

Co-op Family Center March 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3/2 Breakfast: "Life" Cereal, bananas, milk Lunch: Easier than lasagna, green beans, cantaloupe, milk Snack: Yogurt, peaches, water	3/3 Breakfast: Sweet potatoes, applesauce, milk Lunch: Cheese & bean quesadilla, corn, watermelon, milk Snack: Garden spread, triscuits, water	3/4 Breakfast: French toast, blueberries, milk Lunch: Tomato pasta soup, carrot sticks, cheese stick, honeydew, milk Snack: Cheese slices, apples, water	3/5 Breakfast: Scrambled eggs, hash browns, milk Lunch: Vegetable fried rice, tofu bites, pineapple, milk Snack: Strawberry muffins, milk	3/6 Breakfast: Potato cheese pita, oranges, milk Lunch: Mexican bean & pasta bake, tortilla roll ups, sweet potatoes, pears, milk Snack: Peanut butter dip, pretzels, water
3/9 Breakfast: Corn Chex, bananas, milk Lunch: Baked ziti, carrots, watermelon, milk Snack: Bean dip, pita chips, water	3/10 Breakfast: Egg & cheese pita, applesauce, milk Lunch: Grilled cheese sandwich, roasted potatoes, cantaloupe, milk Snack: Strawberries, kiwi, grapes, dip, milk	3/11 Breakfast: Pumpkin waffles, oranges, milk Lunch: Garden curried rice, tofu bites, pineapple, milk Snack: Celery, raisins, peanut butter, water	3/12 Breakfast: Yogurt, granola, blueberries, milk Lunch: Broccoli cheddar soup, oyster crackers, cottage cheese, pears, milk Snack: Bran muffins, milk	3/13 Breakfast: Applesauce pancakes, mixed berries, milk Lunch: Chimichangas, sweet potatoes, honeydew milk Snack: Pizza bites, milk
3/16 Breakfast: Cheerios, bananas, milk Lunch: Mac & cheese, peas, corn & carrots, watermelon, milk Snack: Apples, peanut butter, water	3/17 Breakfast: Blueberry pancakes, applesauce, milk Lunch: Pan fried noodles, scrambled eggs, broccoli, cantaloupe, milk Snack: Black bean dip, homemade tortilla chips, water	3/18 Breakfast: Waffles, oranges, milk Lunch: Arroz con queso, pinto beans, sweet potatoes, honeydew, milk Snack: Kale dip, wheat thins, water	3/19 Breakfast: Cream of wheat, blueberries, milk Lunch: Minestrone soup, rolls, shredded cheese, pears, milk Snack: Banana bread, milk	3/20 Breakfast: Oat fruit squares, mixed berries, milk Lunch: Chinese vegetable pasta salad, cheese stick, pineapple, milk Snack: Smoothies, pretzels, water
3/23 Closed for spring break	3/24 Closed for spring break	3/25 Closed for spring break	3/26 Closed for spring break	3/27 Closed for spring break

The Co-op Family Center is an equal opportunity provider