



**Your community.**

**You want to take part.**





You are part of a community.

Each person has the right to take part.



We all have the right to

- say what we think
- listen to other peoples ideas.

You hear new ideas.

You may choose to do new things.



You have the right to

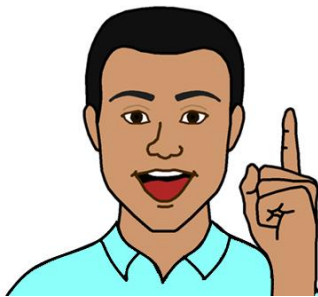
- meet friends
- be part of a group.

**But**



It can be hard. You may feel left out.

You may **not** feel part of your community.



We have some ideas for you.

It may help you take part.



You can join a group.



You can learn new things.



You can tell people what you think.



You can do more things. Like have a job.



## You join a group



There are different groups you can join.

You may want to be part of a team.

Like you play netball.



You can have fun with a group. Like

- go to a disco
- go to the movies.



You may join a disability group. You can

- learn about your rights.
- share ideas.



You may join a peer group. You may have

- the same ideas
- the same needs. You help each other.



You may want to join a group. You are **not** sure.



You can try different groups. You think about

- do you have fun
- do you like the people
- do you want go to this group?



You like a group. You choose to join.

Or



You do **not** want to join.

That is OK. You can try a different group.





You can get help to join a group.

Like a friend comes with you.



You may need help to join in.

Like you use sign language.

You want a person to sign with you.



You can tell the group what you need.

Like there are stairs. You need a ramp.



## You learn new things



You can learn about things you like. It may be

- how to cook
- how to paint.



You can learn new skills. Like

- how to do a talk
- how to be part of a group
- how to have your say.

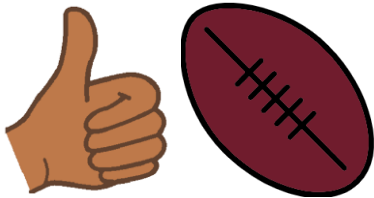


You may want to study at

- TAFE
- your community centre.



## You say what you think



You can share your ideas. Like

- why you like football
- where you go for a holiday.



You can tell your story. You may talk about

- your life
- things you know about. Like you are a parent.



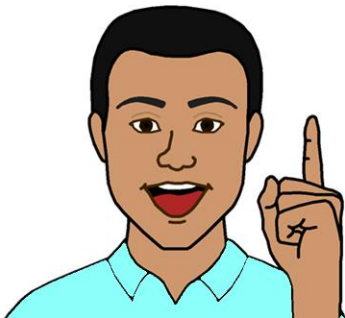
You can help make things better.

It is for people with disabilities.



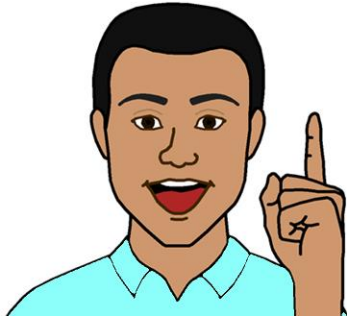
You say what you think about

- new laws
- government plans.



You can tell the government your ideas.

Like how they can make the NDIS better.



## More ideas for you



You may want to have a job. Like in a cafe.



You may want to help other people.

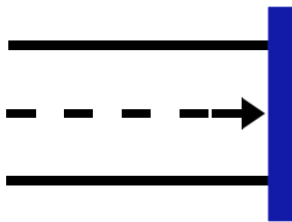
Like you work in a garden. You like the work.

You do **not** get paid. You are a volunteer.

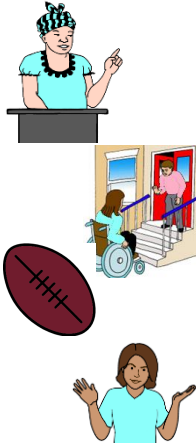


You may like to talk to people online.

Like Facebook. You may use your phone.



This is the end of the fact sheet.



## Images

We can use images from

- CHANGE [changepeople.org](http://changepeople.org)
- Inspired Services
- Picto-Selector
- The Noun Project
- Tobii-Dynavox.

We can use the logos in this fact sheet.



This fact sheet is based on Importance of  
Inclusion.

Developed by Aruma Human Rights Team. June  
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Access Easy English wrote the Easy English.  
August 2024.