

School lunches – Week 1

WEEKS COMMENCING - 1ST SEP, 22ND SEP, 13TH OCT, 10TH NOV, 1ST DEC, 5TH JAN, 26TH JAN, 23RD FEB, 16TH MAR, 20TH APR, 11TH MAY, 8TH JUN, 29TH JUN



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot option 1	Pork sausage and mashed potato served with optional gravy (H) (V) (wheat, sulphates, milk)	Roast chicken breast in a mild tikka masala sauce with boiled rice and naan bread (milk, wheat, mustard)	Spaghetti Bolognese with garlic bread (wheat, milk)	Thin and crispy pizza with pasta salad and garlic bread (V) (H) (wheat, milk)	Fish goujons with oven baked chips (H) (wheat, fish)
Hot option 2	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince
Hot option 3	N/A	Pasta Bar –(V)(H) Plain pasta (wheat) with tomato sauce or creamy cheese sauce (milk, wheat, mustard, pea starch) and garlic bread (wheat, milk)	N/A	N/A	Pasta Bar –(V)(H) Plain pasta (wheat) with tomato sauce or creamy cheese sauce (milk, wheat, mustard, pea starch) and garlic bread (wheat, milk)
Hot Dessert	Fruit crumble and custard (wheat, milk)	Syrup sponge and custard (wheat, milk)	Vanilla rice pudding (milk)	Chocolate sponge with chocolate custard (wheat, milk, egg, soya)	Chefs special pudding (wheat, milk)

Cold desserts – Choose from Fresh fruit, ice cream, yoghurts, jellies, biscuits, homemade buns

Cold/Packed lunch option – Available every day – Choice of sandwich, packet of crisps/popcorn, savoury snack, carrot and cucumber sticks, fully stocked salad bar, yoghurt, fresh fruit pots and dessert.
Sandwich fillings – Cheese, ham, tuna, tuna mayo, cream cheese, chicken

V – suitable for vegetarians
H – suitable for Halal diets or Halal alternative available
Allergens in red

All meals served with seasonal vegetables or salad as appropriate

Cold desserts may contain milk, gluten, eggs, sulphates or soya. For a detailed list please see our website

School lunches – Week 2

WEEKS COMMENCING – 8TH SEP, 29TH SEP, 20TH OCT, 17TH NOV, 8TH DEC, 12TH JAN, 2ND FEB, 2ND MAR, 23RD MAR, 27TH APR, 18TH MAY, 15TH JUN, 6TH JUL



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot option 1	Breaded chicken goujons with herby cubed potatoes (H) (V)	Creamy chicken & potato curry (mild) served with boiled rice and naan bread (wheat, milk)	Homemade beefburger with baked potato wedges (H) (V) (wheat)	Pizza flatbreads served with a garlic bread and a green salad (H)(V) (wheat, milk)	Savoury mince beef and mashed potato with Yorkshire pudding (wheat, milk, egg, peas)
Hot option 2	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince
Hot option 3	N/A	Pasta Bar –(V)(H) Plain pasta (wheat) with tomato sauce or creamy cheese sauce (milk, wheat, mustard, pea starch) and garlic bread (wheat, milk)	N/A	N/A	Pasta Bar –(V)(H) Plain pasta (wheat) with tomato sauce or creamy cheese sauce (milk, wheat, mustard, pea starch) and garlic bread (wheat, milk)
Hot Dessert	Fruit crumble and custard (wheat, milk)	Jam sponge and custard (wheat, milk)	Vanilla rice pudding (milk)	Chocolate sponge with chocolate custard (wheat, milk, egg, soya)	Chefs special pudding (wheat, milk)

Cold desserts – Choose from Fresh fruit, ice cream, yoghurts, jellies, biscuits, homemade buns

Cold/Packed lunch option – Available every day – Choice of sandwich, packet of crisps/popcorn, savoury snack, carrot and cucumber sticks, fully stocked salad bar, yoghurt, fresh fruit pots and dessert.
Sandwich fillings – Cheese, ham, tuna, tuna mayo, cream cheese, chicken

V – suitable for vegetarians
H – suitable for Halal diets or Halal alternative available
Allergens in red

All meals served with seasonal vegetables or salad as appropriate

Cold desserts may contain milk, gluten, eggs, sulphates or soya. For a detailed list please see our website

School lunches – Week 3

WEEKS COMMENCING – 15TH SEP, 6TH OCT, 3RD NOV, 24TH NOV, 15TH DEC, 19TH JAN, 9TH FEB, 9 MAR, 13TH APR, 4TH MAY, 1ST JUN, 22ND JUN, 13TH JUL



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot option 1	Popcorn chicken with skinny fries (H) (wheat, milk, egg)	Cottage pie with a creamy mash topping (milk)	Roast dinner (chicken or gammon) with roast potatoes and Yorkshire pudding (wheat, milk, egg)	Thin and crispy pizza with garlic bread and salad (H) (V) (wheat, milk)	Breaded fish fingers served with oven baked chips (H) (wheat, fish)
Hot option 2	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince	Jacket potato with choice of fillings – Cheese (milk), tuna mayo (fish) (egg), beans, chilli mince
Hot option 3	N/A	Creamy macaroni cheese with a cheese and breadcrumb crispy topping served with garlic bread (H) (V) (wheat, mustard, milk, pea starch, soya)	N/A	N/A	Pasta Bar –(V)(H) Plain pasta (wheat) with tomato sauce or creamy cheese sauce (milk, wheat, mustard, pea starch) and garlic bread (wheat, milk)
Hot Dessert	Fruit crumble and custard (wheat, milk)	Sticky toffee pudding and custard (wheat, milk)	Vanilla rice pudding (milk)	Chocolate sponge with chocolate custard (wheat, milk, egg, soya)	Chefs special pudding (wheat, milk)

Cold desserts – Choose from Fresh fruit, ice cream, yoghurts, jellies, biscuits, homemade buns

Cold/Packed lunch option – Available every day – Choice of sandwich, packet of crisps/popcorn, savoury snack, carrot and cucumber sticks, fully stocked salad bar, yoghurt, fresh fruit pots and dessert.
Sandwich fillings – Cheese, ham, tuna, tuna mayo, cream cheese, chicken

V – suitable for vegetarians
H – suitable for Halal diets or Halal alternative available
Allergens in red

All meals served with seasonal vegetables or salad as appropriate

Cold desserts may contain milk, gluten, eggs, sulphates or soya. For a detailed list please see our website