

		September 2026 Menu			Notes about this month's menu:
					New this month: Pineapple coconut oat breakfast bars! 9/2 Center wide picnic lunch at the big park to celebrate Kim!
Monday	Tuesday	Wednesday	Thursday	Friday	
8/31	9/1	9/2	9/3	9/4	
Breakfast: "Life" cereal, bananas, milk Lunch: Easy bake rigatoni, green beans, cantaloupe, milk Snack: Cheese ball, wheat thins, milk	Breakfast: Sweet potato pancakes, applesauce, milk Lunch: Bean burritos, corn on the cob honeydew, milk Snack: Carrots, tomatoes, broccoli, dip, milk	Breakfast: Breakfast burritos, oranges milk Lunch: PB& J's, carrot stick, cheese stick, grapes, milk Snack: Bean dip, pita chips, water	Breakfast: Cream of wheat, blueberries milk Lunch: Lentil soup, shredded cheese oyster crackers, watermelon, milk Snack: Zucchini bread, milk	Breakfast: Bagels, cream cheese, mixed berries, milk Lunch: Curried vegetable rice, tofu bites, pineapple, milk Snack: Yogurt, peaches, water	
9/7	9/8	9/9	9/10	9/11	
Closed for Labor Day	Breakfast: Corn chex, bananas, milk Lunch: Tomato pasta soup, cheese stick, carrots, cantaloupe, milk Snack: Kale dip, triscuits, water	Breakfast: Egg & cheese sandwich bites applesauce, milk Lunch: Mexican rice, black beans, sweet potatoes, pineapple, milk Snack: Cheese cubes, carrots, water	Breakfast: Blueberry pancakes, mixed berries, milk Lunch: Lasagna roll-ups, salad watermelon, milk Snack: Bran muffins, milk	Breakfast: Pineapple coconut oat bars, oranges, milk Lunch: Twice baked potatoes, rolls, cottage cheese, honeydew, milk Snack: Apples, peanut butter, water	
	9/14	9/15	9/16	9/17	9/18
	Co-op Closed for Childcare (Teacher In-Service)				
9/21	9/22	9/23	9/24	9/25	
Breakfast: Kix cereal, bananas, milk Lunch: Easier than lasagna, carrots, honeydew, milk Snack: Peanut butter dip, pretzels, water	Breakfast: Egg & cheese pitas, oranges milk Lunch: Tacos with beans, corn tortillas cheese, coleslaw, watermelon, milk Snack: Cottage cheese & peaches, water	Breakfast: Banana pancakes, applesauce, milk Lunch: Multi bean soup, oyster cracker, cantaloupe, milk Snack: Power energy bites, milk	Breakfast: French toast, blueberries milk Lunch: Mexican bean & pasta bake, tortilla roll-ups, corn, pears, milk Snack: Pizza bites, milk	Breakfast: Oatmeal, mixed berries, milk Lunch: Pan fried noodles, scrambled eggs, broccoli, pineapple, milk Snack: Cheese biscuits, milk	
9/28	9/29	9/30	10/1	10/2	
Breakfast: Cheerios, bananas, milk Lunch: Quick bake potatoes, cheese stick, rolls, cantaloupe, milk Snack: Garden spread, breadstick, water	Breakfast: Strawberry squares, blueberries, milk Lunch: Mac & cheese, peas corn & carrots, watermelon, milk Snack: Peanut butter, celery, raisins, water	Breakfast: Pumpkin waffles, applesauce, milk Lunch: Black bean stew, cornbread shredded cheese, pineapple, milk Snack: Smoothies, pretzels, water	Breakfast: Scrambled eggs, hash brown, milk Lunch: One step rice, green beans pear, milk Snack: Morning glory muffins, milk	Breakfast: Potato cheese pita, oranges milk Lunch: Cheese quesadilla, pinto beans, zucchini, honeydew, milk Snack: Trail mix, apple juice	

The Co-op Family Center is an equal opportunity provider.