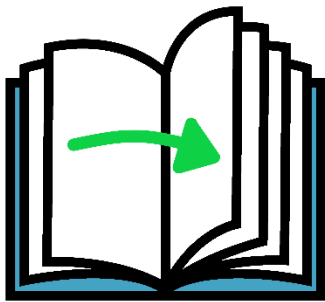




Make a salad.

Chicken and fruit.

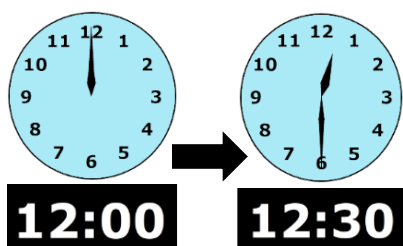


Turn the page



It is hot. You do **not** want to cook.

You can make a salad.



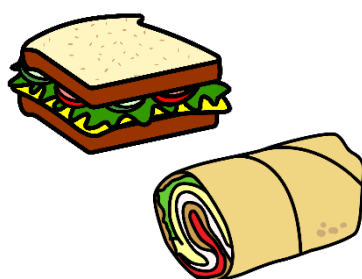
It takes about 30 minutes to make.

Like you start at 12 noon. It is ready at 12.30.



You can eat it on a plate.

Or

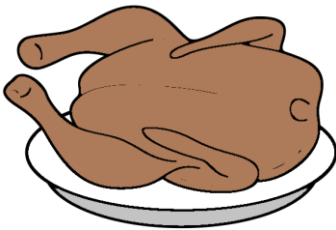


It can go in a sandwich. It can go in a wrap.



What do you need?

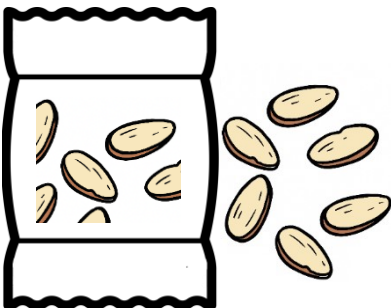
Food for 2 people.



You will need

- some chicken. It is cooked.

Like a BBQ chicken.

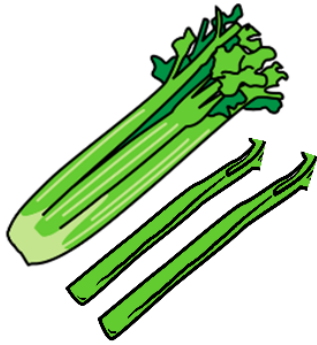


- 1 small bag of almonds.

You need them sliced. You need them toasted.

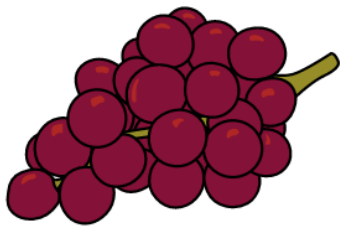
Look for the words on the packet.

And



You will need

- some celery. Like 2 long sticks of celery.



- Some red grapes. They have no seeds.



- 1 big orange

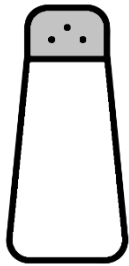


- onion. You will need half an onion.



You will need

- mayo

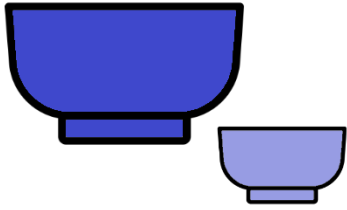


- salt.



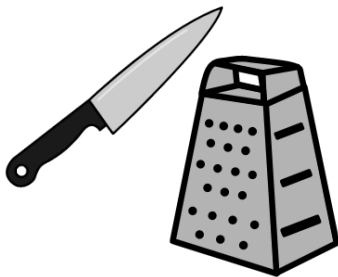
You may want 1 lettuce.

And



You will need a

- big bowl
- small bowl



- a knife
- a grater.

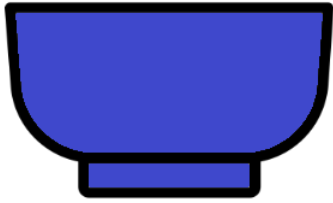


You will need

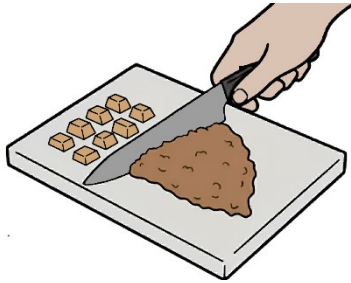
- a cup



- a big spoon. Like a mixing spoon
- a small spoon.

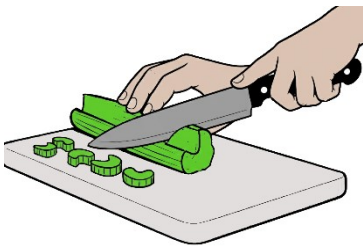


Make the salad

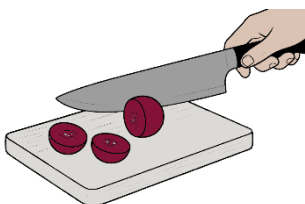


Cut the chicken. You need small bits.

You need 2 cups of chicken.

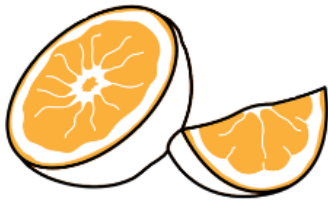


Cut the celery sticks. You need 1 cup of celery.

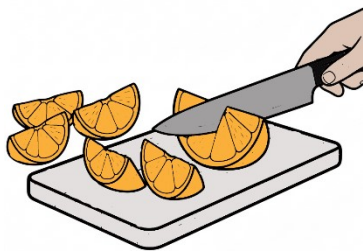


Cut each grape in 2.

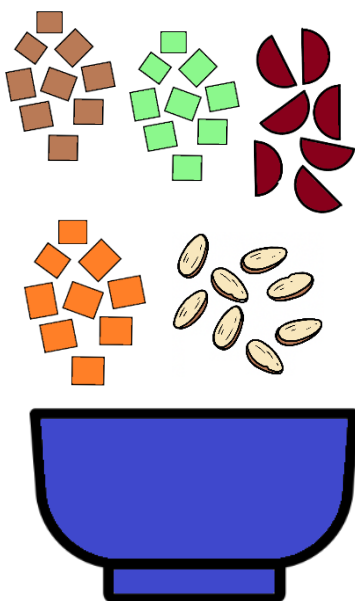
You need 1 cup of grapes.



Take the skin off the orange.



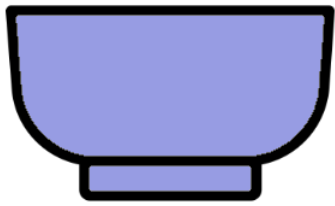
Cut the orange. You need small bits.



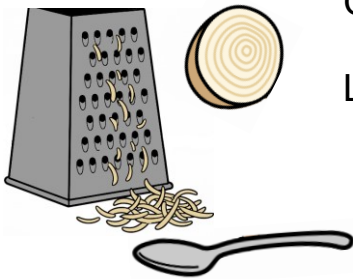
Get the big bowl. Put in the

- cut chicken
- cut celery
- cut grapes
- cut orange.

Put in the almonds.

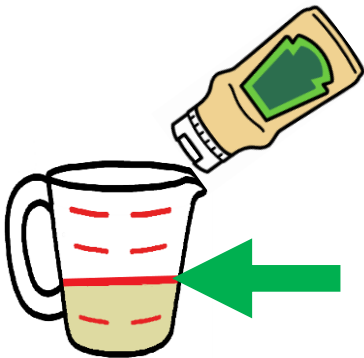


Make the salad dressing



Grate some of the onion. You need a little bit.

Like to fit on a small spoon.



Get half a cup of mayo.

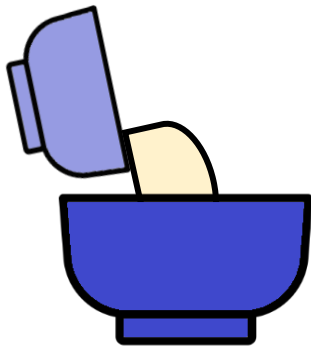


Get your small bowl. Put in the

- mayo
- onion.



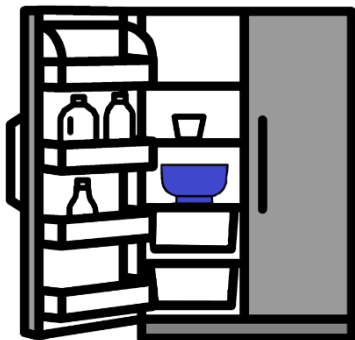
Put in 2 shakes of salt. Mix it.



Pour your dressing into the big bowl.



Mix it with the salad.



You can wait to eat it. Put it in the fridge.



You are ready to eat



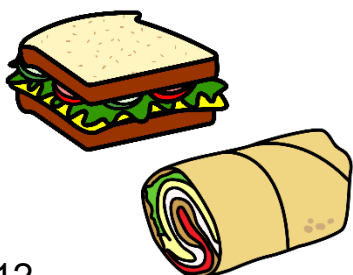
Wash the lettuce leaves. Dry the leaves.



Put the lettuce on your plate.

Spoon your salad on to the lettuce.

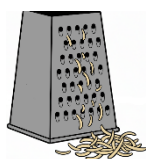
Or



Make a sandwich. Make a wrap.

Images

We can use images from



- Gemini
- Noun Project
- Picto Selector
- Tobii Dynavox.



The photo is from the recipe on
www.copykat.com

CopyKat
Recipes

This fact sheet is based on information from
www.copykat.com. Fruity Chicken Salad Recipe.
November 2023.



Access Easy English wrote the Easy English.
October 2025.