slow Walk on Saturday, February 21 at 10:00 am. We'll walk slowly at the Bethania Visitor Center (5393 Ham Horton Lane 27010).

Slow walkers register here:
52 Ways to Walk Registration

Please let us know if you plan to attend.
52 Ways to Walk Registration.

[52 Ways to Walk Registration.](#)

Offerings for Lent

Spirituality in the Anglican Tradition: An Adult Formation Series for Lent

Learn about significant people in our own Anglican tradition who inspire us to draw closer to God and one another through the example of their lives, their words, and their prayer. Sunday mornings in Lent beginning Feb 22 at 10:15 AM in the Colhoun Room

Creating a Life With God ♦

Small group on Sunday mornings in Lent.

This group will meet during the formation hour on Sunday mornings in Lent. Facilitator Parker Haynes will offer a short reading for reflection and discussion. No outside reading required. Just come and enjoy the fellowship of others as we observe this holy season. Sunday mornings in Lent at 10:15 AM in the Parlor, beginning Feb 22.

Centering Prayer ♦ a new group just for Lent.

If you are looking to try a new way of praying in this holy season, come learn about the ancient, contemplative practice of wordless prayer. Beginners welcome and encouraged. Suggested, though not required, reading: Thomas Keating's Intimacy with God: an Introduction to Centering Prayer. Copies are available in the St. Paul's Bookshop. Every Sunday in Lent at 4 PM in the Parlor, beginning Feb 22.

Gathering around the Flame with Poetry

Do you desire to deepen your awareness of God's presence? Come and learn about the simple, accessible practice of reading poetry. We will explore silence as a companion to the spoken word and the way in which poetry and silence can both be practices of prayer. Bring a journal, a curious mind, and an open heart for this afternoon of slowing down and learning together. For more information, contact workshop leader Julie Smith at jdjs1000@gmail.com. Sunday, March 1 from 2:30-4:30 PM at the Station

SESQUICENTENNIAL FESTIVAL WEEKEND

Save the Date! May 15-17, 2026 will be a weekend full of celebration of our Parish's 150 years, with many opportunities for all ages. Watch this space for information about planned activities and for ways to be involved. We are excited to finally be able to share details of the weekend and all are welcome!

Contact: Peggy Slater peggyplater@gmail.com

Announcements

Learn More: Visit stpaulsws.org/hello or email our Membership Coordinator, Betsy Reiners, at breiners@stpauls-ws.org to answer any questions.

Ministry Newsletters:

Outreach: bit.ly/SPOutreachNews

Youth: bit.ly/SPYouthNews

Children: bit.ly/SPChildrenNews

Helpful Links:

Sermons: link.stpaulsws.org/sermonlisten

Email Signup: link.stpaulsws.org/emails

Latest eNews: link.stpaulsws.org/goodnews

Pastoral Care

If you have an **urgent pastoral care need**, please call 336-723-4391. If you do not speak to someone directly, follow the prompts for the clergy on call.

Hospital Visits: If you or an immediate family member are in the hospital, please let us know. We no longer receive hospital admission list and we don't want to miss an opportunity to care for you and your family. Please reach out to the Rev. Nancy Vaders at nvaders@stpauls-ws.org or call the church office 336-723-4391 to notify us of a current or upcoming hospital stay.

Prayer Lists

St. Paul's maintains **three prayer lists**: a published list, a confidential list, and one for active military members. To add someone, please obtain their permission and contact Laura Hoffman at 336-723-4391, ext. 1208 with at least their first name, your name, and contact information. Names remain for one month unless renewed.

Keeping in prayers this week: We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list including: Hardy Phillips, Kathy Kirkpatrick, Richard Dudley Moore Weezie Gunter, Sid Allen, Mary Hall, Jim and Alice Hodgins, William Allen, Nancy Walker, Becky Lanier, Martha Stewart, Stan Haggerty, Elaine Williams, Linda Carroll, Carrie Malloy, Ed Hill, Carlie Martin, Carolyn Twisdale, Mamie Morton, Carol Venters, Charlotte, Robert and Deborah Nash, Erin Brothers, Whitney, Chip Warner, Tomi, John Thompson, Sharyn Dowd, Andy Mathews, Matt, Lamar Hill, Abigail Edwards, Hanna Rostlund, Mandy Pearson, and Debbie Dillion and those serving in the military: George Bailey, James Barnwell, Cameron Beckham, Will Davis, Stephen Geyer, Gregory Hodgins, Will Hodgins, Cody Ivie, Mateo Marshall, Patrick S. Meyer, Max Mistecka, Tracey Mosley, Samuel George Pulliam, Andrew Tamer, Molly Wharton, and Nate Wilsey.

Birthdays, Feb 15-21: Earl Beasley, Nate Bozeman, Hannah Bullock, Anna Chandler, George Cleland, Alice Cleland, Becky Clingman, Timmy Cooper, Louise Cornella, Robbie Crockett, Alice DuBose, Linda DuBose, Corinne Franklin, Nella Fulton, David Green, Todd Hall, Rick Harris, Hank Haselwood, Alex Hilleary, Madeline Hinton, Emmalee Hughes, Avery Johnson, Louisa Joyce, Tess Kennedy, Chuck Kennedy, Roberta Kunkle, Carroll McCullough, Sandy McHenry, Brent Meacham, Ruth Moskop, Anderson Parker, Annette Porter, Joe Potter, Sallie Rice, John Richardson, Stuart Saunders, Michael Sites, Ron Vinson, Elizabeth Wall, Shane Warf, Sara Weatherman, Lisa Weiss, Melissa Williams, Carol Willis, Anna Frances Wilson, Mallory Witten, Michele Wolfert, Lindsay Yount, and James Zackeru.

Anniversaries, Feb 15-21: John and Hannah Appel, Jay and Shannon Reed and John and Jane Gehring.

To add someone to our birthday or anniversary list or report a correction, contact Betsy Reiners at breiners@stpauls-ws.org or 336-723-4391, ext. 1219.

Stewardship 2026 Campaign Update



97%

100% GOAL

STEWARDSHIP

Giving at St. Paul's

Your generosity sustains **St. Paul's ministries, programs, and outreach**, helping us live out our mission of **faith, love, and service**.

To make a pledge payment or set up recurring giving, scan the QR code. Questions? Contact Victoria Bass at

vbass@stpauls-ws.org.

Thank you for supporting this



ONLINE PLEDGE FORM



St. Paul's Episcopal Church

In Winston-Salem, NC

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stpaulsws.org · info@stpauls-ws.org

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