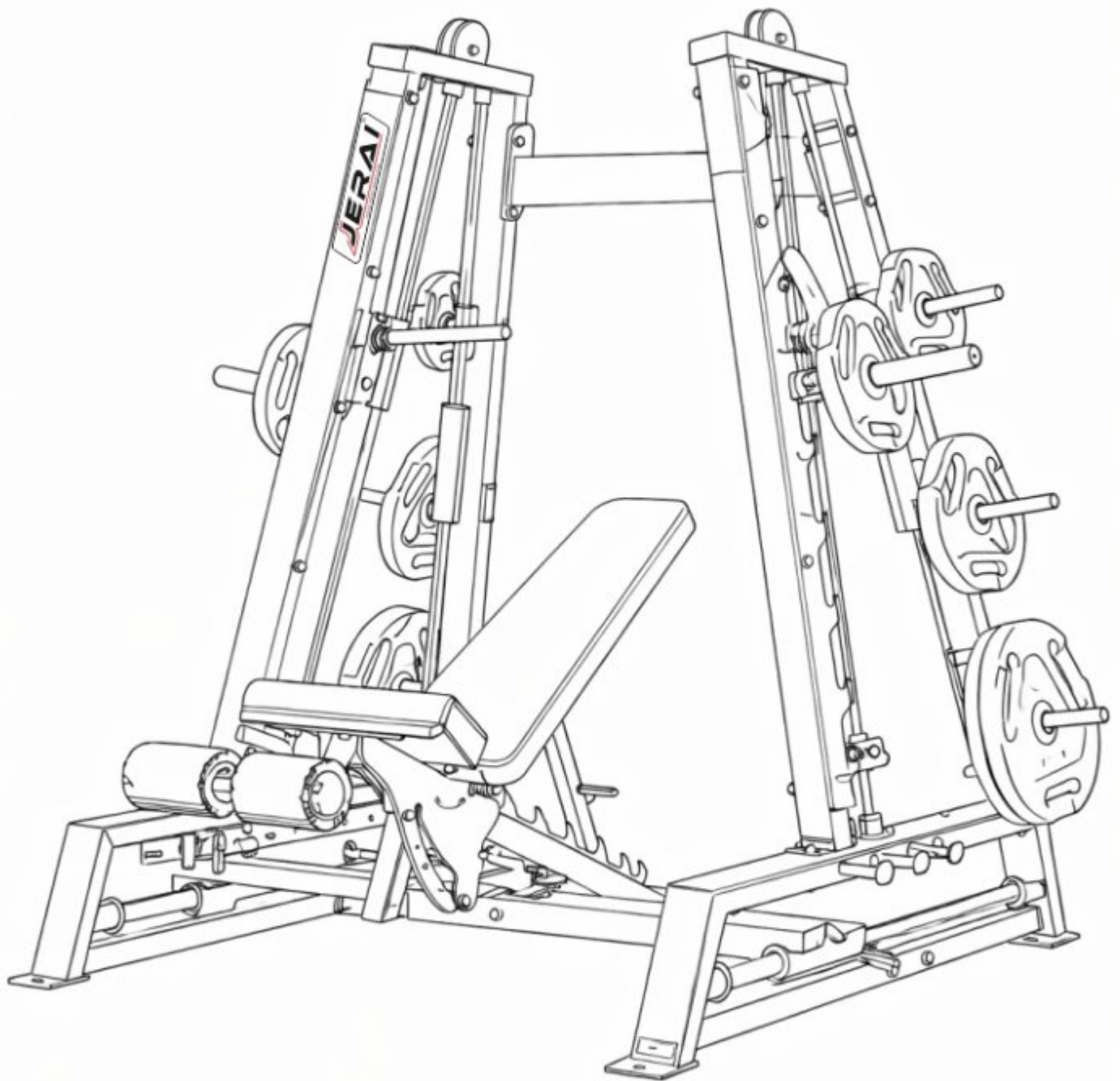


# PRODUCT CATALOGUE



**SINCE 1994**



Jerai Fitness is an Indian manufacturer with over three decades of expertise in designing and producing world-class fitness equipment. The company caters to a diverse clientele, including commercial gyms, hotels, corporate wellness centers, and real estate projects, serving both the domestic market and international markets such as Japan, the UAE, Australia, Serbia, Sweden, and more.

Through years of industry experience, Jerai Fitness has developed strong capabilities in manufacturing processes, inventory management, distribution efficiency, and customer service, enabling it to consistently deliver reliable and innovative fitness solutions. A pan-India network of 14 exclusive showrooms strengthens customer engagement, provides accessible support, and enhances brand reach.

As a pioneer in automated manufacturing, Jerai Fitness incorporates robotic welding, advanced assembly techniques, and high-precision Turkish and Japanese machinery into its production processes. This modern infrastructure ensures accuracy, durability, and compliance with international standards, while enabling the company to scale operations, meet increasing global demand, and remain competitively priced.

# LOAD-ON SERIES



**The Load On Series** redefines plate-loaded training with a focus on structure, style, and precision-built for athletes who prefer the raw feel of free-weight resistance. Ideal for high-performance centers, sports clubs, and strength zones, each unit features reinforced loading areas, precision pivot points, and guided movement paths for a powerful, efficient training experience.

 **EUROPEAN  
STANDARDS**

EN ISO 20957-1:2013,  
EN957-2:2021





ASTM F2216-17A



**ISOLATERAL CHEST PRESS** 

JPL - 101

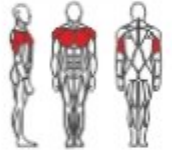
- 📏 L : 49 inches / 125 cms
- 📏 W : 58 inches / 147 cms
- 📏 H : 73 inches / 185 cms
- ⊖ Max Load : 616 lbs / 280 kg
- ⊖ Start Resistance : 53.9 lbs / 24.5 kg



**ISOLATERAL SUPER INCLINE PRESS** 

JPL - 102

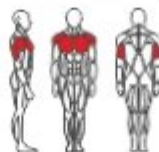
- 📏 L : 56 inches / 142 cms
- 📏 W : 64 inches / 163 cms
- 📏 H : 63 inches / 160 cms
- ⊖ Max Load : 616 lbs / 280 kg
- ⊖ Start Resistance : 41.6 lbs / 18.9 kg



**ISOLATERAL INCLINE CHEST PRESS** 

JPL - 103

- 📏 L : 56 inches / 142 cms
- 📏 W : 62 inches / 157 cms
- 📏 H : 69 inches / 176 cms
- ⊖ Max Load : 616 lbs / 280 kg
- ⊖ Start Resistance : 46.2 lbs / 21 kg



**ISOLATERAL DECLINE PRESS** 

JPL - 155

- 📏 L : 58 inches / 147 cms
- 📏 W : 56 inches / 142 cms
- 📏 H : 72 inches / 183 cms
- ⊖ Max Load : 616 lbs / 280 kg
- ⊖ Start Resistance : 46.6 lbs / 21.2 kg





**DUAL AXIS FLAT BENCH**  
JPL - 104



- 📏 L : 78 inches / 198 cms  
 W : 48 inches / 122 cms  
 H : 54 inches / 137 cms
- ⚖️ Max Load : 352 lbs / 160 kg  
 Start Resistance : 24.7 lbs / 11.2 kg



**DUAL AXIS DECLINE BENCH**  
JPL - 105



- 📏 L : 92 inches / 234 cms  
 W : 48 inches / 122 cms  
 H : 36 inches / 91 cms
- ⚖️ Max Load : 352 lbs / 160 kg  
 Start Resistance : 24.7 lbs / 11.2 kg



**DUAL AXIS INCLINE BENCH**  
JPL - 106



- 📏 L : 90 inches / 228 cms  
 W : 48 inches / 122 cms  
 H : 52 inches / 132 cms
- ⚖️ Max Load : 352 lbs / 160 kg  
 Start Resistance : 24.7 lbs / 11.2 kg



**CHEST PRESS**  
JPL - 109



- 📏 L : 62 inches / 157 cms  
 W : 72 inches / 183 cms  
 H : 70 inches / 178 cms
- ⚖️ Max Load : 616 lbs / 280 kg  
 Start Resistance : 38.3 lbs / 17.4 kg



\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately



## INCLINE CHEST

JPL - 110



- L : 64 inches / 163 cms  
 W : 82 inches / 208 cms  
 H : 70 inches / 178 cms
- Max Load : 616 lbs / 280 kg  
 Start Resistance : 35.7 lbs / 16.2 kg



## ISOLATERAL PEC DECK

JPL - 107



- L : 72 inches / 183 cms  
 W : 45 inches / 114 cms  
 H : 64 inches / 163 cms
- Max Load : 352 lbs / 160 kg  
 Start Resistance : 16.9 lbs / 7.7 kg



## ISOLATERAL INCLINE PEC FLY

JPL - 108



- L : 70 inches / 178 cms  
 W : 60 inches / 152 cms  
 H : 38 inches / 97 cms
- Max Load : 352 lbs / 160 kg  
 Start Resistance : 52.1 lbs / 23.7 kg



## REVERSE FRONT LAT PULL DOWN

JPL - 111



- L : 92 inches / 234 cms  
 W : 68 inches / 173 cms  
 H : 82 inches / 208 cms
- Max Load : 616 lbs / 280 kg  
 Start Resistance : 46.2 lbs / 21 kg





## PULLDOWN

JPL - 147



- 📏 L : 68 inches / 173 cms
- 📏 W : 60 inches / 152 cms
- 📏 H : 76 inches / 193 cms
- ⊖ Max Load : 616 lbs / 280 kg
- ⊖ Start Resistance : 73.4 lbs / 33.4 kg



## PULLOVER

JPL - 112



- 📏 L : 78 inches / 198 cms
- 📏 W : 58 inches / 147 cms
- 📏 H : 59 inches / 150 cms
- ⊖ Max Load : 616 lbs / 280 kg
- ⊖ Start Resistance : 53.4 lbs / 24.3 kg



## LOW ROW

JPL - 113



- 📏 L : 75 inches / 190 cms
- 📏 W : 60 inches / 152 cms
- 📏 H : 76 inches / 193 cms
- ⊖ Max Load : 616 lbs / 280 kg
- ⊖ Start Resistance : 41.1 lbs / 18.7 kg



## MID ROW

JPL - 114



- 📏 L : 75 inches / 191 cms
- 📏 W : 58 inches / 147 cms
- 📏 H : 58 inches / 147 cms
- ⊖ Max Load : 616 lbs / 280 kg
- ⊖ Start Resistance : 32.8 lbs / 14.9 kg





## ISOLATERAL ROW

JPL - 141



- L : 70 inches / 178 cms  
 W : 60 inches / 152 cms  
 H : 55 inches / 140 cms
- Max Load : 616 lbs / 280 kgs  
 Start Resistance : 51.9 lbs / 23.6 kgs



## LINEAR ROW

JPL - 163



- L : 75 inches / 191 cms  
 W : 70 inches / 178 cms  
 H : 44 inches / 112 cms
- Max Load : 352 lbs / 160 kgs  
 Start Resistance : 47.9 lbs / 21.7 kgs



## SEATED VERTICAL ROW

JPL - 161



- L : 62 inches / 157 cms  
 W : 36 inches / 91 cms  
 H : 48 inches / 122 cms
- Max Load : 353 lbs / 160 kgs  
 Start Resistance : 26 lbs / 11.8 kgs



## ISOLATERAL HIGH ROW

JPL - 152



- L : 64 inches / 163 cms  
 W : 60 inches / 152 cms  
 H : 78 inches / 198 cms
- Max Load : 616 lbs / 280 kgs  
 Start Resistance : 63.6 lbs / 28.9 kgs





**ISOLATERAL D.Y. ROW**  
JPL - 153



- 📏 L : 56 inches / 142 cms
- 📏 W : 60 inches / 152 cms
- 📏 H : 82 inches / 208 cms
- ⚙️ Max Load : 616 lbs / 280 kgs
- 🔧 Start Resistance : 52.8 lbs / 24 kgs



**MULTI ANGLED T-BAR**  
JPL - 115



- 📏 L : 74 inches / 188 cms
- 📏 W : 40 inches / 102 cms
- 📏 H : 28 inches / 71 cms
- ⚙️ Max Load : 132 lbs / 60 kgs
- 🔧 Start Resistance : 45.3 lbs / 20.6 kgs



**INCLINE T-BAR**  
JPL - 116



- 📏 L : 78 inches / 198 cms
- 📏 W : 40 inches / 102 cms
- 📏 H : 47 inches / 119 cms
- ⚙️ Max Load : 132 lbs / 60 kgs
- 🔧 Start Resistance : 46.4 lbs / 21.1 kgs



**COMPOUND ROW**  
JPL - 117



- 📏 L : 98 inches / 249 cms
- 📏 W : 48 inches / 122 cms
- 📏 H : 36 inches / 91 cms
- ⚙️ Max Load : 616 lbs / 280 kgs
- 🔧 Start Resistance : 51.5 lbs / 23.4 kgs

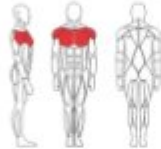




**SEATED PEC FLY /  
LATERAL RAISE COMBO.**  
JPL - 159



- ▣ L : 58 inches / 147 cms  
W : 45 inches / 114 cms  
H : 64 inches / 163 cms
- ⊙ Max Load : 353 lbs / 160 kgs  
Start Resistance : 40.5 lbs / 18.4 kgs



**SHOULDER PRESS**  
JPL - 118



- ▣ L : 64 inches / 163 cms  
W : 84 inches / 213 cms  
H : 60 inches / 152 cms
- ⊙ Max Load : 616 lbs / 280 kgs  
Start Resistance : 37.4 lbs / 17 kgs



**MULTI LINEAR BENCH**  
JPL - 164



- ▣ L : 72 inches / 183 cms  
W : 76 inches / 193 cms  
H : 76 inches / 193 cms
- ⊙ Max Load : 352 lbs / 160 kgs  
Start Resistance : 40 lbs / 18.3 kgs



**ISOLATERAL SUPER  
INCLINE SHOULDER PRESS**  
JPL - 119



- ▣ L : 65 inches / 165 cms  
W : 58 inches / 148 cms  
H : 76 inches / 193 cms
- ⊙ Max Load : 616 lbs / 280 kgs  
Start Resistance : 42 lbs / 19.1 kgs





### ISOLATERAL SEATED LATERAL RAISE

JPL - 120



- L : 56 inches / 142 cms  
 W : 45 inches / 114 cms  
 H : 56 inches / 142 cms
- Max Load : 616 lbs / 280 kgs  
 Start Resistance : 20.9 lbs / 9.5 kgs



### SHRUGS / DEADLIFT

JPL - 121



- L : 70 inches / 178 cms  
 W : 60 inches / 152 cms  
 H : 42 inches / 107 cms
- Max Load : 616 lbs / 280 kgs  
 Start Resistance : 45.3 lbs / 20.6 kgs

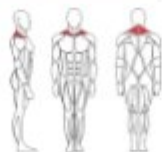


### SEATED / STANDING SHRUGS

JPL - 122



- L : 56 inches / 142 cms  
 W : 76 inches / 193 cms  
 H : 56 inches / 142 cms
- Max Load : 616 lbs / 280 kgs  
 Start Resistance : 41.3 lbs / 18.8 kgs



### ARM CURL

JPL - 123



- L : 64 inches / 163 cms  
 W : 46 inches / 117 cms  
 H : 44 inches / 112 cms
- Max Load : 88 lbs / 40 kgs  
 Start Resistance : 41.6 lbs / 18.9 kgs



\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately



**BISOLATERAL BICEP CURL**   
JPL - 124

- 📏 L : 42 inches / 107 cms  
W : 68 inches / 173 cms  
H : 52 inches / 132 cms
- 🏋️ Max Load : 352 lbs / 160 kgs  
Start Resistance : 17.8 lbs / 8.1 kgs



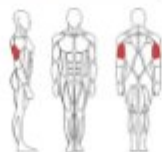
**INCLINE BICEP CURL**   
JPL - 148

- 📏 L : 46 inches / 117 cms  
W : 66 inches / 168 cms  
H : 58 inches / 147 cms
- 🏋️ Max Load : 352 lbs / 160 kgs  
Start Resistance : 16.7 lbs / 7.6 kgs



**TRICEP DIP PLATE LOADED**   
JPL - 125

- 📏 L : 68 inches / 173 cms  
W : 70 inches / 178 cms  
H : 45 inches / 114 cms
- 🏋️ Max Load : 352 lbs / 160 kgs  
Start Resistance : 18.5 lbs / 8.4 kgs



**INCLINE TRICEP EXTENSION**   
JPL - 149

- 📏 L : 46 inches / 117 cms  
W : 66 inches / 168 cms  
H : 60 inches / 152 cms
- 🏋️ Max Load : 352 lbs / 160 kgs  
Start Resistance : 18.9 lbs / 8.6 kgs



\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

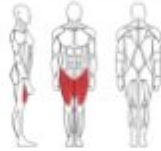


## ISOLATERAL LEG EXTENSION

JPL - 126



- 📏 L : 64 inches / 163 cms
- 📏 W : 72 inches / 183 cms
- 📏 H : 49 inches / 124 cms
- ⚙️ Max Load : 352 lbs / 160 kgs
- ⚙️ Start Resistance : 45.5 lbs / 20.7 kgs



## ISOLATERAL LEG CURL

JPL - 127



- 📏 L : 50 inches / 127 cms
- 📏 W : 55 inches / 140 cms
- 📏 H : 51 inches / 130 cms
- ⚙️ Max Load : 352 lbs / 160 kgs
- ⚙️ Start Resistance : 27.9 lbs / 12.7 kgs



## ISOLATERAL STANDING LEG CURL

JPL - 140



- 📏 L : 62 inches / 157 cms
- 📏 W : 78 inches / 198 cms
- 📏 H : 53 inches / 135 cms
- ⚙️ Max Load : 352 lbs / 160 kgs
- ⚙️ Start Resistance : 34.7 lbs / 15.8 kgs



## ISOLATERAL LEG PRESS

JPL - 145



- 📏 L : 72 inches / 183 cms
- 📏 W : 60 inches / 152 cms
- 📏 H : 64 inches / 163 cms
- ⚙️ Max Load : 616 lbs / 280 kgs
- ⚙️ Start Resistance : 80.1 lbs / 36.4 kgs





## LEG PRESS

JPL - 128



- 📏 L : 93 inches / 236 cms
- 📏 W : 56 inches / 142 cms
- 📏 H : 61 inches / 155 cms
- ⚖️ Max Load : 616 lbs / 280 kgs
- 🔧 Start Resistance : 161 lbs / 73.2 kgs



## 45° LEG PRESS

JPL - 129



- 📏 L : 92 inches / 234 cms
- 📏 W : 70 inches / 178 cms
- 📏 H : 55 inches / 140 cms
- ⚖️ Max Load : 1232 lbs / 560 kgs
- 🔧 Start Resistance : 140.8 lbs / 64 kgs

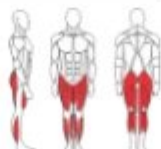


## VERTICAL LEG PRESS

JPL - 130



- 📏 L : 75 inches / 190 cms
- 📏 W : 84 inches / 213 cms
- 📏 H : 86 inches / 218 cms
- ⚖️ Max Load : 616 lbs / 280 kgs
- 🔧 Start Resistance : 136.4 lbs / 62 kgs



## LYING VERTICAL PRESS

JPL - 142



- 📏 L : 75 inches / 190 cms
- 📏 W : 82 inches / 208 cms
- 📏 H : 86 inches / 218 cms
- ⚖️ Max Load : 616 lbs / 280 kgs
- 🔧 Start Resistance : 161.3 lbs / 73.3 kgs



\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

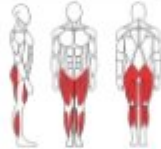


### HACK SQUAT

JPL - 131



- 📏 L : 94 inches / 239 cms  
 W : 70 inches / 178 cms  
 H : 55 inches / 140 cms
- ⚖️ Max Load : 616 lbs / 280 kgs  
 Start Resistance : 121.7 lbs / 55.3 kgs

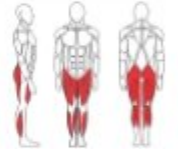


### LEG PRESS / HACK SQUAT COMBO.

JPL - 132



- 📏 L : 94 inches / 239 cms  
 W : 70 inches / 178 cms  
 H : 55 inches / 140 cms
- ⚖️ Max Load : 616 lbs / 280 kgs  
 Start Resistance : 166.8 lbs / 75.8 kgs



### POWER SQUAT

JPL - 133



- 📏 L : 78 inches / 198 cms  
 W : 66 inches / 168 cms  
 H : 66 inches / 168 cms
- ⚖️ Max Load : 616 lbs / 280 kgs  
 Start Resistance : 118.1 lbs / 53.7 kgs



### PENDULUM SQUAT

JPL - 144



- 📏 L : 92 inches / 234 cms  
 W : 58 inches / 147 cms  
 H : 64 inches / 163 cms
- ⚖️ Max Load : 616 lbs / 280 kgs  
 Start Resistance : 120.3 lbs / 54.7 kgs



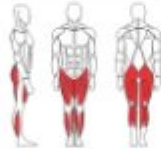


## BELT SQUAT

JPL - 146



- 📏 L : 70 inches / 178 cms  
 W : 48 inches / 122 cms  
 H : 52 inches / 132 cms
- ⚖️ Max Load : 616 lbs / 280 kgs  
 Start Resistance : 49.9 lbs / 22.7 kgs

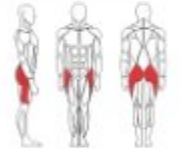


## STANDING ABDUCTOR

JPL - 156



- 📏 L : 75 inches / 190 cms  
 W : 35 inches / 89 cms  
 H : 51 inches / 130 cms
- ⚖️ Max Load : 528 lbs / 240 kgs  
 Start Resistance : 33.4 lbs / 15.2 kgs



## ABDUCTION

JPL - 166



- 📏 L : 72 inches / 183 cms  
 W : 52 inches / 132 cms  
 H : 59 inches / 150 cms
- ⚖️ Max Load : 440 lbs / 200 kgs  
 Start Resistance : 31.7 lbs / 14.4 kgs



## HIP THRUST

JPL - 143



- 📏 L : 70 inches / 178 cms  
 W : 56 inches / 142 cms  
 H : 50 inches / 127 cms
- ⚖️ Max Load : 308 lbs / 140 kgs  
 Start Resistance : 60.7 lbs / 27.6 kgs



\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately



## HIP THRUST PLATE LOADED

JPL - 160



- ☑ L : 72 inches / 183 cms
- ☑ W : 55 inches / 140 cms
- ☑ H : 41 inches / 104 cms
- ⊕ Max Load : 353 lbs / 160 kgs
- Start Resistance : 79.2 lbs / 36 kgs

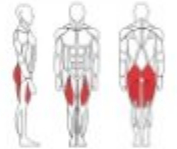


## STANDING HIP THRUST

JPL - 157



- ☑ L : 65 inches / 165 cms
- ☑ W : 38 inches / 97 cms
- ☑ H : 56 inches / 142 cms
- ⊕ Max Load : 353 lbs / 160 kgs
- Start Resistance : 27.1 lbs / 12.3 kgs



## STANDING CALF

JPL - 150



- ☑ L : 38 inches / 97 cms
- ☑ W : 54 inches / 137 cms
- ☑ H : 70 inches / 178 cms
- ⊕ Max Load : 704 lbs / 320 kgs
- Start Resistance : 60.7 lbs / 27.6 kgs



## SEATED CALF

JPL - 134



- ☑ L : 58 inches / 147 cms
- ☑ W : 36 inches / 91 cms
- ☑ H : 39 inches / 99 cms
- ⊕ Max Load : 88 lbs / 40 kgs
- Start Resistance : 43.6 lbs / 19.8 kgs





### SEATED CALF PRESS

JPL - 154



- ☑ L : 40 inches / 102 cms
- ☑ W : 70 inches / 178 cms
- ☑ H : 42 inches / 107 cms
- ⊕ Max Load : 616 lbs / 280 kgs
- Start Resistance : 92.8 lbs / 42.2 kgs



### ANGLED CALF

JPL - 135



- ☑ L : 66 inches / 168 cms
- ☑ W : 42 inches / 107 cms
- ☑ H : 48 inches / 122 cms
- ⊕ Max Load : 352 lbs / 160 kgs
- Start Resistance : 53.9 lbs / 24.5 kgs



### TIBIA TRAINER

JPL - 136



- ☑ L : 40 inches / 102 cms
- ☑ W : 15 inches / 38 cms
- ☑ H : 14 inches / 36 cms
- ⊕ Max Load : 110 lbs / 50 kgs
- Start Resistance : 29.3 lbs / 13.3 kgs



### SEATED TIBIA TRAINER

JPL - 151



- ☑ L : 36 inches / 91 cms
- ☑ W : 48 inches / 122 cms
- ☑ H : 42 inches / 107 cms
- ⊕ Max Load : 352 lbs / 160 kgs
- Start Resistance : 35.2 lbs / 16 kgs



\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately



### ABDOMINAL OBLIQUE CRUNCH

JPL - 162



- L : 58 inches / 147 cms  
 W : 40 inches / 102 cms  
 H : 64 inches / 163 cms
- Max Load : 309 lbs / 140 kgs  
 Start Resistance : 16.7 lbs / 7.6 kgs



### SMITH MACHINE COUNTER BALANCED

JPL - 137



- L : 56 inches / 142 cms  
 W : 86 inches / 218 cms  
 H : 90 inches / 229 cms
- Max Load : 616 lbs / 280 kgs



### SMITH / SQUAT RACK COMBO.

JPL - 158



- L : 65 inches / 165 cms  
 W : 86 inches / 218 cms  
 H : 90 inches / 229 cms
- Max Load : 616 lbs / 280 kgs



MADE IN INDIA

\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately

# FRAME



# UPHOLSTERY



# **JERAI<sup>®</sup>** **FITNESS LTD.**

A PIONEER IN FITNESS EQUIPMENT MANUFACTURING.



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Factory: Survey 215, Plot No. 08, 09, 13, 14, 18, 19, 22, and 23 of Survey No. 216 (P), Survey 217, Survey 218 (P), Unit No. 3A, 05, and 06 of Survey 219, Village Ghonsai, Wada, Palghar - 421 303, Maharashtra, INDIA.

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