

LESSON AT A GLANCE

WONDER TRUTH: God Cares for Us

SCRIPTURE: Exodus 14–16; Numbers 11

WORD OF WONDER: From Jeremiah 32:17

Prayer of Invitation

God, thank You for being here with us. We know that You love us and take care of us. We want to hear from You today. We trust Your Holy Spirit to speak to our hearts and remind us of Your truth. In Jesus' name, Amen

Worship

God's Big Story

I open my Bible, and what do I see? *(Hold your hands together, then open your palms, as if opening a book.)*

God's big story, waiting for me! *(Point to yourself.)*

Let's start by reading part of God's big story from the book of Exodus in the Bible. That's the second book of the Bible.

Read the God's Big Story Script provided or read [Exodus 16:2–7](#), [31–32](#) from the Bible. You can also print the Bible Story Picture to give the kids a visual depiction as you tell the story.

GOD'S BIG STORY SCRIPT

Our God's big story today is a great story from the Bible about a time when God did amazing things to care for His people, the Israelites. Encourage the kids to say, "Israelites." **Let's find out from the Bible what happened.**

Last week, we learned about when God helped His people (the Israelites) escape from Egypt.

God showed that He cared for His people when He protected them and set them free from Egypt. God's people packed up and left Egypt. But oh no! The Egyptians were chasing them!

The Israelites camped by the sea. The Red Sea—it wasn't really red, it was just called that—was on one side of the Israelites, and Pharaoh's army was on the other. Oh no! The Israelites were stuck and scared.

Moses was their leader. He told them not to be afraid, because God was going to fight for them.

God told Moses to raise his stick over the Red Sea. Raise the stick or staff (or invite a kid to hold it up) over the blue towels or tablecloths.

When Moses raised the stick, God parted the water in the sea. Move the two blue towels or tablecloths apart and invite a few kids (or all of them!) to walk between them.

The Israelites walked through the sea on dry ground! Then God closed the sea again. God protected the Israelites!

Then the Israelites walked in the wilderness. Invite the kids to stand up and walk in place, then sit back down.

They were very hungry. They complained to Moses about it. Have all of the kids rub their bellies as if they are hungry.

Moses prayed to God. God heard his prayers. God gave them sweet water to drink. Hold up the water bottle and take a drink from it (or pretend to drink).

Later, the Israelites complained again. They were hungry. God had an amazing way to feed His people. He made food fall from the sky. The bread covered the ground. Toss a few pieces of the tan construction paper up over the kids so they can catch it. You could also use real crackers but toss them away from the kids and tell them not to eat the crackers from the floor.

The Israelites called it *manna*. That means, "What is it?" God also sent birds called quail, so they had meat to eat. Encourage the kids to pretend to eat.

God told them to get only what they needed each day. God wanted to show them He cared for them every day.

Even when life was hard, God cared a lot for His people. When they complained that they were thirsty, God gave them water.

When they complained that they were hungry, God gave them manna.

When they complained that they wanted meat, God gave them meat. Even when they did not trust God, God was with them. God cares for us!

Watch God's Big Story

Connecting the Wonder Truth

Our Wonder Truth today is **GOD CARES FOR US**. Where did you see our Wonder Truth happen in the story? Allow kids to answer freely.

God promised Abraham the land of Canaan would belong to his family ([Genesis 17:8](#)). Before they got to the promised land, the Israelites wandered in the wilderness for 40 years. During this time, God cared for His people by providing for their needs and teaching them to depend on Him. He provided for our greatest need—having a relationship with Him—through Jesus!

Word of Wonder

WORD OF WONDER

Nothing is too hard for God.

—from Jeremiah 32:17

Let's practice saying the Word of Wonder together.

Encourage the kids to do the motions and say the verse with you.

- **NOTHING**—*Cross your arms in front of you, back and forth.*
- **IS TOO**—*Hold up two fingers (peace sign).*
- **HARD**—*Hold both arms straight up in front of you.*
- **FOR GOD.**—*Point up.*
- **FROM JEREMIAH 32:17**—*Hold your hands together as if opening a book.*

Our Word of Wonder tells us that nothing is impossible for God—that means God can do *anything*! He can make a sea split apart so His people could walk through on dry land. He can give His people water in the desert and food from the sky! He can do anything! And He cares for us.

Gather kids to discuss these Prayer Journal questions:

- **What does this verse tell us about God?**
- **How has God shown His care for you this week?** *(If the kids need help, offer ideas such as: providing food or their family or home, forgiveness, etc.)*