

AL Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1. 10:30 Victor Borge YouTube Show-2/3</p> <p>2:00 Church of Christ Worship Services</p> <p>Daily Chronicles are located on the 1st and 3rd floor</p>	<p>2. 8:00 Early bird reads 10:30 Sit and Fit-3</p> <p>1:30 Coloring Club -3 2:00 Snack and Chat-3</p> <p>3:00 Wii game-3</p>	<p>3. 8:00 Early bird reads 10:00 Rosary-3</p> <p>1:30 Bingo 2:00 Snack and Chat</p> <p>3:00 Word Game-3</p>	<p>4. 8:00 Early bird reads 10:00 Inspiration w/ Chaplain Bill-3</p> <p>1:30 Dice Game-3 3:00 Animal Documentary-3</p> <p>5:30 craft w/ Shonna-3</p>	<p>5. 10:30 sit and fit w/ Christine</p> <p>1:30 Reading Book Club-3 2:00 Snack and Chat-3</p> <p>3:00 House Calls + Hydration Station!</p>	<p>6. 8:00 Early bird reads 10:30 Noodle Ball-3</p> <p>1:30 Mocktail hour w/ Bobby G-1</p> <p>3:00 Puzzle Time-1</p>	<p>7. 10:30 News and Views Channel 7-3(RA)</p> <p>1:30 Hallmark Movie-3(RA)</p> <p>3:00 Game Show Hour-3(RA)</p>
<p>8. 10:30 Victor Borge YouTube Show-2/3</p> <p>2:00 Church of Christ Worship Services</p> <p>Daily Chronicles are located on the 1st and 3rd floor</p>	<p>9. 8:00 Early bird reads 10:30 Sit and Fit-3</p> <p>2:00 Catholic Mass w/ Father Dehondt-3</p> <p>3:00 Wii game-3</p>	<p>10. 8:00 Early bird reads 10:00 Rosary-3 10:00 Service dog visit w/ Jules</p> <p>1:30 Teaching kitchen w Asunda</p> <p>3:00 Word Game-3</p>	<p>11. 8:00 Early bird reads 10:00 Inspiration w/ Chaplain Bill-3</p> <p>1:30 Dice Game-3 3:00 Animal Documentary-3</p> <p>5:30 comedy hour w/ Shonna-3</p>	<p>12. 10:30 sit and fit w/ Christine</p> <p>1:30 Reading Book Club-3 2:00 Snack and Chat-3</p> <p>3:00 House Calls + Hydration Station!</p>	<p>13. 8:00 Early bird reads 10:30 Noodle Ball-3</p> <p>1:30 St. Patrick's day party w/ Melanie Lee heart of the hills-3</p> <p>3:00 Puzzle Time-1</p>	<p>14. 10:30 News and Views Channel 7-3(RA)</p> <p>1:30 Hallmark Movie-3(RA)</p> <p>3:00 Game Show Hour-3(RA)</p>

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15. 10:30 Victor Borge YouTube Show-2/3 2:00 Church of Christ Worship Services Daily Chronicles are located on the 1 st and 3 rd floor	16. 8:00 Early bird reads 10:30 Sit and Fit-3 1:30 Coloring Club -3 2:00 Snack and Chat-3 3:00 Wii game-3	17. 8:00 Early bird reads 10:00 Rosary-3 1:30 St Patrick's day treasure hunt 3:00 Word Game-3	18. 8:00 Early bird reads 10:00 Inspiration w/ Chaplain Bill-3 1:30 Dice Game-3 3:00 Animal Documentary-3 5:30 coloring w/ Shonna-3	19. 10:30 sit and fit w/ Christine 1:30 Reading Book Club- 3 2:00 Snack and Chat-3 3:00 House Calls + Hydration Station!	20. 8:00 Early bird reads 10:30 Noodle Ball-3 12:00 bingo lunch-3 1:30 Movie + Snack 2E/3 3:00 Puzzle Time-1	21. 10:30 News and Views Channel 7-3(RA) 1:30 Hallmark Movie- 3(RA) 3:00 Game Show Hour- 3(RA)
22. 10:30 Victor Borge YouTube Show-2/3 2:00 Church of Christ Worship Services Daily Chronicles are located on the 1 st and 3 rd floor	23. 8:00 Early bird reads 10:30 Sit and Fit-3 1:30 Coloring Club -3 2:00 Snack and Chat-3 3:00 Wii game-3	24. 8:00 Early bird reads 10:00 Rosary-3 1:30 Bingo 2:00 Snack and Chat 3:00 Word Game-3	25. 8:00 Early bird reads 10:00 Inspiration w/ Chaplain Bill-3 1:30 Dice Game-3 3:00 Animal Documentary-3 5:30 board games w/ Shonna-3	26. 10:30 sit and fit w/ Christine 1:30 Reading Book Club- 3 2:00 Snack and Chat-3 3:00 House Calls + Hydration Station!	27. 8:00 Early bird reads 10:30 Noodle Ball-3 1:30 Movie + Snack 2E/3 3:00 Puzzle Time-1	28. 10:30 News and Views Channel 7-3(RA) 1:30 Hallmark Movie- 3(RA) 3:00 Game Show Hour- 3(RA)
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Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1.</p> <p>10:30 Jigsaw Puzzles-RA 1:00 Calming Corner 1:30 Classic Movies-RA 2:00 Church of Christ Worship Services-3 3:30 Would You like to help Fold-RA</p>	<p>2.</p> <p>10:30 Morning Exercise(RA) 11:00 Rhyming Game 1:00 Calming Corner 1:30 Dice Game 3:30 Show-RA (You Tube)</p>	<p>3.</p> <p>10:30 Sing a Long-RA 1:00 Calming Corner 1:30 Hand Massage (RA) 3:30 Would You Like to Help me Fold (RA)</p>	<p>4.</p> <p>10:30 Morning Exercise 11:00 Hymns 1:00 Calming Corner 1:30 Wii Game 3:30 Coloring Club</p>	<p>5.</p> <p>10:30 Nifty Nails/ Music 1:00 Calming Corner 1:30 Coffee and Chat-RA 3:30 Daniel O'Donnell Show-RA/ You Tube</p>	<p>6.</p> <p>10:30 Noodle Ball Game 11:00 Word Game 1:00 Calming Corner 1:30 Mocktail hour w/ Bobby G-1 3:00 Puzzle time (RA)</p>	<p>7. 10:30 Karaoke sing along RA 1:00 Calming Corner 1:30 Read the daily chronicle -2E RA 3:00 Game Show (RA) Channel 179</p>
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Happy St. Patrick's Day



CHURCH OF CHRIST
CARE COMMUNITY
ASSISTED LIVING



THE GOOD NEWS GAZETTE



Song of Solomon 2:11-12

"See! The winter is past; the rains are over and gone.
Flowers appear on the earth; the season of singing has come..."

A Brief History of St. Patrick's Day

St. Patrick's Day, celebrated every March 17th, honors St. Patrick, the patron saint of Ireland.

Born in the 4th century, Patrick was kidnapped as a teenager and brought to Ireland as a slave. He later escaped, but returned to Ireland as a missionary, spreading Christianity and helping the Irish people.

The shamrock became a symbol of St. Patrick's teaching, as he used its three leaves to explain the concept of the Holy Trinity. Over time, March 17th evolved into a celebration of Irish culture, music, food, and friendship, and today people around the world honor Ireland with parades, green decorations, and fun traditions.

It's a day — and a month — to celebrate luck, community, and Irish spirit!



Spring

Did you know that the first day of spring - the Spring Equinox - is one of only two days each year when day and night are nearly the same length? It's a beautiful reminder of balance and new beginnings!

A QUIET SPRING REFLECTION

As winter fades and the first signs of spring begin to appear, we are reminded that every season has its purpose. Spring brings longer days, warmer sunshine, and the quiet promise of new beginnings. Buds bloom, birds return, and the world feels fresh again.

Spring invites us to pause, take a deep breath, and notice the simple joys around us — the warmth of sunlight through a window, the sound of laughter, the beauty of something growing. Just as flowers bloom in their own time, each of us continues to grow, learn, and shine in every season of life.

May this spring bring renewed energy, peaceful moments, and many reasons to smile.



besties



Eve and Sue stop and smell the roses together



ENJOYING SOME PUPPY LOVE ON VALENTINE'S DAY!

Spotlight on Kindness

This month, we've noticed countless small acts of kindness throughout our community - from helping a friend with a smile to sharing a laugh in the hall. It's these little moments that make everyday brighter!





CHAPLAIN'S CORNER

The Blessing of Spring

As we struggle through the cold, gray Winter, March brings the promise of Spring- the season for the renewal of life. As the days brighten and become longer, and the brown grass and bare trees begin to show signs of new life, we are reminded of several truths:

Spring reflects the goodness of God. Romans 1:20 tells us that God's "invisible attributes, His eternal power and divine nature, have been clearly seen, being understood through what has been made...." God's eternal power is evident within the complex nature of His creation- the flowers of the plants feed the bees and insects who, in turn, pollenate the plants, which feed the creeping things and four-footed animals, which in turn provide sustenance to two-footed species. None of which happens "by itself" or "by chance."

The eternal power of God made and makes it happen!

Spring delivers a witness of God. The warm rains and sunshine of Spring fuel the fruitful seasons of Summer and Fall. These are also evidence of God's love and provision for all of His creation. They serve as a yearly witness to all who look, listen, smell, taste, and learn of God's enduring endowment to the world.

Spring promises the renewal of resurrection. Though Winter left the trees and plants looking and acting "dead," through God's order and design, Spring resurrects them. From Winter's dark cold slumber and stillness, Spring's radiant beauty and vibrant life emerges. So, too, will all who are faithful one day spring into eternal life (see John 5:28-29 and 1Corinthians 15). Thus, Spring not only reminds us of these things, it promises and assures them!

So as we prepare to enjoy everything "coming to life" again, take time to reflect on the goodness of God to provide us with Spring's beauty; on the witness of God's provision that Spring brings; and on Spring's promised renewal of resurrection on that great day coming!



come to our party!

JOIN US ON THE THIRD FLOOR FOR OUR ST PATRICK'S DAY PARTY ON FRIDAY, MARCH 13TH AT 1:30 PM! THERE WILL BE LIVE MUSIC FROM MELANIE LEE WITH HEART OF THE HILLS AND A PERFORMANCE WITH AN IRISH DANCER!



resident of the month!

Peggy was born in 1933 in Detroit, the youngest of eight children. Growing up in a large family helped shape the caring and loving spirit she carries with her to this day.

She married her beloved husband, Irvin, and together they raised three wonderful children.

Peggy is also a proud grandmother to seven grandchildren who bring her endless joy. Family has always been at the center of her life.

Peggy is a dear friend to many and truly loved by all who know her. These days, you can find her getting in her steps at Church of Christ and spreading kindness and warmth wherever she goes. Her gentle heart and bright smile are a blessing to everyone she meets.

We are so proud to celebrate Peggy this month. We love you, Peggy!



BIRTHDAYS!

Denise P March 4th
Margaret T March 8th
Martha M March 20th
Alex B March 28th
Susan T March 28th



Comedy Corner

St. Patrick's Day Laughs
Why do leprechauns love to garden?
Because they have green thumbs!
What kind of music do leprechauns listen to?
Sham-rock and roll!
Why shouldn't you borrow money from a leprechaun?
Because they're always a little short!

EMPLOYEE OF

the month!

CURTIS CALLOWAY

CURTIS ALWAYS GOES ABOVE AND BEYOND FOR THE RESIDENTS HE TAKES CARE OF! WITH AN AMAZING ATTITUDE AND A CARING NATURE, WE ARE SO BLESSED TO HAVE HIM HERE AT CHURCH OF CHRIST!

THANK YOU FOR BEING HERE CURTIS, AND TAKING SUCH GREAT CARE OF OUR WONDERFUL RESIDENTS!



from the kitchen



PUMPKIN ENERGY BITES!
INGREDIENTS:
 1/2c APRICOTS, DRIED
 1/2c DATES, PITTED
 1/2c GOLDEN RAISINS
 1/2c CHOCOLATE CHIPS
 1 TBL FLAXSEED
 1/4c SUNFLOWER SEEDS
 1c RICE KRISPIES
 1c QUICK OATS
 1/4c LIBBY'S PURE PUMPKIN, CANNED
 1/2c PEANUT BUTTER
 1/4c HONEY
 1/2t NUTMEG
 4 TBL QUICK OATS

METHOD:
 CHOP APRICOT AND DATES SEPARATELY AND ADD TO A MEDIUM MIXING BOWL
 ADD REMAINING INGREDIENTS, EXCEPT 4 TBL OF OATS, MIX WELL
 FORM INTO TIGHT 1 OZ BALLS
 ROLL FINISHED BALLS IN REMAINING OATS ON CUTTING BOARD SO THEY STICK TO THE OUTSIDE OF THE BALL PLATE AND SERVE, OR REFRIGERATE UNTIL READY TO EAT.

As the weather warms, remember to enjoy the fresh air and take gentle walks at your pace. Even a few minutes outside can brighten your day!

The Great Gold Coin Hunt!

March 17th – St. Patrick's Day

Keep your eyes peeled... you never know when a mischievous little leprechaun might be nearby!

On March 17th, our community will be turning into a treasure trail of hidden gold coins! Residents and staff on each floor will team up to search high and low for lucky treasures tucked around the building.

How It Works:

- Gold coins will be hidden throughout each floor.
- Residents and staff will work together to find as many as possible.
- The team with the most gold coins wins a special prize!

Winning Team: Bragging rights + a surprise prize!

Everyone Wins: A delicious Shamrock Shake to celebrate our lucky day together! Rumor has it... a sneaky leprechaun may be guarding the treasure, so don't forget to look in clever places!



New Residents!

Please join us in welcoming several new residents to our community this month! We are so excited to have them join our family and look forward to making many wonderful memories together. If you see a new face, be sure to say hello!

Spring is.... RIGHT AROUND THE CORNER!