

Co-op Family Center April 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4/6</p> <p>Breakfast: Honey bunches of O's, bananas, milk</p> <p>Lunch: Easy bake rigatoni, cauliflower, cantaloupe, milk</p> <p>Snack: Peanut butter dip, pretzels, water</p>	<p>4/7</p> <p>Breakfast: French toast, blueberries, milk</p> <p>Lunch: Bean burrito, sweet potatoes, pineapple, milk</p> <p>Snack: Pizza bites, milk</p>	<p>4/8</p> <p>Breakfast: Pumpkin pancakes, applesauce, milk</p> <p>Lunch: Mexican rice, black beans, corn, honeydew, milk</p> <p>Snack: Grapes, kiwi, strawberries, dip, milk</p>	<p>4/9</p> <p>Breakfast: Breakfast burritos, oranges, milk</p> <p>Lunch: Corn chowder, rolls, cheese stick, pears, milk</p> <p>Snack: Blueberry muffins, milk</p>	<p>4/10</p> <p>Breakfast: Yogurt, granola, mixed berries, milk</p> <p>Lunch: Grilled cheese sandwich, veggie potato salad, watermelon, milk</p> <p>Snack: Cheese cubes, carrot sticks, water</p>
<p>4/13</p> <p>Breakfast: Corn chex, bananas, milk</p> <p>Lunch: Spaghetti, shredded cheese, carrots, honeydew, milk</p> <p>Snack: Grapes, yogurt, water</p>	<p>4/14</p> <p>Breakfast: Applesauce pancakes, mixed berries, milk</p> <p>Lunch: Cheese quesadilla, black bean salad, watermelon, milk</p> <p>Snack: Garden salad, triscuits, water</p>	<p>4/15</p> <p>Breakfast: Scrambled eggs, hash browns, milk</p> <p>Lunch: Pizza, garden salad, cantaloupe, milk</p> <p>Snack: Strawberry muffins, milk</p>	<p>4/16</p> <p>Breakfast: Potato cheese pita, oranges, milk</p> <p>Lunch: Red lentil dahl, naan bread, cheese stick, pears, milk</p> <p>Snack: Apples, peanut butter, milk</p>	<p>4/17</p> <p>Breakfast: Pumpkin waffles, applesauce, milk</p> <p>Lunch: Vegetable fried rice, tofu bites, pineapple, milk</p> <p>Snack: Black bean hummus, homemade tortilla chips, water</p>
<p>4/20</p> <p>Breakfast: Cheerios, bananas, milk</p> <p>Lunch: Baked ziti, cauliflower, honeydew, milk</p> <p>Snack: Kale dip, pita chips, water</p>	<p>4/21</p> <p>Breakfast: Bagels, cream cheese, blueberries, milk</p> <p>Lunch: Tacos with pinto beans, tortillas, cheese, coleslaw, watermelon, milk</p> <p>Snack: Cottage cheese, peaches, water</p>	<p>4/22</p> <p>Breakfast: Sweet potato pancakes, applesauce, milk</p> <p>Lunch: Lentil soup, shredded cheese, rolls, cantaloupe, milk</p> <p>Snack: Peanut butter, celery, raisins, water</p>	<p>4/23</p> <p>Breakfast: Egg & cheese pita bites, oranges, milk</p> <p>Lunch: Peanut noodles, tofu bites, pineapple, milk</p> <p>Snack: Baby bel cheese, mandarin oranges, water</p>	<p>4/24</p> <p>Breakfast: Oat fruit squares, mixed berries, milk</p> <p>Lunch: Santa fe wraps, cheese stick, grapes, milk</p> <p>Snack: Cheese biscuit, milk</p>
<p>4/27</p> <p>Breakfast: Life cereal, bananas, milk</p> <p>Lunch: Tomato pasta soup, cheese stick, carrot stick, honeydew, milk</p> <p>Snack: Cheese ball, wheat thins, milk</p>	<p>4/28</p> <p>Breakfast: Oatmeal, mixed berries, milk</p> <p>Lunch: Pan fried noodles, tofu bites, broccoli, pineapple, milk</p> <p>Snack: Morning glory muffins, milk</p>	<p>4/29</p> <p>Breakfast: Egg & cheese sandwich bites, oranges, milk</p> <p>Lunch: Arroz con queso, pinto beans, sweet potatoes, watermelon, milk</p> <p>Snack: Carrots, celery, peppers, dip, milk</p>	<p>4/30</p> <p>Breakfast: Waffles, blueberries, milk</p> <p>Lunch: Tempeh sloppy joes, slider buns, roasted potatoes, cantaloupe, milk</p> <p>Snack: Smoothies, pretzels, milk</p>	<p>5/1</p> <p>Breakfast: Blueberry pancakes, applesauce, milk</p> <p>Lunch: Spinach lasagna, garden salad, pears, milk</p> <p>Snack: Trail mix, apple juice</p>

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