

# National Child Measurement Programme (NCMP)

The National Child Measurement Programme (NCMP) is available for all children in Reception and Year 6 who attend a school under Leeds City Council. This is offered by the 0-19 Public Health Integrated Nursing Service.

The NCMP involves measuring your child's height and weight to calculate their BMI. They will remain fully clothed, but will be asked to remove their shoes. No individual measurements will be given to school staff or other children and all the information we gather will be treated confidentially. Your child's results will be sent to you through the post. It will not be shared with the school without your consent.



The 0-19 Public Health Integrated Nursing Service supports your child in a range of ways including emotional health, oral health promotion, weight management and routine young carer inquiry, ensuring those with long term illnesses and other needs, get extra support when needed. We help young people throughout their school life to reach their full potential and will respond to any information shared.

**If you do not want your child to be included in the National Child Measurement Programme or you would like to share any information with us, please call us on 0113 843 5683 to let us know.**

You can also find out more on the NHS website:  
<https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme>

You can find out more information about the 0-19 Public Health Integrated Nursing Service:  
[www.leedscommunityhealthcare.nhs.uk](http://www.leedscommunityhealthcare.nhs.uk)

Information and fun ideas to help your kids stay healthy can be found at: <https://www.nhs.uk/healthier-families/>

We will be following 'Government Health Protection Team' (formally Public Health England) guidance at all times and may be wearing PPE at the point of contact with your child.

For further information about how we process your child's data, please view our Privacy Notice on our website:  
<https://www.leedscommunityhealthcare.nhs.uk>

Information about how NHS England and Public Health England collect and use information can be found at <https://digital.nhs.uk/> and <https://www.gov.uk/government/organisations/public-health-england/about/personal-information-charter>. Information about the organisations NHS England has shared information from the National Child Measurement Programme can be found at <https://digital.nhs.uk/services/national-child-measurement-programme>

**0-19** Public Health Integrated Nursing Service



## The information we collect and what it is used for is listed below:

- Your child's date of measurement, sex and date of birth are used to calculate your child's weight category.
- Your child's name, date of birth and NHS Number are used to link your child's measurements in Reception and Year 6. Other data sets held by NHS England and Department of Health and Social Care, may also be linked as this would let us add information from health and education records, where lawful to do so, to understand how and why the weight of children is changing, and how this affects children's health and education and how we can improve the care children receive. This includes your child's health data relating to:
  - their birth, hospital care (including time in hospital and out-patient appointments and diagnosis of medical conditions).
  - mental health.
  - social care.
  - primary care - includes all healthcare outside of hospital such as GP and dental appointments.
  - public health - including data relating to preventing ill health such as immunisation records.
  - records for when and the reason why people pass away.
  - medical conditions such as cancer, diabetes.
  - health, lifestyle and wellbeing surveys that your child has participated in.
- Your child's ethnicity and address are used to help understand some of the reasons for the difference and changes in child weight across England.
- All the data collected is also used for improving health, care and services through research and planning.
- All this information is treated confidentially and held securely. No individual measurements will be given to school staff or other children.

## How the data is used:

- The information collected from all schools in the area will be gathered together and held securely by Leeds City Council. We will store your child's information as part of their local child health record on the NHS's child health information database and share it with their GP.
- All the information collected about your child will be sent by us to NHS England. NHS England is responsible for collecting data and information about health and care so that this can be used to monitor and improve the care provided to people across England.
- The information collected about your child will also be shared by NHS England with the Office for Health Improvement and Disparities (OHID) which is part of the Department of Health and Social Care (DHSC) but in a de-personalised form only. This means OHID will not be able to identify your child. OHID focuses on improving the nation's health so that everyone can expect to live more of life in good health, and on levelling up health disparities to break the link between background and prospects for a healthy life.
- Both NHS England and the Office for Health Improvement and Disparities (DHSC) will use the information from the National Child Measurement Programme to better understand numbers and trends in child weight and body mass index (BMI). This helps with the planning of services to support healthy lifestyles in your area. No information will ever be published by NHS England or the Office for Health Improvement and Disparities (DHSC) that identifies your child.
- De-personalised information from the National Child Measurement Programme may also be shared by NHS England with other organisations, such as universities. This is to help improve health, care and services through research and planning. This information cannot be used to identify your child, and NHS England only ever shares information for research through formal assurance and approvals processes, seeking advice from experts as necessary.