

good news

FAITH IN ACTION, BOUNDLESS LOVE, HOPE FOR ALL.

SEPTEMBER 20, 2026



Laundry Love

Adult Formation *Keeping Time: How Living with our Liturgical Calendar Keeps Us Grounded*

September 20, and 27 at 10:15 AM | Colhoun Room

There are many demands on our time and many reasons our lives might feel like a rollercoaster. If we base our lives in the cycle of news or the demands of our professional or personal lives, we can easily feel worn out. The liturgical calendar is an ancient tool for spiritual practice and grounding our lives beyond Sunday morning. Join the Rev. Lucy Strandlund for an understanding of how we can live the rhythms of the liturgical calendar in our daily lives, grounding ourselves in God's time and embracing seasonality.

Welcome

Today is the **Seventeenth Sunday after Pentecost**.

If you're new, welcome! Please take a Welcome Bag from the counter at the back of the church. We are glad you are here. If you are a parent with young children up to 3 years old: The nursery is available in Rm 233 and children can be dropped off anytime between 9:45 AM and 10:15 AM.

Here is what's happening today:

- 7:30 AM Holy Eucharist I, Nave
- 9:00 AM Holy Eucharist II, Nave
- 10:15 AM Adult Formation, Colhoun Rm.
- 11:15 AM Holy Eucharist I, Nave
- 12:30 PM Walking the Labyrinth Workshop, Chapel
- 5:00 PM EYC, Youth Room
- 5:00 PM Holy Eucharist II, Chapel

Labyrinth Workshop

Wed. September 20 | 12:30-2:30 PM | Colhoun Room

There will be an introduction to walking the labyrinth in our very own labyrinth in the Chapel. A light lunch will be served, so please let Sandy know you plan to attend: sandyseeber2014@gmail.com

Mens Ministry

Mon. September 21 | 6:00 PM | home of David Tamer

now and upcoming

MONDAY 21 Sept.	TUESDAY 22 Sept.	WEDNESDAY 23 Sept.	THURSDAY 24 Sept.	FRIDAY 25 Sept.
HOLY EUCHARIST Noon Nave Side altar	RISE AND READ BREAKFAST 8:00 AM Strickland Center at FTCC	MINDFULNESS & MEDITATION CLASS 10:30 AM Emma Gribbon Room	EFM 8-10 AM Conference Rm.	MEN'S PRAYER BREAKFAST 7 AM Colhoun B&C
MENS MINISTRY 6:00 PM home of David Tamer	HOLY EUCHARIST Noon Nave Side altar	HOLY EUCHARIST Noon Nave Side altar	HOLY EUCHARIST Noon Nave Side altar	ST. PAUL'S WALKING GROUP 9 AM Offsite
	NOVICES REHEARSAL 4:30 PM	NOVICES REHEARSAL 4:30 PM	WIDOWS LUNCH Noon Youth Rm.	AL ANON 10:15 AM Youth Rm
	CHORISTERS REHEARSAL 5:30 PM	CHOIR SUPPER 5 PM Colhoun A,B & C	 CENTER OF HOPE DINNERS 4:45 PM Offsite	HOLY EUCHARIST Noon Nave Side altar
	20-30 SMALL GROUP 5:30 PM Offsite	CHORISTERS & SCHOLA REHEARSAL 6 PM		

Love Literacy is celebrating 25 years!

Tues. September 22 | 8-9 AM | Robert L. Strickland Center |
Forsyth Tech Community College.



TUESDAY | SEP 22, 2026 | 8 - 9 AM

You are invited to the Rise and Read breakfast. on September 22. We'll gather over breakfast to celebrate 25 years of Love Literacy's impact and talk about the work ahead to ensure every child in Forsyth County has the opportunity to learn to read. Join us for this year's conversation with Munro Richardson, CEO of Read Charlotte and Editor/Researcher of Unconstrained Kids. Munro brings a unique perspective on what research tells us about how children learn—and how we, as a community, can help more kids become successful readers.

It's going to be a meaningful morning of connection, conversation, and a celebration of 25 years of making a difference. This is a free community event, but registration is required. Scan the QR code at the right to register by September 14th and share this information with others who you think might be interested in attending.



Education for Ministry (EFM)

new this month!

Education for Ministry (EfM) is a lay theological education program developed by the School of Theology at the University of the South in Sewanee, Tennessee. For more than 50 years, EfM has helped thousands of people deepen their understanding of Scripture, church history, theology and discover how their faith calls them into action in their daily lives. New EfM seminar groups are beginning at St. Paul's in September for the 2026-2027 seminar year. Led by two accredited EfM mentors, this group welcomes anyone who wants to grow in faith, connect with others, and explore what it means to minister in the world. Both the classic four-year EfM track and the new one-year Wide Angle track will be available and participants can choose which path fits them best. For more information and to sign up, contact efmwinstonsalem@gmail.com

THE ST. PAUL'S CHOIR NEEDS YOU!

The choir 2026 2027 choir season has begun and we have plenty of room for you to join our ministry. We are particularly in need of Tenors and Basses. Please contact Dr. John Cummins for further information.

Email: Jcummins@stpauls-ws.org or 336-723-4391x1401

community engagement

Pack 910 Boy Scouts

Pack 910 kicked off our 2026 fundraiser on the church lawn last Sunday. If you missed us, now until October 17 we will be raising money to support the Pack. Our initiative is to support kids who would like to be in the Scouts but may not be able to afford it and to help lower the cost of merit badges, dues, and camping trips for the families. Since some members of St. Paul's may have missed our kick-off on the lawn, we created a link for St. Paul's members to order online!!

<https://trails-end.com/store/scout/UYAIWX4W>

or scan the QR code at right. Thank you for your support! We are blessed to be part of the St. Paul's family!



Flu – Covid Vaccination Clinic

Thurs. Oct. 8 | 10:30 AM-12:30 PM | Colhoun Room

Walgreen's pharmacy will administer the Quadrivalent Seasonal Flu vaccine for those 12 years and older. The high dose flu vaccine will be offered to ages 65+. The covid booster will be offered to all over 65. The clinic will be on Thursday, October 8 in the Colhoun Room. Use this QR code to sign up between the hours of 10:30 am – 12:30 pm. Bring your Medicare and/or insurance card. The pneumonia vaccine will also be available. Contact Anne Rahn for help signing up, arahn@stpauls-ws.org or 336-723-4797 or scan the QR code at right and sign up directly.



Center of Hope Shelter

Volunteers are asked to bring either a salad or a dessert for approximately 50 people and the rest of the meal is provided by St. Paul's. This is a family friendly volunteer opportunity on the **second and fourth Thursdays of the month from 4:45-6:00 PM**. For further questions, please email Laura Pallavicini at lpallavicini@stpauls-ws.org



Altar Flower Guild

Reserve your Sunday now. Dates are filling fast.

The beautiful flowers that grace our altars tell stories of love and remembrance. We welcome your participation in this meaningful St. Paul's tradition. If you wish to donate flowers for the High Altar, Side Altar or Chapel, in memory of your loved ones, please contact: Kristie Blanco at kkapblanco@gmail.com. Only a few opportunities remain between now and Ash Wednesday.

COMING SOON

Pet Blessing

Sunday. Oct. 4 | 3:00 PM | Nave

All are invited. Please bring your beloved pet(s) to our St. Francis Day Pet Blessing. Share with a friend.

Evensong

Sunday. Oct. 4 | 5:00 PM | Nave

Please join us for Evensong, first one of the season. Evensong is the 1st Sunday of each month through May 2027.



THE LANTERN INITIATIVE

It is our hope that you will find one or more opportunities that speak to you and shed light on your spiritual path.



The new Lantern/Formation brochures are available on campus. Pick one up today.

Announcements

Learn More: Visit stpauls.ws.org/hello or email our Membership Coordinator, Betsy Reiners, at breiners@stpauls-ws.org to answer any questions.

Ministry Newsletters:

Outreach: bit.ly/SPOutreachNews

Youth: bit.ly/SPYouthNews

Children: bit.ly/SPChildrenNews

Helpful Links:

Sermons: link.stpauls.ws.org/sermonlisten

Email Signup: link.stpauls.ws.org/emails

Latest eNews: link.stpauls.ws.org/goodnews

**STEWARDSHIP
KICKOFF
IS SUNDAY, SEPT. 27**
Please plan to pick up your
packets next Sunday.

Giving at St. Paul's

Your generosity sustains **St. Paul's ministries, programs, and outreach**, helping us live out our mission of **faith, love, and service**.

To make a pledge payment or set up recurring giving, scan the QR code or visit link.stpauls.ws.org/plategive. Questions?

Contact Tom McDowell at

tmcdowell@STPAULS-WS.org



When sending a memorial or honorarium, please provide the following information:

- 1) who it is from
- 2) where it is going and
- 3) who it is memorializing or honoring.

Contact Emma LaBella
at elabella@stpauls-ws.org.



Pastoral Care

If you have an **urgent pastoral care need**, please call 336-723-4391. If you do not speak to someone directly, follow the prompts for the clergy on call.

Hospital Visits: If you or an immediate family member are in the hospital, please let us know. We no longer receive a hospital admission list and we don't want to miss an opportunity to care for you and your family. Please reach out to the Rev. Nancy Vaders at nvaders@stpauls-ws.org or call the church office 336-723-4391 to notify us of a current or upcoming hospital stay.

Prayer Lists

St. Paul's maintains **three prayer lists**: a published list, a confidential list, and one for active military members. To add someone, please obtain their permission and contact Laura Hoffman at 336-723-4391, ext. 1208 with at least their first name, your name, and contact information. Names remain for one month unless renewed.

Keeping in our prayers this week:

We pray for those whose needs are closely linked with ours and for those who suffer from any sickness, grief or distress, also remembering and praying for those on our parish prayer list including: Stan Haggerty, Elaine Williams, Linda Carroll, Carolyn Twisdale, Hanna Rostlund, Carol Venters, Tina Parton, Tom, Don Leeds, Betty Nagel, Charlotte, Robert and Deborah Nash, Chip Warner, John Thompson, Andy Matthews, Matt, Whitney, Don Gober, John Stanton, Melissa Orr, James Steffner, Stephanie Edwards, Edmund Hardy, John Bratland, Dan Harper, Delia Celedon-Loeza, Cooper, Mac Asher, Michelle Owens, Doris Wagoner, Rick Duggins, Lamont Ross, Stephanie Edwards, Heather Barr, Trevor Hall, Mary Hall, Gabriel, Rominey, Andrea, Laura Stephens, Mandy Pearson, Deb Howard and Nick Vahey **and those serving in our military:** Kim Clark, Cameron Beckham, Stephen Geyer, George Bailey, Will Davis, Gregory Hodgins, Will Hodgins, Cody Ivie, Mateo Marshall, Patrick S. Meyer, Andrew Tamer, Molly Wharton, Nate Wilsey, Tracey Mosley, Max Mistecka, and Samuel George Pulliam.

Birthdays September 20-26:

Bennett Blanco, Cynthia Bouldin, Cindy Brasher, Andy Brown, Mary Ellis Brown, Stewart Butler, Greer Cawood, Katherine Collins, Lee Culp, Debbie Dillon, Carol Edwards, Gray Elrod, Jack Fleer, Dara Folan, Lyndsay Foster, Susan Hedgpeth, Christy Hemby, Willis Hileman, John Knudson, Darby Kohlrus, Noah LeFevre, Susan Mann, Julie Miller, Jane Oldham, Tad Pace, Caleb Pallavicini, Lucy Paynter, James Peters, Mark Petersen, Davis Ray, Carol Rhoads, David Rolfe, Dwight Shaw, Jody Shaw, Maddie Smilnak, Lynn Smithdeal, Carolyn Stokes, Lillie Sutton, Oivia Tamer, Sebastian Terneus, Lee Watts, Bill Weeks, Tish Wilkinson, Liz Williams, Elizabeth Winn, and Ross Workman.

Anniversaries Sept 20-26: Murphy and Kimberly Gregg, Rob and Pam Saunders, Brian and Lori Patterson, Kelly DeMeester and Paul Daniel, Rich and Anne Green **To add someone** to our birthday or anniversary list or report a correction, contact Betsy Reiners at breiners@stpauls-ws.org or 336-723-4391, ext. 1219.



St. Paul's Episcopal Church

In Winston-Salem, NC

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