



Week 1- God Has a Plan for Me

Summary: Even before we were born, God had a plan for us! This week, we learn that Jesus knows everything and is always with us. He helps us trust Him, even when things feel scary or confusing.

Bible Story: Jesus Predicts His Death and Resurrection (Mark 8:31-38)

Lesson Main Idea: Jesus knows everything and has a plan to help us!

Bible Memory Verse: John 10:10b

Free Play (10-15 min)

ONE80 VOLUNTEERS: *Set up an inviting space for the children for their arrival. Gentle music playing, and interesting toys/stations set up for free play.*

Class Lesson and Bible Story: (In Circle) (10 min)

Pack away the toys and gather children on the mats.

Bible Story: Jesus predicts His Death (Mark 8:31-38)

ONE80 Volunteer: Friends, it's time for our Bible story! Let's all sit crisscross applesauce and put on our listening ears. (Cup hands around ears dramatically.)

Do you know that it is nearly time for Easter? Lots of people think that Easter is about Easter Bunnies (make gesture of bunny ears) or eating lots of chocolate- but Easter is about something that Jesus did for us! Something very very important. Over the next few weeks we are going to be learning about why Easter is such a special special time!

Today, we're going to hear about a time when Jesus told His friends something very important. He wanted them to know that He has a plan! Let's find out what He said!

(Hold up the picture of Jesus with His disciples.)



Jesus was sitting with His closest friends, called the disciples. They loved being with Jesus and listening to His stories. One day, Jesus looked at them with love and said, "Something very important is going to happen soon. It might feel sad for a little while, but don't worry! I have a plan."

Jesus told His friends that He was going to be hurt very badly and even die. (Pause to let children process.) But Jesus wasn't afraid because He loved His friends and us so much. He told them, "This is part of God's big plan to take away sin and help everyone be close to God forever!"

The disciples looked at each other. They didn't understand. (Make a confused face and encourage the children to do the same.) But Jesus knew everything!

(Hold up the picture of Jesus comforting His disciples.)



Jesus wanted His friends to trust Him. Even when things felt sad or scary, He told them, "God's plan is always good! I will die, but I won't stay dead. After three days, God will make me alive again!"

Can you show me your biggest happy face? (Smile big!) That's how happy Jesus' friends would be when they saw Him alive again!

Jesus' plan wasn't just for His disciples. It's for us too! Jesus wants us to remember that He is always with us and will help us every day. Even when we don't know what will happen next, Jesus knows!

PRAYER TIME:

[Take your one little hand, wave it in the air, tap, tap, tap and nod, nod, nod. Take your other little hand, wave it in the air. Tap, tap, tap and, nod, nod, nod. Put them behind your back. Lay them in your lap. Tickle your tummy. And fold your hands like this.]

Let's talk to God together. Repeat after me:

PRAYER TIME:

Let's talk to Jesus together. Repeat after me:

Dear Jesus,

Thank You for having a plan to help us.

Help us to trust You every day.

We love You.
Amen.

Memory verse

John 10:10b, "For I have come that they may have life and have it to the full."

Worship Time (songs 'liked' on YouTube) (10 min)

(Songs can be done without Youtube videos if volunteers are confident enough to sing- kids often respond very well to this)

ONE80 VOLUNTEERS:

Song #1: [Jesus Loves me](#)

Song #2: [He made the stars to shine](#)

Song #3: [One Way](#)

Snack Time (5 min)

Invite children to all sit down for snack time. Check for allergies and provide a suitable snack! Thank Jesus for the food.

Story-based Activity (5 min)

ONE80 Volunteer: Jesus knows the plan (Simon Says)

Alright, friends! We're going to play a fun game called "Simon Says," but today, it's called "Jesus Knows the Plan." I'll give you some instructions, but you should only do the action if I say, "Jesus says" first. If I don't say, "Jesus says," you stay still!

Let's practice! (Give an example: "Jesus says clap your hands" and clap along, then "Touch your nose" without saying "Jesus says." Make sure the children understand before starting.)

- Jesus says march in place.
- Jesus says raise your arms up high.
- Spin around (pause to see who follows without "Jesus says").
- Jesus says hop like a bunny.
- Jesus says pretend to pray.
- Jump up and down (pause again).
- Jesus says give a big smile!

Continue to ad lib. If the children are enjoying the activity.

Colour sheets (10 min)

ONE80 Volunteers: Craft: Please hand out colour sheets for the children to colour.to colour.



Pick Up Time:

Please only play these videos if everything else has been covered.