



Week 1- He Saw that coming!

Bible Story: Jesus Predicts His Death and Resurrection (Mark 8:31-38)

Additional Scriptures: Isaiah 53:5-6, Psalm 16:10, Mark 10:33-34

Main Idea: Jesus knows our future and promises NEW LIFE through His plan.

Gospel Connection: Just as Jesus predicted His death and resurrection to fulfill God's plan, we can trust Him to lead us into eternal life and new beginnings. His resurrection proves that He holds the power over life and death.

Welcome and Icebreaker (5 -10 min)

Toilet paper races. Using the length of a wooden table, roll three toilet rolls out so that the sheets line the length of the table, with the end being on the one side and the roll on the other. Place a figurine on each end of the toilet paper (opposite to the roll). 3 volunteers race by rolling up their toilet roll. The first volunteer to get their figurine to the roll, wins. If the paper breaks or the figurine falls over, that contestant is out.

If time permits you can choose a second set of 3 volunteers to try.

ONE80 MC:

Hello, everyone! To get us started today, I am looking for 3 volunteers who have both patience and dexterity.

This is how its going to work: Each of you will start by standing at a roll of toilet paper. When I say go you are to roll your roll of toilet paper as quickly as you can without breaking it or allowing your figurine to fall. The toilet roll needs to stay at your end of the table, and cannot be rolled towards the figurine and then pulled. Great are you ready/ GO!

Debrief:

That looked a little easier than what it was. When your toilet paper broke or the figurine fell over, did you wish that you could start over??

Today, we start our NEW LIFE series, exploring the amazing offers Jesus gives us through His resurrection. Jesus offers us something better than a do-over: a new life! Today, we'll see how Jesus knew all about His plan for a new beginning—even predicting His own death and resurrection.

Open in Prayer (2–3 min)

Ad lib. Thank God for who He is. Thank Him for sending Jesus to die on the cross so that we can have a second chance. Welcome Him into your teaching time, and ask Him to open your hearts as you read and study His word.

Object lesson: The video game

Is there anyone here who loves video games? Is there a video game that you are really great at? Being great at a video game often means that you know what is going to happen in that level so you are able to preempt it and win the level. [I'm not great at video games,](#)

but growing up I loved playing old school Mario. I wasn't really good at it but I could get through the first level without losing a single life- that was because I knew exactly where the super mushrooms were, where the secret underground pipes were, and where the pesky koopas were hiding. The only reason I knew this though, was because I played that game about a hundred times. * Please feel free to use your own story. In today's Bible reading we are going to hear how Jesus knew exactly what was going to happen in His future, and he warned His friends what was coming. This shows that Jesus was fully God, as life is not like a video game and there is no way of knowing what is going to happen next.

Bible Exploration – Jesus Knew Before It Happened

(If the group is large you may prefer to split the group and do the bible lesson in two groups)

Fastest finger first – Who can find Mark 8:31-38

Bible Story: Jesus Knew Before It Happened

ONE80 MC: Welcome to our first lesson in our NEW LIFE series. Today, we're going to explore something amazing about Jesus – how He knew exactly what was going to happen to Him, even before it did! Have you ever had a feeling that something was going to happen before it did? Maybe you knew your mom was going to make your favourite dinner or that your best friend was about to call. Well, Jesus did something even more incredible – He told His friends exactly what was going to happen to Him, including His death and resurrection, long before it occurred. Today, we're going to learn that Jesus knows our future and promises new life through His plan. Let's read from Mark's book in the New Testament. Mark was one of Jesus' followers who wrote down the things Jesus said and did so that we could learn about Him, too. This story takes place during Jesus' ministry on earth, as He was teaching His disciples about His true purpose.

READ: Mark 8:31-38

Jesus was very clear with His disciples about what was going to happen to Him. This might have been confusing or even scary for them to hear. Imagine if your best friend told you they were going to go through something really difficult – how would you feel?

Peter, one of Jesus' closest friends, didn't like what he was hearing. He probably felt worried and wanted to protect Jesus. But Jesus knew that this was all part of God's plan, even if it was hard to understand. Maybe you had to move to a new school, or someone you loved got sick. It's okay to feel confused or upset when hard things happen, but we can trust that God has a plan, just like Jesus did. Jesus was teaching His disciples (and us) something very important here. Following Him isn't always easy, but it's always worth it. When we put our trust in Jesus and His Jesus is reminding us that nothing in this world is more valuable than our relationship with Him. He offers us something priceless – eternal life and a forever friendship with God. Now, let's look at some other parts of the Bible that talk about Jesus' death and resurrection.

READ: Isaiah 53:5–6

This was written hundreds of years before Jesus was born, yet it describes exactly what would happen to Him. It shows us that God's plan for Jesus to save us was in place long before it happened.

READ: Psalm 16:10

This is another prediction of Jesus' resurrection, written long before it happened. It reminds us that God's plans are working, even if we don't understand them at first.

READ: Mark 10:33–34

Here, Jesus gives even more details about what will happen to Him. He knew exactly what was coming, but He faced it bravely because He loves us so much.

GOSPEL CONNECTION: The amazing thing about Jesus is that He chose to go through all of this – the suffering, death, and resurrection – because of His love for

us. He knew that this was the only way to save us from our sins and give us new life. We don't have to earn God's love or try to be perfect on our own. Instead, we can put our faith in Jesus, believing that what He did for us is enough. When we trust in Jesus, we receive the gift of new life – a fresh start with God that lasts forever. This Easter, as we remember Jesus' death and celebrate His resurrection, we can also celebrate the new life He offers to each one of us

Snack Time

Small Group Discussion

(Split into 2 groups- preferably boys and girls if numbers allow, and find a quiet space where you can be real) Remember to pass an object around to and give each member an opportunity to talk.

DISCUSSION QUESTIONS:

1. Have you ever had a time when you didn't understand why something difficult was happening?
2. Think about a time when you had to do something difficult but knew it was the right thing to do. Maybe you had to tell the truth even when it was hard or stand up for someone who was being bullied?
3. How did you feel when you heard that Jesus knew all the difficult things that were going to happen to Him and still chose to go through them for us?
4. What does Jesus going to the cross mean to you?

Prayer Requests:

*Allow time for children to share- and jot down their requests. Make sure each child's request is prayed for. Ask kids if there is someone they know that doesn't know about Jesus that we can pray for. As a volunteer you can lead this prayer

time by asking specific children to pray for specific requests, break into pairs and pray for each other or you can pray corporately- however you feel led.

Let's pray together.

Dear God,

Dear God, thank you for teaching us today about how Jesus knew what was going to happen and still followed Your plan because He loves us. Help us too trust You like Jesus did, even when we are scared or unsure. Please take care of all the things we talked about in our prayers today. We are thankful for Your love and the new life You give us. In Jesus' name,

Reflection Time (5min)

Ask children to find a space where they can be alone and focus on Jesus. Use the reflection sheets to spend time praying and reflecting. The facilitator will let you know when time is up.

Wrap up and take home challenge

Challenge:

Reflect on Jesus death on the cross, and think of how scary it must have been for Him- knowing exactly what was going to happen. Yet He still did it! For us!