

Weekly Menu



WEEK 1

5th January

26th January

23rd February

16th March

MONDAY

Soup with fresh baked bread

Carrot & coriander

Mains
Macaroni cheese

Vegetarian
Smokey five bean bolognaise served with spaghetti

Sides
fresh baked bread
Garlic mushroom
Wilted spinach
Crispy onion

Fresh Salad Bar
Jacket Potato
Snack item available daily

Dessert
apple crumble served with vanilla custard

TUESDAY

Soup with fresh baked bread

Leek & cauliflower

Mains
chilli con carne

Vegetarian
Veggie chilli con carne

Sides
rice
Green beans
sweetcorn

Fresh Salad Bar
Jacket Potato
Snack item available daily

Dessert
Cinnamon churros

WEDNESDAY

Soup with fresh baked bread

Chickpea & chilli

Mains
cumberland sausages
Sautéed onions

Vegetarian
Vegan quorn sausages

Sides
Mashed potato
Yorkshire pudding
Garden peas
Roasted carrot

Fresh Salad Bar
Jacket Potato
Snack item available daily

Dessert
Banoffee pie

THURSDAY

Soup with fresh baked bread

Parsnip & apple

Mains
beef in black bean sauce

Vegetarian
Crispy coated tofu served with sweet chilli sauce

Sides
Egg noodles
Stir fried vegetables
Ginger glazed mange tout
Prawn crackers

Fresh Salad Bar
Jacket Potato
Snack item available daily

Dessert
self saucing jaffa pudding & custard

FRIDAY

Soup with fresh baked bread

Broccoli & potato

Mains
Fresh made margarita pizza

Vegetarian
Mature cheddar & tomato frittata

Sides
Skin on chunky chips
Baked beans

Fresh Salad Bar
Jacket Potato
Snack item available daily

Dessert
Sweet Belgian waffles served with berries & whipped cream

FRESH FRUIT & YOGHURT AVAILABLE EVERYDAY

FOR ALLERGEN & NUTRITION INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.

Weekly Menu

Week 2

12th January
2nd February
2nd March
23rd March



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Soup with fresh baked bread

celery

Mains
pork meatballs served in tomato & basil sauce

Vegetarian
Vegan meatless balls served in tomato & basil sauce

Sides
Spaghetti
Sweetcorn
Roasted Mediterranean vegetables

Fresh Salad Bar
Jacket Potato
Snack item available daily

Dessert
Doughnut pudding & custard

Soup with fresh baked bread

mushroom

Mains
katzu chicken curry

Vegetarian
Crispy Tofu bites served with Korean sauce

Sides
Steamed rice
Salted crispy kale
Stir fried baby corn
Prawn crackers

Fresh Salad Bar
Jacket Potato
Snack item available daily

Dessert
mango mousse

Soup with fresh baked bread

Red pepper & tomato

Mains
roast gammon with apple sauce

Vegetarian
Butternut squash & sweet potato parmigiana

Sides
Roast potatoes
Yorkshire pudding
Honey roasted carrots
Stir fried leek

Fresh Salad Bar
Jacket Potato
Snack item available daily

Dessert
Marble sponge & vanilla custard

Soup with fresh baked bread

Pea & mint

Mains
Shepherds pie

Vegetarian
Jamie Olivers
Frumpy veg pie

Sides
Cauliflower cheese
Peas
gravy

Fresh Salad Bar
Jacket Potato
Snack item available daily

Dessert
Apple & mincemeat crumble pie & custard

Soup with fresh baked bread

Butternut squash

Mains
Fish fingers
Or
Scampi

Vegetarian
cheddar & caramelized onion quiche

Sides
Triple cooked chips
Baked beans
Mushy peas

Fresh Salad Bar
Jacket Potato
Snack item available daily

Dessert
rice pudding & fruit compote

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Weekly Menu

WEEK 3

19th January
9th February
9th March



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread	Soup with fresh baked bread
Mushroom & leek	Smoked paprika & orzo	Sweet potato & red pepper	French onion	Tomato & basil
Mains Spaghetti bolognese served with parmesan cheese	Mains steak pie	Mains Roast chicken Served with sage & onion	Mains butter chicken	Mains top your own hotdog
Vegetarian Veggie macaroni cheese	Vegetarian Vegetarian cottage pie	Vegetarian Brie & cranberry tart	Vegetarian Sweet & sour cauliflower	Vegetarian Top your own veggie dog
Sides Fresh baked garlic bread Roasted broccoli Sauteed courgettes	Sides Mashed potatoes Peas Buttered cabbage	Sides Roast potatoes Yorkshire pudding Cauliflower cheese Creamed swede	Sides White & wild rice Popadum Mango chutney French bean & potato sabzi	Sides Skinny fries Baked beans
Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily	Fresh Salad Bar Jacket Potato Snack item available daily
Dessert Sticky toffee pudding served with toffee sauce	Dessert tiramisu	Dessert Bread & butter pudding served with custard	Dessert vanilla cheesecake served with strawberry compote	Dessert Retro traybake served with vanilla custard

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