

# Weekly Menu

**Week 1**  
 9th September  
 30th September  
 4th November  
 25th November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread
Carrot & sweet potato	Mexican bean	Mediterranean green lentil	Vegetable	Celeriac & apple
Mains Pork meatballs in served in tomato basil sauce	Mains Chinese five spiced chicken	Mains Roast beef served with horseradish sauce	Mains Tikka chicken kebabs	Mains Fish fingers Or Scampi
Vegetarian Vegan meatless balls served in tomato & basil sauce	Vegetarian Tofu & broccoli stir fry	Vegetarian Butternut squash parmigiana	Vegetarian Lentil & chickpea curry	Vegetarian Mixed bean quesadilla
Sides Spaghetti Sweetcorn Roasted Mediterranean vegetables Garlic bread	Sides Egg noodles Stir fried vegetables Crispy sweet & salty kale Prawn crackers	Sides Roast potatoes Yorkshire pudding Honey roasted carrots Steamed green cabbage	Sides Bombay vegetable biriyani Spiced Indian peas Wilted spinach Mango chutney popadum	Sides Triple cooked chips Baked beans Mushy peas
Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily
Dessert Strawberry fool	Dessert Totally tropical Eton mess	Dessert Lemon cheesecake	Dessert Mulva pudding served with crème fraiche	Dessert Whoopie pie

FRESH FRUIT & YOGHURT AVAILABLE EVERYDAY  
 FOR ALLERGEN & NUTRITION INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.

# Weekly Menu

WEEK 2

16th September

7th October

11th Nov

2nd December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread
Root vegetable	Creamy celeriac	Moroccan style	Butternut squash	Lettuce
Mains Macaroni cheese	Mains Nandos style piri piri chicken	Mains Lingfield sausages Sauted onions	Mains beef enchiladas served with guacamole, soured cream & salsa	Mains Chicken quesadilla served with soured cream & guacamole
Vegetarian Creamy roasted pepper & tomato pasta	Vegetarian Grilled halloumi topped with red pepper and pineapple salsa, sliced avocado perinaise. Served in a rustic roll.	Vegetarian Vegan quorn sausages	Vegetarian Vegetable & bean chimichanga	Vegetarian Chestnut mushroom, red pepper & cheddar frittata
Sides homemade seeded focaccia bread Garlic mushroom Wilted spinach Crispy onion	Sides Spicy rice Corn on the cob Macho peas	Sides Roast potato Yorkshire pudding Garden peas Roasted carrot	Sides Loaded nachos Mexican roasted sweet potato cubes Black bean & corn salad	Sides Skin on chunky chips Baked beans Vegan slaw
Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily
Dessert Raspberry cranachan	Dessert Apple & cinnamon crumble served with custard	Dessert Blackberry cheesecake	Dessert Banoffee pie	Dessert Sweet Belgian waffles served with berries & whipped cream

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# Weekly Menu

WEEK 3

23rd September  
14th October  
18th November  
9th December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread
Roasted red pepper & sweet potato	Carrot & ginger	Leek & potato	Vegetable & chorizo	Creamy tomato
Mains Spaghetti bolognese served with parmesan cheese	Mains Hunters chicken (bbq sauce, bacon & cheese)	Mains Crispy roast Pork Served with apple sauce	Mains beef burritos served with salsa, guacamole & soured cream	Mains battered fish served with lemon wedge & homemade tartare sauce
Vegetarian Buttered baked gnocchi in creamy mushroom sauce	Vegetarian Slow cooked vegetable hotpot	Vegetarian Spinach, mushroom & blue cheese wellington	Vegetarian Vegetarian burrito served with guacamole, salsa & soured cream	Vegetarian Vegetable fajitas
Sides Cherry tomato & garlic focaccia Roasted broccoli Sauteed courgettes	Sides Crushed roasted potatoes Cheesy garlic butter corn on the cob Green beans & roasted cherry tomatoes	Sides Rustic roasted potatoes Yorkshire pudding Cauliflower cheese Honey roasted carrots	Sides White & wild rice Mediterranean roasted veg Creamy corn Guacamole Soured cream	Sides Skinny fries Baked beans Mushy peas
Fresh Salad Bar Jacket Potato Snack item available dail	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily
Dessert Apple crumble & custard	Dessert Rice pudding served with fruit compote	Dessert Black forest trifle	Dessert Sticky toffee pudding & toffee sauce	Dessert Ice cream selection

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