

**LESSON 2****THE EXODUS****LESSON AT A GLANCE****WONDER TRUTH:** God Is Powerful**SCRIPTURE:** [Exodus 6–12](#)

**GOD’S BIG STORY:** God sends Moses to ask Pharaoh to let His people leave Egypt, where they are slaves. Pharaoh refuses repeatedly, and each time God shows His power by sending a plague until Pharaoh finally lets them go.

**WORD OF WONDER:** Nothing is too hard for God. —[from Jeremiah 32:17](#)

**FOUNDATION BUILDING BLOCKS****WHO?**

Moses was the great-grandson of Levi, one of Jacob’s 12 sons. He was the youngest of three children. God worked through Pharaoh’s daughter to raise Moses, so he would be protected from genocide. God had already planned to work through Moses to free the Israelites from slavery.

**WHAT?**

God used a series of 10 plagues to convince Pharaoh to let the Israelites leave, so they could worship God. God chose specific plagues that directly targeted the gods of Egypt to show that He was more powerful than their gods.

**WHERE?**

The Israelites lived in Goshen, in the northeastern portion of Egypt. God targeted the plagues to affect all the places the Egyptians lived while bringing no harm to the Israelites in the land of Goshen, further distinguishing His people as His.

**WHEN?**

God promised Abraham that his descendants would possess the land of Canaan and told them they would be slaves for 400 years. Freedom came for the Israelites after 400 years, just as God had said.

**CONNECTING TO GOD’S BIG STORY**

God had a plan for redemption as soon as Adam and Eve sinned. He chose to show His power and carry out His plan just as He said He would through His chosen people, Israel—the people through whom our Savior, Jesus, would be born.

## Play Stations

Greet kids warmly as they arrive and briefly explain the play stations. Invite them to play at any of the play stations.

**Welcome to church! While we're getting ready to start, you can play at any of these stations to help you prepare for our lesson today. Do you have any ideas about what we'll be learning today?**

### Play Station: Bug Sensory Bin

**Set up:** Set out a bin with plastic bugs and small pebbles, small sticks, and leaves.

**Play:** Invite the kids to take turns playing in the bin with the bugs. Explain that in our story today, we're going to hear about how God used bugs and grasshoppers to help save His people!

### Play Station: Bopping Balloons

**Set up:** Inflate several different colors of balloons and set them out in an open area. Be aware of latex allergies in your group.

**Play:** Let the kids play together and try to keep the balloons in the air. Encourage them to bop them up and save the balloons from hitting the floor.

### Play Station: The Exodus Coloring Sheet

**Set up:** Ahead of time, print one copy per kid of the coloring sheets and set out coloring utensils.

**Play:** Let the kids color. The kids can also turn the sheet over and draw a picture of someone or something that they think is powerful.

## Craft: Plague Pictures

**Wonder Ink RESOURCES:** [Plagues Picture Sheet](#) (1 per kid)

Ahead of time, print one copy of the Plagues Picture Sheet for each kid. Give each kid a piece of construction paper and coloring utensils. Set out kid-safe scissors and glue sticks.

**In our story, we learned about how God rescued His people from Egypt. God showed His power through the plagues. He is powerful! Let's make a picture to remind us of all the ways God showed His power.**

Encourage the kids to color and cut out each plague picture (younger kids may need help with cutting) and then glue the pictures to their construction paper (in the order in which each plague occurred, if they can!). When they finish, encourage them to share their creation with someone and use the pictures to tell the story of how God set the Israelites free.



You could also cut out the pictures of each plague and hold them up as flash cards, asking the kids to name each plague as you hold it up.

**God used these plagues (bad things) to save His people from Egypt. The things showed God's power and caused the Egyptian king, Pharaoh, to tell the Israelites to leave Egypt. Take your picture home as a reminder that God is more powerful than anything!**

## Game: Let My People Go

**In our story, we learned that God worked through Moses to set His people free from Egypt, even after Pharaoh said, "No" so many times! God showed that He is powerful! Let's play a game to help us remember how powerful God is.**

A leader will pretend to be "Pharaoh," and you can choose a kid to be "Moses." Have the other kids spread out across the room. When Moses says, "Let my people go," the kids will start walking or running (depending on your space) around the room. At various times, Pharaoh should say "No!"

As soon as Pharaoh says, "No!" the kids need to stop moving and freeze. Repeat the game, allowing other kids to be Moses and Pharaoh as time permits.

**In our game, you stopped when Pharaoh said, "No." In our story today, even though Pharaoh said "No" nine times, God was powerful and set His people free! God is more powerful than anything.**

# Identity

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## Prayer and Blessing

After the kids finish the activity, pray with them and thank God for how powerful He is.

**God, we praise You for how powerful You are. Thank You that You use your power to help us and save us. Nothing is more powerful than You. In Jesus' name, Amen.**

Encourage the kids to hold their hands out in front of them, with palms up, as if their hands are open to receive something. Tell them to listen and receive the blessing as you speak it over them.

**Blessing:** God sees you, loves you, and is more powerful than any situation you will ever face! May you always trust Him, and may you see Him do powerful things in your life!