

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal



OPTION 1

OPTION 2

HALAL

Margherita pizza & oven baked wedges



Mixed bean bolognaise with penne pasta



Vegetable sausages with roast potatoes & gravy



Pea-powered vegetable stir fry with carrot rice



Vegetable nuggets, chips & tomato ketchup



Pepperoni pizza & oven baked wedges

Beef & lentil bolognaise with penne pasta



Roast gammon with roast potatoes & gravy

Creamy coconut chicken & chickpea curry with carrot rice



Fish fingers, chips & tomato ketchup

Halal pepperoni pizza & oven baked wedges

Halal beef & lentil bolognaise with penne pasta



Halal roast chicken breast with roast potatoes & gravy

Halal creamy coconut chicken & chickpea curry with carrot rice



Halal fish fingers, chips & tomato ketchup

Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & cauliflower



Baked beans



Penne pasta with house tomato sauce



Penne pasta with a creamy cheese sauce



Creamy pesto penne pasta



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Ham Cheese Tuna mayo

Ham Cheese Tuna mayo

Ham Cheese Tuna mayo

Ham Cheese Tuna mayo

Cheese Tuna mayo

Lemon shortbread biscuit



Chocolate & banana brownie sponge



Orange jelly & mandarins



Baked apple & cinnamon sponge



Strawberry yogurt & strawberry sauce



Available Every Day – Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain



Vegetarian



Nutritionist's Choice

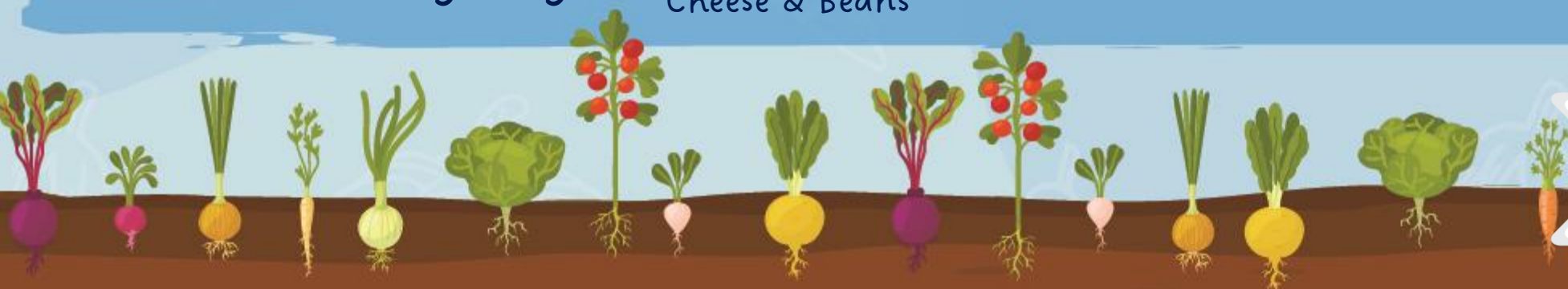


Vegan



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1 OPTION 2 HALAL	Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Lentil & sweet potato dahl with vegetable rice	Vegetable sausages, chips & tomato ketchup
	Tomato, spinach & salmon pasta	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	Lemon & herb chicken with chickpeas & vegetable rice	Fish & chips with tomato ketchup
	Halal tomato, spinach & salmon pasta	Halal chicken & vegetable pie with new potatoes	Halal roast turkey breast, roast potatoes & gravy	Halal lemon & herb chicken with chickpeas & vegetable rice	Halal fish & chips with tomato ketchup
Veggies	Broccoli	Peas	Carrots & cauliflower	Selection from the salad bar	Peas
Pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Filled Rolls	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Watermelon wedge	Oaty apple crumble & custard	Chocolate mousse	Carrot cake with orange glaze	Raspberry jelly & mandarins

Available Every Day – Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY Wholegrain Vegetarian
 Nutritionist's Choice Vegan

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal



OPTION 1

OPTION 2

HALAL

Pea-powered mild chilli
with rice



Mild beef & lentil
chilli con carne
with rice



Halal mild beef & lentil
chilli con carne
with rice



Vegetable sausages &
mashed potatoes with gravy



Pork sausages (beef casing)
with mashed potatoes & gravy

Halal chicken sausages
(beef casing) with
mashed potatoes & gravy

Roast Quorn fillet with
roast potatoes & gravy



Roast chicken breast,
roast potatoes & gravy

Halal roast chicken breast,
roast potatoes & gravy

Baked creamy
mac 'n' cheese



BBQ chicken loaded
mac 'n' cheese

Halal BBQ chicken loaded
mac 'n' cheese

Quorn dippers, chips
& tomato ketchup



Fish fingers, chips
& tomato ketchup

Halal fish fingers, chips
& tomato ketchup

Veggies



Sweetcorn



Peas & carrots



Broccoli & carrots



Selection from the salad bar



Baked beans



Pasta



Penne pasta with
a creamy cheese sauce



Penne pasta with
house tomato sauce



Penne pasta with
a creamy cheese sauce



Penne pasta with
house tomato sauce



Creamy pesto penne pasta



Filled Rolls



Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Cheese
Tuna mayo

Sweet Treats



Chocolate shortbread



Apple & summer berry
crumble with custard



Strawberry yogurt &
strawberry sauce



Raspberry jelly
& mandarins



Chocolate fruit crispie cake



Available Every Day – Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan

