

LESSON 2

THE EXODUS

LESSON AT A GLANCE

WONDER TRUTH: God Is Powerful**SCRIPTURE:** [Exodus 6–12](#)**GOD'S BIG STORY:** God sends Moses to ask Pharaoh to let His people leave Egypt, where they are slaves. Pharaoh refuses repeatedly, and each time God shows His power by sending a plague until Pharaoh finally lets them go.**WORD OF WONDER:** Nothing is too hard for God. —from [Jeremiah 32:17](#)

FOUNDATION BUILDING BLOCKS

WHO?

Moses was the great-grandson of Levi, one of Jacob's 12 sons. He was the youngest of three children. God worked through Pharaoh's daughter to raise Moses, so he would be protected from genocide. God had already planned to work through Moses to free the Israelites from slavery.

WHAT?

God used a series of 10 plagues to convince Pharaoh to let the Israelites leave, so they could worship God. God chose specific plagues that directly targeted the gods of Egypt to show that He was more powerful than their gods.

WHERE?

The Israelites lived in Goshen, in the northeastern portion of Egypt. God targeted the plagues to affect all the places the Egyptians lived while bringing no harm to the Israelites in the land of Goshen, further distinguishing His people as His.

WHEN?

God promised Abraham that his descendants would possess the land of Canaan and told them they would be slaves for 400 years. Freedom came for the Israelites after 400 years, just as God had said.

CONNECTING TO GOD'S BIG STORY

God had a plan for redemption as soon as Adam and Eve sinned. He chose to show His power and carry out His plan just as He said He would through His chosen people, Israel—the people through whom our Savior, Jesus, would be born.

Activity: Powerful Poses

Greet the kids warmly and welcome them to church.

Welcome to church! I'm so glad you're here. We're going to talk today about a story in the Bible when God showed that He is powerful. God is more powerful than anything! What do you think it means to be powerful? Allow the kids to respond. Let's do some things that show power. Do what I do.

Do the following things and encourage the kids to mimic you. Not all toddlers will be able to do everything, and that's OK. Encourage them to do their best. They can make up their own power poses too!

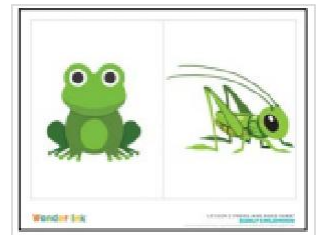
- Flex your muscles.
- Stomp your feet.
- Jump really high.
- Jump really far.
- Pretend to lift something heavy.
- Pretend to throw something really far.

You did a great job showing power! We'll learn today about how God showed His power in some really cool ways!

Activity: Frogs and Bugs and Bandages!

In God's big story today, God used different things to show His power and save His people. Let's see how many of the things we can name.

Hold up each picture from the Frogs and Bugs Sheet. Ask the kids to name the thing in each picture.



- River—**This is a river. In our story, God turned a river red.**
- Frog—**This is a frog. What sound does a frog make?** Allow the kids to respond. Locust—
- **This is a grasshopper. God even used bugs to save His people!**
- Bandage—**This is a bandage. What do we use bandages for? To help when we get hurt or sick. God even used sickness and sores to help save His people.**

In our story today, God used lots of different things to show how powerful He is. Our Wonder Truth today is **GOD IS POWERFUL.**

Encourage the kids to do the following motions while you repeat the Wonder Truth. Older toddlers can say the words with you as they do the motions.

GOD IS—*Point up.*

POWERFUL—*Flex your muscles.*

Prayer and Blessing

Let's talk to God. When I say, "strong and powerful," pretend to make muscles with your arms like this. Demonstrate how to flex your muscles.

God, thank You for being strong and powerful (*flex muscles*) and always taking care of us because You love us. We love You! In Jesus' name, Amen.

Encourage the kids to hold their hands in front of them, with palms up, as if their hands are open to receive something. Tell them to listen and receive the blessing as you speak it over them.

Blessing: Our God, who loves you, is with you! He is mighty to save and will never leave you. May you always trust Him.

Activity: Frogs, Bugs, Bye!

Today we learned about when God saved His people by showing His power to the people in Egypt. He used things like frogs and grasshoppers to show His power. We're going to play a listening game to help us remember how God used His power so Pharoah would let the Israelites go.

Encourage the kids to listen carefully. When you say, "frog," they can pretend to be a frog. When you say, "bug," they can pretend to fly like a bug. When you say, "Go," they can jump or stand up. When you say, "Bye," they can walk or crawl to the other side of the room.

Say each word and encourage the kids to do the motions after you say them. Repeat as time allows.

- **Frog**—Pretend to be a frog. **Bug**—
- Pretend to fly like a flying bug. **Go**—
- Stand up.
- **Bye**—Crawl or walk to the other side of the room.

Instead of saying the words, you could hold up a picture of a frog, a flying bug or grasshopper, or a green "Go" traffic signal, or a waving hand for "Bye!"