

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN  
MEAL



OPTION  
1

OPTION  
2

Cheese & Bean  
Lasagne

Margherita  
Pizza & Wedges

Vegan Lentil & Stuffing  
Pastry Roll

Vegan Bolognese &  
Penne Pasta

Vegan Vegetable  
Nuggets & Chips

Turkey  
& Cheese Pasta

Traditional Creamy  
Beef Lasagne

Roast Chicken with  
Roast Potatoes & Gravy

Sweet & Sour Chicken  
& Rice

MSC Approved Fish  
Fingers & Chips

Carrots & Peas

Broccoli

Roasted Carrots  
& Parsnips

Peas

Beans

House Tomato  
Sauce

Cheese  
Sauce

House Tomato  
Sauce

Cheese  
Sauce

Creamy  
Pesto

Chicken  
Cheese

Chicken  
Egg

Chicken  
Cheese

Tuna Mayo  
Cheese

Egg  
Cheese

PASTA



FILLED  
ROLLS



AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET  
TREATS



Blueberry  
Cookie Bar

Chocolate &  
Banana Brownie

Strawberry Yoghurt  
& Strawberry Sauce

Apple &  
Cocoa Sponge

Raspberry  
Jelly

HALAL

Halal Meat Options Available

KEY

Nutritionist's Choice

Vegetarian



Vegan



Added Wholewheat



# MENU WEEK 2

SERVED W/C: 3<sup>rd</sup> Nov | 24<sup>th</sup> Nov | 15<sup>th</sup> Dec | 5<sup>th</sup> Jan | 26<sup>th</sup> Jan  
| 16<sup>th</sup> Feb | 9<sup>th</sup> Mar | 30<sup>th</sup> Mar | 20<sup>th</sup> Apr

Innovate IFG

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Margherita Pizza & Wedges

Vegan Sausage with Mashed Potatoes & Gravy

Vegan Cottage Pie & Gravy

Cheesy Cauliflower Pasta Bake

Tex-Mex Vegetable Fajita Wrap

MSC Approved Salmon Pasta Bake

Chicken & Beef Sausage, Mashed Potatoes & Gravy

Roast Turkey with Roast Potatoes & Gravy

Mild Caribbean Chicken Curry & Carrot Rice

MSC Approved Fish & Chips

Peas

Carrot & Peas

Broccoli & Cauliflower

Carrot & Mixed Salad

Baked Beans

Cheese Sauce

House Tomato Sauce

Cheese Sauce

House Tomato Sauce

Creamy Pesto

Tuna Mayo Cheese

Chicken Egg

Chicken Cheese

Tuna Mayo Cheese

Egg Cheese

PASTA



FILLED ROLLS



AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry Mousse

Oaty Apple Crumble & Custard

Original Flapjack

Chocolate & Carrot Muffin

Raspberry Jelly & Mandarins

HALAL

Halal Meat Option Available

KEY

Nutritionist's Choice

Vegetarian



Vegan



Added Wholewheat





	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MAIN MEAL</b> 	<b>OPTION 1</b> Mixed Vegetable & Bean Fajita & Oven Baked Wedges	Vegetarian Chilli Nacho Bake & Rice	Vegan Roast Quorn Fillet With Roast Potatoes & Gravy	Baked Creamy Mac 'N' Cheese	Vegan Sausage Roll & Chips
	<b>OPTION 2</b> Quorn Dippers with Oven Baked Wedges & Tomato Ketchup	Mild Beef Chilli & Rice	Roast Chicken with Roast Potatoes & Gravy	Creamy Chicken Curry & Carrot Rice	MSC Approved Fish Fingers & Chips
<b>VEGGIES</b> 	Peas & Carrots	Sweetcorn	Broccoli & Peas	Carrot & Mixed Salad	Beans
<b>PASTA</b> 	Cheese Sauce	House Tomato Sauce	Cheese Sauce	House Tomato Sauce	Creamy Pesto
<b>FILLED ROLLS</b> 	Tuna Mayo Cheese	Chicken Egg	Chicken Cheese	Tuna Mayo Cheese	Egg Cheese

**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

<b>SWEET TREATS</b> 	Strawberry Yoghurt & Strawberry Sauce	Mixed Berry & Apple Crumble with Custard	Orange Jelly & Mandarins	Gingerbread Squares with Custard	Garden Brownie
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HALAL

Halal Meat Option Available

**KEY**

Vegetarian



Vegan



Added Wholewheat



Nutritionist's Choice

