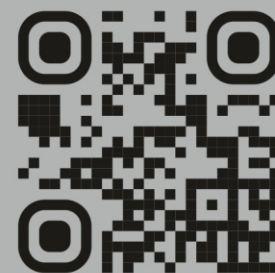


ISOLATERAL SUPER INCLINE PRESS

JPL - 102

The Isolateral Super Incline Press is designed to target and strengthen the upper chest muscles in an isolated manner. This machine features an inclined pressing angle to place greater emphasis on the upper portion of the chest allowing for balanced muscle development and addressing any strength imbalances.



Scan Here
to Access the Video

FEATURES

- ◆ **Isolateral Arm Movement:** Allows independent arm motion for balanced upper chest development.
- ◆ **Optimized Incline Angle:** Targets the upper chest effectively while minimizing shoulder strain.
- ◆ **Adjustable Seat:** Ensures proper positioning for users of different heights and builds.
- ◆ **Biomechanical Precision:** Ensures smooth motion and consistent resistance throughout the range of motion.
- ◆ **Plate-Loaded System:** Provides easy resistance customization to suit all fitness levels.

SPECIFICATIONS

DIMENSIONS:

Length: 56 inches/142 cms

Width: 64 inches/163 cms

Height: 63 inches/160 cms

Weight: 368 lbs/167 kg

Start Weight: 18.9 kg

Max Loaded: Single Side: 308 lbs/140 kg

Both Side: 616 lbs/280 kg

MUSCLE WORKED: Pectoralis Major, Anterior Deltoid, Triceps Brachii

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

