

Follow the links below to see how the listed organization or program might be able to help Reviewed Weekly for Integrity

### 211 Indiana

Available 24/7. Dial 2-1-1 to connect with a navigator. A free and confidential service that helps Hoosiers find a wide variety of local resources they need including Food, Shelter and Housing, Financial, Criminal Justice and Legal, Health Care, Transportation, and many more

### **Dental Clinics**

### **Indiana University School of Dentistry**

Quality dental care at an affordable cost while you help prepare the dental professionals of the future.

#### Emergency Shelters

Use this link to enter your zip code and click on the 'Search' button to bring up a list of shelters closest to where you are.

### **Food Pantries**

#### **Marion County**

Listing includes food pantries as well as information on soup kitchens, food banks and other food help.

#### **One More Neighborhood Market**

The One More Neighborhood Market provides fresh food, pantry staples and household essentials. The market is located at Church at the Crossing, 9111 Haverstick Rd, Indianapolis 46240. (Use the link and scroll down to the 'Neighborhood Market' section to see the upcoming market dates and times.)

## Health Clinics in Indiana - Free and Income-Based

Clinics on this list range from government-subsidized programs to non-profits and faith-based providers. These organizations offer a variety of medical services, from routine checkups to specialized care.

### Homeowners Refinance Assistance - Marion County - Indy Affordable Modification Program (IndyAMP)

This program allows Marion County homeowners who have been negatively affected by COVID-19 to refinance mortgage debt at a below-market interest rate for up to 30-years. IndyAMP allows owners to remain in their homes, become current with their mortgages and lower their monthly payment.

## Indiana Department of Correction Community Corrections - Re-Entry & Transitional Services

Community Corrections is a community-based supervision agency used for the primary purpose of providing sentencing alternatives for felony offenders in lieu of incarceration. In addition to diversion, Community Corrections serves an important role in rehabilitation through transitional programming and as an intermediate sanction for Parole, Probation, Courts, and other community-based supervision or programs.

Community Corrections serves 3 critical roles in the criminal justice system: Sentence Alternative, Intermediate Sanction and Re-Entry & Transitional Services



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Interview & Work-Professional Clothing - Find OR Donate Work-Professional Clothing

## Dress for Success (DfS) - for Women

<u>Style for Success Program</u> – provides women with clothing for a job interview or new job. It doesn't matter if you are unemployed, underemployed, or changing jobs – if you need help with clothing, DfS can help! You may self-refer by following the link above and filling out the Intake Form(s); or you may go through Passport to Employment to be referred by contacting Co-Director Mike Johnson at mike@coachfortomorrow.com.

Clothing Donations - DfS also accepts women's business clothing donations. Use the link to see types of donations accepted.

### Fathers & Families Center (FFC) – for Men

Fathers & Families Center provides dads work-professional clothing for job interviews or new job.

<u>Clothing Donations</u> - help a father take the next step with confidence. FFC accepts new or gently used suits, dress shirts, ties, and sports jackets. Use the link, scroll down to the 'Donate a Suite' section and download the Suits Donation Guidelines to see types of donations accepted.

### Julian Center - for Women and Men

<u>Julian Center</u> – offers a Career Workshop where clients receive clothing for job interviews, resume and cover letter writing assistance, assistance with applying for careers and interview preparation. Julian Center clients may shop at Thrifty Threads free-of-charge for items needed.

<u>Clothing Donations - Thrifty Threads</u> – accepts donations of gently used clothing for men and women. Use the link to see types of donations accepted.

### **INvets**

"INvets, founded by veterans for veterans, aids in transitioning to civilian life, focusing on job placement and finding the right community for veterans and their families to ensure their success and happiness."



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### Legal Assistance

## Free Legal Clinic by Indy Pro Bono

One More Non-Profit hosts quarterly sessions of free legal advice courtesy of Indy Pro Bono regarding expungement questions, landlord-tenant issues, immigration concerns, or other questions. The clinic is in The Haverstick (located behind the church) at Church at the Crossing, 9111 Haverstick Rd, Indianapolis 46240. (Use the link and scroll down to the 'Free Legal Clinics' section to see the next clinic date and time, then click on the 'Learn More' button for more information.)

### Indiana Legal Help (ILH)

ILH is a hub for self-help resources and information. A place to get 24/7 access to hundreds of plain language forms, videos, and guides. ILH helps Hoosiers connect with free and low-cost legal aid for non-criminal issues including family law, housing, and healthcare.

## **Indiana Legal Services (ILS)**

ILS is a non-profit law firm that provides free civil legal assistance to eligible low-income residents throughout the state of Indiana. Areas where ILS can help include housing, consumer advocacy, education, families & children, seniors, health, public benefits, taxes, immigration, veterans.

### **Indianapolis Bar Association**

<u>Virtual Ask A Lawyer</u> and <u>Free Wills Clinic</u> – free legal advice <u>Indy Lawyer Finder</u> – help to find the right lawyer

## **Indianapolis Legal Aid Society**

Deals with issues such as guardianship, paternity, visitation, support, custody, adoption, and divorce. Qualification for services is income-based.

### **Neighborhood Christian Legal Clinic**

Free legal services to those who cannot afford them. Their goal is to free their clients from the legal burdens that have kept them from flourishing. The Clinic has offices in Indianapolis and Fort Wayne, but they also provide services statewide.

## Mental Health - Key

A mental health consumer-run organization – an organization of people in recovery. Empowers others to find their mental and physical health, unlock their full potential, and embrace recovery with hope, dignity and courage.



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## **Support & Counseling Resources**

## Bryan Wright, Individual and Family Counselor (P2E Staff)

Individual and Family Counselor, working individually with those who have personal issues or struggles Email: bryanwright2975@att.net OR Text: 317-987-2645

#### 988 Suicide and Crisis Lifeline

- Text or call 988 to be connected with mental health professionals with the 988 Suicide and Crisis Lifeline
- Specifically for Veterans:
  - When calling, press "1" after dialing 988 to connect directly to the Veterans Crisis Lifeline which serves our nation's Veterans, service members, National Guard and Reserve members, and those who support them.
  - When texting, use the Veterans Crisis Lifeline short code: 838255

## **Additional Support**

The link in the section heading above provides contact information for additional counseling resources and other types of support you may need to help you through a difficult time.