

Weekly Events Calendar



	Mon	Tue	Wed	Thu	Fri	Sat
Memory Friendship Group	Upton 1.30 PM – 3.30 PM				Hemsworth 1.30 PM – 3.30 PM	
Stitch In Time		Upton 1.00 PM – 3.30 PM		Upton 6.00 PM – 8.30 PM	Hemsworth 10.30AM – 12.30 PM	
Tranquil Tuesday		Hemsworth 9.30AM – 1.30PM				
Meditation			Hemsworth 9.30AM – 11.00 AM		Hemsworth 9.30AM – 11.00AM	
Afternoon Tea & Quiz				Upton 2.00 PM – 4.00 PM	Hemsworth 1.30 PM – 3.30 PM	
Little Buds						Upton 10.00 AM – 11.30AM
Crafty Companions			Hemsworth TBC			

