

Our Programs

We offer a variety of programs that are evidence-based and culturally specific. Whatever the need, we are sharing the path from hope to recovery with individualized care.

Services Provided

- Adult Behavioral Health Services
- Youth Services
- Clinica Latina - Culturally Specific
- Ujima - Culturally Specific
- Family Preservation Program (FPP)
- Legal Diversion Services - Clinical Assessment Unit (CAU)
- Legal Diversion Services - OWI Treatment Court



Contact Us



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Madison, WI 53711



journeymhc.org



Connect With Us!



Clinic-Based Services



Adult Behavioral Health Services

A variety of mental health and substance use services for individuals 18 years and older performed by an in-training or licensed clinician.

- Assessment for Mental Health and/or Substance Use
- Therapy for Mental Health and/or Substance Use
- Group Therapy
- Peer Support Services
- Case Management
- Prescriber Services
- CCS Services

Youth Services

Child and family mental health services for children ages 2 years and older performed by an in-training or licensed clinician.

- Individual Mental Health Assessment for Children
- Therapy for Children
- Case Management
- Prescriber Services
- CCS Services

Culturally-Specific Programs

Clinica Latina:

Clinica Latina provides mental health and substance use disorder services to Spanish speaking individuals by professional bilingual and bicultural clinicians.

Our Spanish speaking therapists recognize and respect the beliefs, perspectives, and values of our consumers from a particular race and ethnicity.

Ujima:

Ujima is a culturally specific program dedicated to promoting the quality of life and self-identity of individuals and/or families who identify as Black, indigenous, or persons of color.

The mission of Ujima is to provide services for mental health, trauma, and other contributing life stressors. Ujima provides a wide array of services to meet consumers' needs.

Family Preservation Program (FPP)

The Family Preservation Program (FPP) is a short-term, intensive, in-home service designed to keep families with children ages 0-12 years together safely, and reduce the need for out-of-home placements.

This is done by providing intensive, skill-based services to families who are working with Dane County Child Protective Services (DCCPS) and are at risk of their children being removed from the home.

Legal Diversion Services

Clinical Assessment Unit:

Providing assessments for those who have been charged or convicted of an Operating While Intoxicated (OWI) offense.

OWI Treatment Court:

Providing screenings, assessments, referrals, and treatment for those in the Operating While Intoxicated (OWI) Treatment Court jail diversion program.