

## Co-op Family Center May 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5/4 <b>Breakfast:</b> “Kix cereal, banana’s, milk <b>Lunch:</b> Easier than lasagna, zucchini, cantaloupe, milk <b>Snack:</b> Peanut butter dip, pretzels, water	5/5 <b>Breakfast:</b> Breakfast burritos, oranges, milk <b>Lunch:</b> One step rice, cauliflower, watermelon, milk <b>Snack:</b> Yogurt, peaches, water	5/6 <b>Breakfast:</b> Pumpkin waffles, applesauce, milk <b>Lunch:</b> Minestrone soup, shredded cheese, honeydew, milk <b>Snack:</b> Bran muffins, milk	5/7 <b>Breakfast:</b> Banana pancakes, blueberries, milk <b>Lunch:</b> Chimichangas, sweet potatoes, pears, milk <b>Snack:</b> Cheese slices, mandarin oranges, water	5/8 <b>Breakfast:</b> French toast, mixed berries, milk <b>Lunch:</b> Chinese vegetable pasta salad, tofu bites, pineapple, milk <b>Snack:</b> Bean dip, pita chips, water
5/11 <b>Breakfast:</b> Honey bunches of O’s, bananas, milk <b>Lunch:</b> Quick bake potatoes, cheese stick, rolls, honeydew, milk <b>Snack:</b> Kale dip, wheat thins, water	5/12 <b>Breakfast:</b> Yogurt, granola, blueberries, milk <b>Lunch:</b> Multi bean soup, shredded cheese, oyster crackers, cantaloupe, milk <b>Snack:</b> Black bean hummus, homemade tortilla chips, water	5/13 <b>Breakfast:</b> Potato cheese pita, oranges, milk <b>Lunch:</b> Enchiladas, sweet potatoes, watermelon, milk <b>Snack:</b> Strawberries, grapes, kiwi, dip, milk	5/14 <b>Breakfast:</b> Pumpkin pancakes, applesauce, milk <b>Lunch:</b> Garden curried rice, tofu bites, pineapple, milk <b>Snack:</b> Pizza bites, milk	5/15 <b>Breakfast:</b> Scrambled eggs, hash browns, milk <b>Lunch:</b> Lasagna roll-ups, garden salad, pears, milk <b>Snack:</b> Zucchini bread, milk
5/18 <b>Breakfast:</b> Corn Chex, bananas, milk <b>Lunch:</b> Spaghetti, peas, corn, carrots, watermelon, milk <b>Snack:</b> Garden spread, Triscuits, water	5/19 <b>Breakfast:</b> Bagels, cream cheese, oranges, milk <b>Lunch:</b> Black bean bake, cornbread, sweet potatoes, honeydew, milk <b>Snack:</b> Pizza bites, milk	5/20 <b>Breakfast:</b> Applesauce, blueberries, milk <b>Lunch:</b> Vegetable fried rice, tofu bites, pineapple, milk <b>Snack:</b> Peanut butter banana roll-ups, milk	5/21 <b>Breakfast:</b> Cream of wheat, mixed berries, milk <b>Lunch:</b> Navy bean soup, rolls, shredded cheese, pears, milk <b>Snack:</b> Banana bread, milk	5/22 <b>Breakfast:</b> Egg & cheese sandwich bites, applesauce, milk <b>Lunch:</b> PB&J’s, cheese stick, carrots, cantaloupe, milk <b>Snack:</b> Smoothies, pretzeles, wáter
5/25 <b>CLOSED FOR HOLIDAY</b>	5/26 <b>Breakfast:</b> Life cereal, bananas, milk <b>Lunch:</b> Tomato pasta soup, carrot stick, cheese stick, honeydew, milk <b>Snack:</b> Celery, raisins, peanut butter, water	5/27 <b>Breakfast:</b> Waffles, blueberries, milk <b>Lunch:</b> Bean & cheese quesadilla, corn, watermelon, milk <b>Snack:</b> Carrots, tomatoes, bell peppers, milk	5/28 <b>Breakfast:</b> Blueberry pancakes, mixed berries, milk <b>Lunch:</b> Pan fried noodles, scrambled eggs, broccoli, pineapple, milk <b>Snack:</b> Cheese ball, breadstick, milk	5/29 <b>Breakfast:</b> Oat fruit squares, applesauce, milk <b>Lunch:</b> Pizza, garden salad, cantaloupe, milk <b>Snack:</b> Strawberry muffins, milk

**The Co-op Family Center is an equal opportunity provider**