



Week 6 – Goodness

BibleStory: The Good Shepherd (John 10:1–18)

Main Idea: We don't do good things to make God love us—He already does! His love helps us do what's right.

Jesus' Example: Jesus always did what was good—speaking truth, standing up for others, and giving His life for us. The Holy Spirit gives us the courage to do good, even when it's hard.

Supplies needed (found in tote)

Bibles

- Bean boozled Jelly Beans
- Kids group discussion fill-in sheet
- Role-play scenario cards

Welcome and Icebreaker (5 -10 min)

ICE-BREAKER – Bean Boozled.

Call 3 volunteers (2 dependent on class size)

Give each volunteer a jelly bean *Play with the same flavour for everyone.

Explain what flavour it is, the catch is at that some of these are a delicious flavour and others are gross.

Players place jellybean in there mouth at the same time and see who got a gross one.

(You can play 2-3 rounds)

Debrief:

Although both Jelly beans looked the same on the outside, what made them good was what was inside. No matter how delicious it looks it still made the gross jellybean gross.

Today we are learning about -GOODNESS.

What is it that makes us good on the outside?

Open in Prayer (2-3 min)

Ask God to help everyone understand His goodness, and how to overflow with His goodness from our hearts.

Object Lesson – Clean vs. Dirty hands

Psalm 34:8 “Taste and see that the Lord is good.”

Galations 5:22-23

Get students to find verse in their bibles and look it up.

How is goodness different from being good?

ONE80 Facilitator: Today, we're talking about goodness and how we do good things, not to earn God's love, but because He already loves us. That Jelly been tasted really good, not because of what it looked like or smelled like but because of what was inside of it. Let me show you something to help us understand this better.

Facilitator dips his hands in goo.

Now, if I try to do good things while my hands are dirty, like sharing, helping, or being kind, do my hands get any cleaner?

{ONE80 Facilitator pretends to hand out "good deeds."}

No, they're still dirty! Doing good doesn't clean me up. But what if I wash my hands with soap and water?

{ washes hands.}

Now they're clean! And when my hands are clean, it's much easier to do good things without making a mess. Just like how my hands had to be clean first, our hearts need to be filled with God's love before we can really do good. We don't do good to make ourselves "clean"—God already loves us and makes us clean. We do good because God loves us already!

Bible Exploration – The Good Shepherd

ONE80 Facilitator: Have you ever had someone take really good care of you when you were feeling sick or needed help? Maybe a parent or a friend made sure you had everything you needed, or maybe they stayed close by so you wouldn't feel alone. It feels really nice when someone looks out for us like that, doesn't it? In today's Bible story, Jesus talks about being the Good Shepherd,

someone who cares for us and looks out for us just like a shepherd watches over his sheep. Jesus does this, not because we've earned it, but because He loves us. And because He loves us, we want to share that goodness with others.

Bible Background: In the Bible, Jesus often used everyday things like sheep and shepherds to explain deeper truths. In Jesus' time, people understood what it meant to be a shepherd. A shepherd's job was to keep the sheep safe, lead them to food, and protect them from danger. Just like sheep need a shepherd to take care of them, we need Jesus to guide and protect us. He is our Good Shepherd.

READ: John 10:1-6 (Get someone to read)

Jesus begins by explaining how sheep know the voice of their shepherd. The shepherd calls the sheep by name, and they follow him because they trust him. The sheep won't follow a stranger, because they don't recognize his voice.

Have you ever been in a crowd of people and heard your mom or dad call your name? Did you recognize their voice right away? That's how the sheep feel about their shepherd. They trust him!

READ: John 10:7-10 (Get someone to read)

Jesus then says, 'I am the gate for the sheep.' This means He is the way to safety and life. A good shepherd makes sure his sheep are protected from danger. Jesus tells us that He came so we could have life and have it to the fullest.

What do you think it means to live life to the fullest? How do you think Jesus

helps us live this kind of life?

READ: John 10:11-15 (Get someone to read)

Jesus says, 'I am the Good Shepherd.' The Good Shepherd lays down His life for the sheep. He says that hired workers, who don't really care about the sheep, will run away when danger comes, but not the Good Shepherd. He stays, protects, and even gives His life for the sheep.

What does it mean that Jesus is willing to give His life for us? How does that show His love and goodness?

READ: John 10:16-18 (Get someone to read)

Jesus says He has other sheep who are not in this sheep pen yet, but He will bring them in, and there will be one flock with one shepherd. Jesus is talking about how He calls people from all over the world to follow Him. He is the Good Shepherd for everyone!

SUMMARY: Today, we learned that Jesus is our Good Shepherd. He loves us, cares for us, and even gave His life for us. Just like a shepherd takes care of his sheep, Jesus takes care of us because we belong to Him. We don't have to do good things to make Him love us—He already does! And because He loves us so much, we want to share that goodness with others.

GOSPEL CONNECTION: Jesus, the Good Shepherd, did the greatest act of goodness by giving His life for us. He did this because we were separated from God by our sins. Jesus made a way for us to be forgiven and have a relationship with God.

When we believe in Him, we become part of His flock, and His goodness fills our lives. We don't do good to make God love us—He already loves us. Instead,

we do good because we are so grateful for what Jesus has done for us.

Group Discussion

DISCUSSION QUESTIONS: (Please hand out and encourage kids to use the printed discussion worksheets)

1. Where did you show kindness this week.
2. Where did you see God's fruit of the spirit in your life this week?
3. In the story, Jesus says He is the Good Shepherd. What are some ways a shepherd takes care of his sheep? How do you think Jesus takes care of us like that?
4. Jesus said that His sheep know His voice and follow Him. What are some ways we can follow Jesus and show His goodness to others?
5. Have you ever seen someone do something good, not because they had to, but just because they wanted to help? How did that make you feel?
6. How do we hear our shepherd's (God's) voice?

Prayer Requests: Thank you for sharing your thoughts! Now, does anyone have something they'd like us to pray for? It can be about school, family, or anything on your heart.

*Allow time for children to share- and jot down their requests. Make sure each child's request is prayed for. As a volunteer you can lead this prayer time by asking specific children to pray for specific requests, break into pairs and pray for each other or you can pray corporately- however you feel led.

Reflection Activity: (5-7 min)

Go outside or in a quiet space so children can spend some time alone.

I want you to close your eyes and to spend a few moments just thinking about God. Think about the amazing world that he made and the wonderful things that he has done for you. Think of how good and kind he has been to you.

Spend a few minutes while your eyes are closed, thanking Jesus for who He is.

Ask Him to fill you with His goodness so that He can overflow in your life.

Snack Time

Activity– Good or Fake (Role Play)

Supplies: Scenario cards

In partners or alone, Each child gets a scenario card and children get a chance to act out the scenario.

The class must decide if it's 'Good' or 'Fake'.

Debrief: Was it easy to tell what was genuine and what was fake

Memory Verse Challenge (5 min)

Psalms 34:8

"Taste and see that the Lord is good."

Wrap up and take home challenge

Challenge:

This week when you are choosing whether to do something good or not- ask yourself if this is something from your heart or are you just faking it.

Ask God to fill you with his goodness so that it overflows.