

# Who We Are

Since 1948, Journey Mental Health Center has offered a path to health, wellness, and recovery.

As the largest non-profit behavioral health provider in Dane County, Journey provides services to those who are living with mental health and substance use challenges.

At Journey, our consumers create their path to recovery while building healthy, meaningful, and productive lives.

## Our Mission

Empower people by providing connections, support, and services that meet diverse needs and strengthen the communities we serve.



# How to Reach Us

**Get Help:** (608) 280-2720

**Service Directory:** (608) 280-2700

**Legal Diversion Services:**

(608) 280-2630

**24-hour Crisis Line:** (608) 280-2600

## Mailing Address:

Journey Mental Health Center  
25 Kessel Court, Suite 105  
Madison, WI 53711

## Stay Connected:

[journeymhc.org](http://journeymhc.org)



## Support Journey:



# Journey Mental Health Center



# Emergency Services

Our experienced and compassionate staff of clinicians and peer support specialists are ready to support you during times of crisis.

Services may include:

- 24-hour Crisis Line
- Crisis Services Including Referrals & Linkage
- Survivors of Suicide (SOS) Support Group
- Short-Term Case Management
- Mobile Crisis Response
- Co-Response Team of Crisis Workers & First Responders
- Peer Support

# Clinic-Based Services

Journey offers a range of evidence-based behavioral health services across the lifespan. Most services are provided in our offices and via telehealth.

Services may include:

- Adult Behavioral Health Services
- Child and Family Services
- Culturally-Specific Programs
- Family Preservation Program
- Legal Diversion Services
- Behavioral Health Services in Schools
- Medication-Assisted Treatment (MAT)

# Community Services

Journey's community services help people with mental health and substance use concerns live, work, and thrive in their communities.

Services may include:

- Comprehensive Community Services (CCS)
- Community Support Programs (CSPs)
- First Episode Psychosis
- Medication Management
- Wraparound Case Management
- Counseling & Skill Building
- Connections to Resources
- Education and Job Services
- Clubhouse Model - Yahara House

# Prescribing Services

Journey's team of prescribers and care coordinators work together to support our consumers. Our on-site pharmacy provides fast, seamless service.

We believe recovery is possible, and medication management is a useful tool for recovery.

