

The Co-op Family Center

February 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2/2 Breakfast: Corn chex, bananas, milk Lunch: Easier than lasagna, carrots, watermelon, milk Snack: Peanut butter dip, pretzels, water	2/3 Breakfast: Scrambled eggs, hash browns, milk Lunch: Black bean bake, cornbread, zucchini, cantaloupe, milk Snack: Cottage cheese, peaches, water	2/4 Breakfast: Banana pancakes, blueberries, milk Lunch: Cheese quesadilla, pinto beans, sweet potatoes, honeydew, milk Snack: Kale dip, triscuits, water	2/5 Breakfast: Pumpkin waffles, applesauce, milk Lunch: Corn chowder, cheese stick, rolls, pears, milk Snack: Blueberry muffins, milk	2/6 Breakfast: French toast, oranges, milk Lunch: Peanut noodles, tofu bites, pineapple, milk Snack: Cheese slices, carrots, water
2/9 Breakfast: Cheerios, bananas, milk Lunch: Spaghetti, shredded cheese, cauliflower, honeydew, milk Snack: Black bean hummus, homemade tortilla chips, water	2/10 Breakfast: Egg & cheese pita bites, oranges, milk Lunch: Tempeh chili, cornbread, shredded cheese, watermelon, milk Snack: Cheese cubes, grapes, water	2/11 Breakfast: Yogurt, mixed berries, milk Lunch: Arroz con queso, pinto beans, sweet potatoes, cantaloupe, milk Snack: Pizza bites, milk	2/12 Breakfast: Applesauce pancakes, blueberries, milk Lunch: Enchiladas, corn, pears, milk Snack: Celery, raisins, peanut butter, water	2/13 Breakfast: Oat fruit squares, applesauce, milk Lunch: Pan fried noodles, tofu bites, broccoli, pineapple, milk Snack: Smoothies, pretzels, water
2/16 Breakfast: Honey bunches of Os, bananas, milk Lunch: Easy bake rigatoni, zucchini, cantaloupe, milk Snack: Yogurt, strawberries, water	2/17 Breakfast: Waffles, applesauce, milk Lunch: Red lentil dahl, naan bread, cheese stick, pineapple, milk Snack: Peanut butter banana roll-ups, milk	2/18 Breakfast: Egg & cheese muffin bites, oranges, milk Lunch: Mexican rice, black beans, corn, watermelon, milk Snack: Garden spread, wheat thins, water	2/19 Breakfast: Cream of wheat, blueberries, milk Lunch: Grilled cheese sandwich, roasted potatoes, honeydew, milk Snack: Carrots, peppers, broccoli, dip, milk	2/20 Breakfast: Blueberry pancakes, mixed berries, milk Lunch: Tempeh sloppy joes, slider buns, sweet potatoes, pears, milk Snack: Pumpkin bread, milk
2/23 Breakfast: Kix cereal, bananas, milk Lunch: Mac & cheese, peas corn & carrots, honeydew, milk Snack: Bean dip, pita chips, water	2/24 Breakfast: Pumpkin pancakes, applesauce, milk Lunch: Tacos, corn tortillas, pinto beans, cheese coleslaw, pineapple, milk Snack: Cheese ball, carrots, milk	2/25 Breakfast: Bagels, cream cheese, mixed berries, milk Lunch: Navy bean soup, shredded cheese, oyster crackers, cantaloupe, milk Snack: Zucchini bread, milk	2/26 Breakfast: Breakfast burritos, oranges, milk Lunch: One step rice, cauliflower, pears, milk Snack: Apples, peanut butter, water	2/27 Breakfast: Oatmeal, blueberries, milk Lunch: Quick bake potatoes, cheese stick, rolls, watermelon, milk Snack: Mandarin oranges, baby bel cheese, water

The Co-op Family Center is an equal opportunity provider.

