

Weekly Menu

Week 1
8th September
29th September
3th November
24th November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread
Carrot & sweet potato	Mexican bean	Mediterranean green lentil	Vegetable	Celeriac & apple
Mains Pork meatballs in served in tomato basil sauce	Mains Chinese five spiced chicken	Mains Roast beef served with horseradish sauce	Mains cottage pie	Mains Fish fingers Or Scampi
Vegetarian Vegan meatless balls served in tomato & basil sauce	Vegetarian Crispy Tofu bites served with korean sauce	Vegetarian Butternut squash parmigiana	Vegetarian Potato topped vegetable pie	Vegetarian Mixed bean quesadilla
Sides Spaghetti Sweetcorn Roasted Mediterranean vegetables Garlic bread	Sides Egg noodles Stir fried vegetables Crispy sweet & salty kale Prawn crackers	Sides Roast potatoes Yorkshire pudding Honey roasted carrots Steamed green cabbage	Sides Roasted vegetables Peas gravy	Sides Triple cooked chips Baked beans Mushy peas
Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily
Dessert Bread & butter pudding & custard	Dessert Totally tropical Eton mess	Dessert Lemon cheesecake	Dessert Mulva pudding served with crème fraiche	Dessert Marble sponge & custard

FRESH FRUIT & YOGHURT AVAILABLE EVERYDAY
FOR ALLERGEN & NUTRITION INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.

Weekly Menu

WEEK 2

• 15th September

6th October

10th Nov

1st December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread
Root vegetable	Creamy celeriac	Moroccan style	Butternut squash	Lettuce
Mains Macaroni cheese	Mains Nandos style piri piri chicken	Mains Lingfield sausages Sauted onions	Mains beef enchiladas served with guacamole, soured cream & salsa	Mains Burger in a bun Served with ketchup & mayonaisse
Vegetarian Creamy roasted pepper & tomato pasta	Vegetarian Grilled halloumi topped with red pepper and pineapple salsa, sliced avocado perinaise. Served in a rustic roll.	Vegetarian Vegan quorn sausages	Vegetarian Vegetable & bean chimichanga	Vegetarian Chestnut mushroom, red pepper & cheddar frittata
Sides homemade seeded focaccia bread Garlic mushroom Wilted spinach Crispy onion	Sides Spicy rice Corn on the cob Macho peas	Sides Mashed potato Yorkshire pudding Garden peas Roasted carrot	Sides Loaded nachos Mexican roasted sweet potato cubes Black bean & corn salad	Sides Skin on chunky chips Baked beans Vegan slaw
Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily
Dessert Raspberry cranachan	Dessert Apple & cinnamon crumble served with custard	Dessert Banoffee pie	Dessert self saucing chocolate sponge & custard	Dessert Sweet Belgian waffles served with berries & whipped cream

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Weekly Menu

WEEK 3

22nd September
13th October
17th November
8th December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread
Roasted red pepper & sweet potato	Carrot & ginger	Leek & potato	Vegetable & chorizo	Creamy tomato
Mains Spaghetti bolognese served with parmesan cheese	Mains chicken & leek pie	Mains Crispy roast Pork Served with apple sauce	Mains Chilli con carne Tortilla chips Gucamole & salsa	Mains battered fish served with lemon wedge & homemade tartare sauce
Vegetarian Buttered baked gnocchi in creamy mushroom sauce	Vegetarian Slow cooked vegetable hotpot with dumplings	Vegetarian Spinach, mushroom & blue cheese wellington	Vegetarian Vegetarian curry	Vegetarian Vegetarian scotch egg served with sweet chilli sauce
Sides Cherry tomato & garlic focaccia Roasted broccoli Sauteed courgettes	Sides Mashed potatoes Peas Buttered cabbage	Sides Rustic roasted potatoes Yorkshire pudding Cauliflower cheese Honey roasted carrots	Sides Steamed rice Green beans Sweetcorn	Sides Skinny fries Baked beans Mushy peas
Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily
Dessert strawberry crumble & custard	Dessert Rice pudding served with fruit compote	Dessert Chocolate brownie dessert	Dessert Sticky toffee pudding & toffee sauce	Dessert Ice cream selection

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