

# RANGER LAKE BIBLE CAMP MISSIONARY MANUAL

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## **Welcome to the Ranger Lake Bible Camp team!**

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It happens at least a few times every summer: I'm in church on Sunday morning when I get the dreaded text: "I'm sick and can't work at camp this week. Sorry." And so it begins—ducking out of the service, making calls, rearranging the team, and firing off messages, all while wondering where on earth we'll find a replacement before camp starts that afternoon. If I'm not careful, worry creeps in, quickly followed by doubt: Where did I go wrong? Please, God, make this stop!

In situations like these, Ranger Scott reminds me with his favorite rhetorical question: **"Hey, remember that year that God wasn't faithful?"**

It's a vital reminder that God takes care of us, but His faithfulness often looks different than we expect. God doesn't skimp, nor does He simply give us what we want. Instead, He provides in ways that are far beyond our comprehension:

*"To him who is able to do above and beyond all that we ask or think according to the power that works in us..." Ephesians 3:20*

In all my years at Ranger, we've never had to send campers home because we lacked cabin leaders, funding, food, or lodging. Each week, God provides—not based on our requests or our limited resources, but according to His riches in glory. This usually means I don't get exactly what I asked for; instead, I get God's solution, which is always **"immeasurably more."**

Case in point: Last year, we prayed fervently for an assistant cook for months. At the eleventh hour, the person who applied turned out to be my good friend and former Ranger team member, Daryl. God gave **immeasurably more** than I could have ever imagined.

God is going to do **immeasurably more** this summer, and you are a part of that work. I'm excited to share, pray, and minister alongside you. Welcome to the Ranger team—I can't wait to see how God will provide!

See you soon,

A handwritten signature in black ink, appearing to be 'Greg Benson', with a long horizontal line extending to the right.

Greg Benson  
Executive Director

## **OVERVIEW OF RANGER LAKE BIBLE CAMP**

Ranger Lake Bible Camp is owned and operated by One Hope Canada. One Hope Canada is an interdenominational ministry which owns and operates over 40 camps nationwide.

### **Mission Statement**

One Hope Canada's mission is:

We present the Gospel, particularly to those having the least opportunity to hear of Christ and especially to children and youth, and we disciple believers for living and serving through His Church.

Therefore, under the direction of One Hope Canada, **Ranger Lake Bible Camp exists to joyously honour God through evangelism and discipleship by meeting the needs of its campers in a challenging, yet safe, natural environment.**

### **History**

Prior to the development of a camp, our property was used at one time as a resort, as well as a Ranger Station. Ranger was founded in 1952 with desire to proclaim the gospel of Jesus Christ more clearly to more people. There has always been a genuine desire to impact the surrounding communities and to work alongside our local churches. Our primary focus continues to be on the children and youth of Saskatoon, the Battlefords, Rosetown and surrounding areas.

### **Location**

Ranger Lake Bible Camp is located in the centre of Lizard Lake Community Pasture. We are situated on over 400 acres, which includes our own private lake. We are approximately 50 km northeast of Biggar, SK, or 70 km south of the Battlefords; or 115 km northwest of Saskatoon.

### **Associations**

- Owned and operated by One Hope Canada
- Accredited member of Saskatchewan Camps Association (SCA)
- Member of Christian Camping International (CCI)

### **Finances**

Ranger Lake Bible Camp is a non-profit organization that relies on camper fees and individual donors to operate its facilities and programs. Camp fees and other income only covers about 50% of what it costs to operate our camp, and so our donors are greatly appreciated! Donations are receipted for tax purposes to both individuals and corporations who support this ministry. Ranger also relies on their missionaries to raise some financial support toward their own salaries.

### **Doctrinal Statement**

One Hope Canada's [Statement of Affirmation](#) outlines our key doctrines, with which all team members must agree.

### **Core Values**

1. *Honour God* - Through our words, thoughts, and actions we want God to be glorified
2. *Prayer* – We totally depend on God and trust in His sovereignty
3. *Responsible Evangelism* – We strive to communicate the truth of God's salvation message

with truth in love

4. *Growing Christians (Discipleship)* – We strive to develop fully devoted followers of Jesus Christ, capable and intentional in reproducing fully devoted followers of Jesus Christ.

5. *Respectful Community* – Jesus accepts us as we are, but refuses to let us stay the same! We endeavour to live likewise.

6. *Fun* - We want our camp's atmosphere and activities to leave a smile on everyone's faces

7. *Stewardship* - God has entrusted this camp and all campers into our care; we will be responsible to take good care of all that is in our charge.

### **Three Team Standards**

We want to give our campers the best week of their summer! It's a tall order, but we know that you, along with our whole team, will make it happen. We challenge our team members to excel in three different areas:

1. *Positive Role Model* - Set the tone by leading a good example - in speech, thought and action. (1Corinthians 1:11)

2. *Excellence* - Our campers are our guests; in serving them we strive for the best in our programming, facilities, and work ethic. (Col. 3:23)

3. *Attitude* - "Your attitude should be that of Christ Jesus" (Phil 2:5) "For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many." (Mk 10:45) A positive, humble, servant heart will produce the best attitude in ourselves!

## **OUR TEAM**

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Ranger Lake's Board of Directors set policies and makes decisions regarding the operation and vision of the camp. The Board is made up of up to nine elected voting members (chairman, vice chairman, treasurer, secretary, and five members at large). Non-voting members include the Executive Director.

**Year-round Missionaries:** Executive Director - Greg Benson, Site Manager - Bob Wiebe, Camp Director - Doug Barr, Office Administrator - Shari Wyatt, Associate Director - Scott Hildebrandt, Kitchen Manager - Matt Andres

**Camp Directors** are the Executive and Camp Directors. If you require clarity on any camp matter, permission for things such as days off, or have any questions at all, please ask one of them!

## **CAMPERS & CAMPS**

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### **Demographics**

Each week we have approximately 90-120 campers on our main campsite, or "**Base Camp**". We estimate an average 60% of our campers come from non-churchgoing families. About 50% of our campers come from Saskatoon and the Battlefords, and the rest come from small town Saskatchewan. They are divided into cabin groups according to sex, age, and groups of friends. Fanatic options are extended activity sessions for base campers in our teen camps. Around 10% of our campers receive full or partial financial sponsorship from a church, social services, or through our own sponsorship program.

**DIRT and Scope Camps** are our off-site paintball camps for teen boys, and co-ed campers, respectively, which have around 20 campers a week. During the week, campers from these camps have little interaction with other campers.

**Wild Camps** are small camps focused on the outdoors. Northbound are off-site canoe trips we host near Missinipe, SK, and is for teen campers. Survival Camp teaches essential outdoor skills to young teens in the Ranger Lake backcountry.

**TACK Camp** is our horsemanship camp for girls aged 13-16 which brings adventure, challenge, and knowledge, with plenty of saddle time. Campers learn about equine care and proper riding technique, and even get to go on an overnight trail ride!

**Work Crew** campers commit to our leadership development program in 2 week time slots and are ages 14 and up. They perform many janitorial and camp maintenance duties as well as participate in Bible studies, group discussions, service projects, and other fun activities. We can accommodate 16 per session. Work Crew Pro is aimed at developing Work Crew alumni.

\*A full list of camp weeks is available [on our website](#).

*Please make every effort to learn the names of all your campers before your first meal with them is over.* Each camper is important and we want him or her to know that they are cared for; this starts with knowing his or her name.

## **Discipline**

As a camper learns to relate to the people around them they are inclined to feel out the restrictions and boundaries placed on them. Many campers come to camp and live outside the boundaries they are used to from home or school. These boundaries may be very loose, very restrictive, or anywhere in between, depending on the camper. Some will always push the boundaries to see if they will be enforced. Discipline is a means of enforcing boundaries, both for the smooth operation of the camp, maturity of the camper, as well as for the security of all. **In order for someone to respond positively to discipline, they must know that we love them more than our rules.**

The form of discipline used must also be appropriate. It is never appropriate to use physical discipline at Ranger Lake. It is not appropriate to discipline if you are angry. Therefore, if you are angry or ill tempered with a given situation, handle the immediate situation and enforce the discipline after you are in control of your emotions. Communication is key; camp directors must be immediately notified of any campers who repeatedly disobey. All volunteers must leave discipline to summer directors, senior cabin leaders, and camp directors.

## **SCHEDULE**

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### **Check-In Day**

It is essential to be at the camp shortly after 2:30 pm so that you can get settled into your cabin and be on time for a 3 pm team meeting in the chapel where we will refocus, go over the game plan for the week, introduce new team members, and pray. We will break from this meeting at 3:30 pm and make the final preparations for starting camper check-in at 4 pm. Cabin Leaders must be in their cabins with both feet on the floor, ready to greet their campers and parents. Supper will be served at 6 pm followed by the regular evening schedule. **You must wear your team shirt and your name tag** on this day (provided at missionary training or your first day of camp), so have it clean and ready to wear. Keep it in good shape for the summer (don't make any modifications to it), this is your check-in day uniform!

### **Closing Day**

On closing day we run the regular daily schedule until we have an early supper. Parents start arriving at 5:45 pm and we begin our closing program at 6:00 pm. The closing program will end at 6:30 pm. Cabin Leaders continue hanging out with their campers and visiting with their parents until all their campers have left. Finish the week strong; avoid visiting with other team members until all campers have left. We'll end the week with a short meeting by the bell followed by a brief cleanup of the camp; you must stay until cleanup duties are assigned and the meeting is adjourned. Senior cabin leaders' camper evaluations must be completed before leaving the campsite. If everything goes well time off should begin by 8:15 pm.

### **Sleep: Your Best Friend**

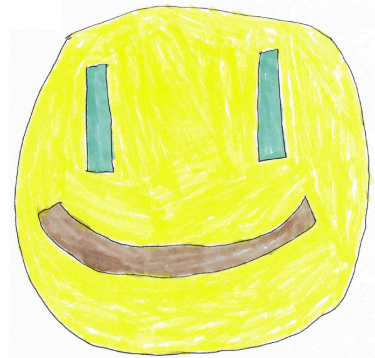
Part of keeping yourself and your campers healthy is being well rested. Getting to sleep with a cabin full of excited campers or other team members is challenging! Campers will want to stay up late and often you'll want to do so as well. While it's tempting to stay up late for a discussion, stories, to have a heart-to-heart with a camper, or just for fun, you are responsible to make sure you (and your campers if you are a cabin leader) are well rested and ready to have a great day. Your next day's discussions, heart-to-hearts, and fun will be waiting for you tomorrow!

It may seem crazy, but when campers don't get enough sleep it actually becomes more and more difficult for them to fall asleep. The first few nights are crucial: make sure that after lights out, campers are quiet and sleeping in their beds. If you don't have campers, you will also be given a curfew. Abide by it and be well rested. If you notice other team members aren't abiding by this curfew, or if your campers are rowdy and will not be quiet, find a director ASAP and they will help you.

Please remember that everyone's ability to make wise decisions is directly influenced by the amount of sleep they receive and that lack of sleep is a leading cause of illness!

**And now, a word from our campers:**

Thank you for my experience.  
I got some more friends  
and I learned more about scripture  
it was a fun time. Even though my cabin  
was terrible.



I really loved my camp experience. I got to learn how to  
throw hatchets, start a fire, and play volleyball with some  
friends. I also went out of my comfort zone and talked to other kids.  
Jesus is the real truth and the way to heaven!

THANK YOU I HAD A GREAT  
TIME AT RANGER LAKE BIBLE  
CAMP I LEARNED ABOUT GOD

## **Base Camp Daily Schedule**

*This is the typical schedule that we run for Junior camps – Jr. Teen and Teen camps are slightly different. DIRT, Scope, TACK, and Work Crew share meal times, but Wild camp has a completely different schedule which is TBA.*

7:15 am *Team Meeting* – A time of encouragement, prayer, and announcements for the day for our volunteers and missionaries.

8:00 am *Breakfast*

8:45 am *Cabin Clean-up* – Cabins are evaluated on cleanliness during chapel.

9:15 am *Chapel* – This short 25 min chapel includes a couple songs and an introduction of the topic of the day via video clip and/or Bible story.

9:45 am *Small Group Discussion* – Cabin groups find a spot where they can work through some questions on a talk sheet.

10:15 am *Skill #1* – Each cabin leader teaches three activity sessions, or “skills”, and has one off each day.

11:15 am *Skill #2*

12:15 pm *Lunch*

1:00 pm *Siesta* – Everyone goes back to their cabins for a rest.

1:30 pm *Skill #3*

2:30 pm *Tuck* – The Tuck Shop is open for about 45 minutes for campers and team members to purchase a drink and/or something sweet.

3:15 pm *Skill #4*

4:15 pm *Free time* – Do not let the words “free time” deceive you. This is free time for the campers. You are expected to use this time to visit one on one with campers or to do something with your cabin. Whatever you do, please make sure you are with campers.

5:30 pm *Supper*

6:30 pm *Wide games*

8:00 pm *Chapel* – This chapel includes singing, a short video, a drama skit, a testimony, and message from our speaker.

9:15 pm *Night snack* - Twice a week we'll also have a campfire at this time

9:45 pm *Cabin Devotions* – Everyone is back in their cabins. The cabin leader will tell a Bible story and lead a discussion on it before going to sleep.

10:30 pm *Lights out* – refer to “Sleep: Your Best Friend” on the previous page

## **PREPARING FOR CAMP**

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### **What to Bring**

- Bible, pen, and paper
- Devotional material and books for your own personal growth
- Alarm clock - you may not keep your cell phone in your room or cabin
- Sleeping bag and pillow
- Flashlight
- Bug spray and sunscreen
- Dress up clothes/costumes (for our fun theme meals)
- Rain gear
- Money for Tuck Shop
- Tooth brush and other toiletries
- Towels
- Water Bottle
- Hat
- Camera
- Guitar or other musical instruments

### **Your Camp Uniform**

No, we aren't going to ask you to dress the same as everyone, but your daily camp wardrobe does need to accommodate your role at camp. As such, you must observe the following dress guidelines while working at Ranger Lake:

- wear a watch (you may not carry a cell phone at camp)
- as mentioned earlier, your team shirt must be worn on the first day of camp until after supper
- all clothing must be neat and clean - worn-out clothing is not appropriate
- all clothing must be modest, to focus on God and not on us. Please cover your underwear and your bum - your work with children will require bending over and squatting down often during the day; clothing that offers minimal coverage is inappropriate (eg: small tank tops, crop tops, low cut jeans or pants, short shorts, pants with loose fitting waists). Underwear (including your bra) **MUST** stay under!
- all clothing must be free from inappropriate sayings/slogans
- quality footwear is key; we put a lot of miles on in a day! Good, fitted sandals, runners, or hiking boots will maximize your comfort while preventing injury. Flip-flops, slide sandals, and fashion-focused footwear will leave you with shin splits at best and a sprained ankle at worst, so best leave them at home.
- camp t-shirts from previous summers, or other camp's shirts are great choices
- at least one change of clothes you can get dirty in during wide games
- action-ready modest bathing suit: bathing suits with minimal coverage aren't appropriate for anyone as there is always a good possibility you will be engaged in activity while wearing it; it's not worth the style choice to risk any exposure! Choose bathing suits with good coverage, whether it is a two piece, one piece, board shorts, etc. If you require further clarification please contact a director.
- one pair of closed toe shoes for indoor use in the dish pit and dining hall
- fun costumes for dress-up meals

### **If you are working at DIRT or Scope camp or hoping to play/help with paintball:**

- 2 pairs of shoes or boots to paintball in (sandals don't count!)

- Camouflage if you have it! (Quinn the Eskimo in Saskatoon is a great place to gear up)
- At least 2 changes of paintball clothing: bring long pants and long sleeve shirts (minors may NOT play in t-shirts)
- you will need rubber boots

**PLEASE Note:**

- Footwear is required at all times unless in the water, at the pool, or on the beach
- If you are going to wear tight pants (leggings or yoga pants) they must be worn with shirts or sweaters long enough to cover to your bum
- Sheer tops must be worn with a tank top under it, not just a bra, sports bra, bralette, or bandeau

**Leave at Home** electronics and anything expensive, such as toys and clothes

**Cell Phones/Personal Electronics**

Missionary Jim Elliot said it best: wherever you are, be all there. When camp is in session you are constantly interacting with team members and campers. Answering text messages and checking social media is at the least disruptive and usually only serves to distract you from what’s most important: your relationships at camp. You will get the most out of camp by taking a break from constantly being accessible and instead enjoying being with God’s creation: nature and people.

If you have to bring your phone or any other media device, **you must leave it in our camp office** where it will remain safely locked up until your time off. If you must use electronics during your time off, it must be out of sight of the campers. Again, *if you need an alarm clock do not count on using your cell phone!* Instead, bring a dedicated clock.

Campers are not allowed to have any electronics in their cabins, including cell phones. If any of your campers bring electronics, give them to a camp director; we’ll store them in a safe place until the end of the camp week.

**Drugs and Alcohol**

Ranger Lake strictly prohibits possession of alcohol or marijuana on camp property by anyone. If you are of legal drinking age, you must be sober at all times (1Peter 5:8-9). **We encourage you to abstain from all substances**, but if you must imbibe, the following guidelines should be observed:

- Team members who are of legal drinking age must not drink at all 12 hours before active responsibility at camp
- Team members that are of legal drinking age are asked to never drink alcohol when in the company of other team members that are not of drinking age in any social setting outside of camp
- Remember Ephesians 5:18 “Do not be drunk on wine... but be filled with the spirit” and refer to One Hope’s [Statement of Affirmation](#) for more clarity
- You may not use intoxicating drugs in any form while in the employ of Ranger Lake
- Ranger Lake is a smoke/nicotine free environment; you may not vape or smoke at camp

### **What to do before coming to camp**

- Maintain a healthy devotional life and pray for your future campers
- Read and sign the [Statement of Affirmation](#)
- Ask people to pray for you while you are at camp
- Prepare your testimony
- Complete any assignments that have been assigned by the Directors (which will be sent via email)
- Complete One Hope Canada's "In Safe Hands" online training; a link is included in your confirmation email.

### **Relationships at Camp**

Our "In Safe Hands" training, which is a required part of your preparation, clearly outlines appropriate relationships while you're at camp. We require that no dating relationships **begin** during camp between any team members. Yes, camp is a great place to meet great people, but hold on to those romantic feelings until summer is over!

### **Driving to Camp**

You are responsible for getting yourself to and from our campsite each week. **Do not expect that someone will give you a ride to and from camp, you MUST arrange that in advance yourself.** If you need a ride, communicate your need in our group on the Twelve (formerly Faith Spark) app; make sure you give ample time for responses! As a courtesy, always remember to offer gas money to the driver.

When you are driving to camp please remember that the speed limit on all gravel roads is 80 km/hr (unless otherwise posted), but you will often need to **drive slower and more cautiously** due to inclement weather and loose gravel. Over the years, many of our team members, some careless and others unlucky, have ended up in the ditch, and some accidents have been very serious. In that light, please **give yourself ample time and don't speed!**

### **Sharing Your Story**

One of the most powerful stories that you can share with someone is your testimony – what God has done and what God is doing in your life. We will help you prepare for this at missionary training. Summer missionaries must come to their camp week prepared and willing to share a 4-6 minute testimony, and all team members are encouraged to share their story with campers. As you prepare your testimony, consider how you can use your story to show campers the attributes of God (ie: God is loving, or faithful, or merciful, or our Father, etc). Please make every effort to stay away from confusing language when sharing your testimony (ie: Sanctification, "I asked Jesus into my heart," washed in the blood of the Lamb, etc.) and keep sharing focused on God's work and not yourself!

### **Leading a Camper to Christ**

God is going to use you in many different ways this summer – in ways that you may never have been used before and perhaps ways that you never have dreamed of being used. One the greatest privileges that we can experience in our lives, next to our own conversion, is the opportunity to lead someone else to Christ. Campers will be exposed to the gospel many times during their week at camp, both in the Chapel and through spending time with you. We want our salvation message to be presented clearly and consistently, in both our words and actions.

- We want each camper to receive a personal, honest, heart-felt challenge from their cabin leaders: “Have you thought about following Jesus? When you go back home, how will people know you’re a Christian?”
- Pressure and coercion is never appropriate: “You had better decide tonight because you do not know what is going to happen tomorrow.” or “If you do not become a Christian, you are going to hell.” Remember to speak the truth in love.
- The uncertainty of life and the reality of hell are both true, but we do not want them to be the focus of our gospel presentation. We want to focus the camper’s attention on God’s love for us as shown in Jesus Christ’s death and resurrection and on the reality that if we will trust Christ for salvation we can have a meaningful life today (though not easy) and look forward to an incredible future tomorrow. Good news!
- Salvation is not a formula or a magical prayer that we pray. We have been saved by grace through faith (Eph. 2:8-9). It is important to confess with our mouth Jesus as Lord, but it is also important that a camper believes in his heart (Romans 10:9-10). This does not happen by repeating a prayer. It happens when a camper meets Jesus. Often by seeing Him in the life of his Cabin Leader or another team member, or through hearing about Him in chapel, a camper can have an experience with Jesus. We will discuss this further at missionary training.

### **Your Practical Testimony**

Please remember that you are one of our ambassadors. How you conduct yourself in public, *especially online through social media*, reflects on what others think about our camp, our leaders, and ministry. Before you follow an account, post a video, article, or make a comment, think, “Is this something I’d like my campers, or Ranger’s camp directors to see?” A good rule of thumb is: “When in doubt, don’t.”

## **CAMPER FOLLOW UP**

Long-term relationships are an extremely important part of camp ministry. God has not only called us to proclaim the Gospel, but more specifically He has called us to make disciples (Mt 28:19-20). A life-long, growing relationship with Christ is our goal. We do not have the means to disciple all our team members and campers year round, but we do not want that to stop us from discipling some. It is our desire to see our team members and campers persevere in their faith by helping them connect with a church, a youth group, more ministry opportunities, and other believers, who can help them continue to grow. If our summer missions team and campers are not moving closer to God during the school year, they are moving further away. Making disciples is not a one-week event; it is an ongoing process. This is why your year-round church attendance and involvement is essential.

Our emphasis is on following up “tween” and teenage campers. This is a critical age of transition in many kids’ lives. Unfortunately it is often the age where many poor decisions are made with regards to friends, sex, smoking, alcohol, drugs, and crime. We want to help some of our campers through these difficult years; help them set goals, encourage them to stay committed to a lifestyle that honours God, and above all to keep directing their focus to Jesus. We will give you more details about what part you can plan during missionary training.

## **Staying in Contact with Campers**

As mentioned before we do not have the means to disciple all our campers during the school year, nor are you able to do that for all of the campers that will stay with you over the course of the summer. Jesus focused on twelve men, three with whom He spent a lot of time – Peter, James, and John. Please be praying throughout the summer that God would lay on your heart the campers that He wants you to keep in regular contact with during the school year. Who are your disciples going to be? A year from now campers will probably not remember any of the devotions you taught them in the cabin, but they will never forget the cabin leader who cared enough to call and take them out for a Coke. Also, be aware that you will bump into campers from time to time outside of camp (in malls, at movies, etc.). Please make every effort to talk with them when you see them. Ignoring them will damage any sort of influence that you had on them during the summer months.

Our parent organization, One Hope Canada, maintains an app that will help you stay connected with campers: Twelve (formerly FaithSpark). It is available on your favourite app store for download, and after camp ends you can communicate with your campers through this app; we strongly recommend that all your digital communication with campers stay exclusive to this app.

Our “In Safe Hands” policy has more information about how to contact campers, but as a review: don’t friend campers on Facebook or through other social media. If you are added by a camper, you may accept at your discretion but all electronic communication with campers, including email, texting, and through social media, must be shared with their parent(s) by adding them to the conversation.

## **Camper Debriefing**

In order for us to effectively connect our campers with churches and youth groups, it is important that the camper evaluation forms are filled out properly by cabin leaders at the end of each week. This way we will know which campers need to be connected with a church/youth group/kids’ club. This is often where pointed gospel challenges are issued from cabin leaders to campers. All cabin leaders must meet one-on-one to review this evaluation form with each camper and pray with them.

## **THREE BIG RULES**

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### **Respect**

In all you do, respect your place of work, respect God, respect others, and respect yourself.

### **No Pranks**

Pranks can be fun but often come at the expense of others. As they become more frequent in a camp setting they also tend to become a distraction that takes attention off of our campers. If you have creative energy, please use it to surprise someone with a blessing, instead of a curse.

### **Stay in your cabins after lights out**

This applies to everyone. A good night’s sleep is important. We need to be able to account for everyone’s whereabouts.

## **COMMON QUESTIONS**

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### **What happens on the days off?**

Again, time off starts *after* the campers leave and the clean up and camper evaluations are completed. If you are working the coming week, curfew for Friday night is usually 1:00 am - whether you are on or off the camp property. Saturday's curfew is usually 11:00 pm – whether you are on or off the camp property. Everyone is expected to attend church on Sunday morning.

### **Why are there curfews on our days off?**

It is our goal to help team members maintain their health and enthusiasm throughout the summer, thus giving all of our campers an incredible camp experience. Your days off need to be used responsibly if we are going to experience increasing levels of success in our camping program. Curfews give a consistent expectation for everyone to follow. It also makes it easier for us to make the right decision when it starts to get late. Curfews are only in effect for the days before you arrive at camp, so if you have a week off or are only working camp for a couple weeks you only need to observe the curfew the Friday and Saturday before you arrive.

### **Who can stay at camp on the day off?**

Only our site manager stays at camp when we are not in session. Over time we have found it best to take a break from camp on Saturdays. If you live far away from camp and need a place to stay for the weekend, ask a fellow summer missionary or ask a director for help.

### **When and where can I do my laundry?**

Please do your laundry at home. There is a laundry facility in the main washroom building where you may do laundry in case of an unexpected situation. When you put a load of laundry in a washer, make sure that you will be able to return in the next half hour so you can transfer it to the dryer. If you find other laundry in a washer, place it on top of one of the dryers. Do not assume that all laundry ought to go in a dryer. There will be extra soap in the laundry room, but it is preferable if you bring your own **unscented** laundry detergent. Leave white clothing and expensive items at home. The water that goes into our washing machine is still hard water.

### **What skills will I teach?**

Each cabin leader will teach three, one-hour activity or “skill” sessions each day and be given one hour off. The skills that you teach will vary from week to week unless you have been trained at the climbing wall, pool, or barn. You may teach three different skills in a day but you will teach them at the same time with the same group of kids for the whole week. Jr. cabin leaders will assist a variety of different cabin leaders in a variety of different skills each week.

### **Can I do (paintball, DIRT, Wild, Tack, watersports, etc) next week?**

Give our directors ample notice (weeks, not days) that you'd like to be involved in specialty camps and fanatic activities and we will do our best to accommodate your request!

### **I'm feeling sick. Now what?**

If you are at camp, you will report to our camp nurse and a treatment plan will be made. You must be free of diarrhea or vomiting 72 hours before camp starts. If you have a bad cough and runny nose, please contact a director ASAP so we can decide if you are able to come to camp.

### **What happens in case of an emergency?**

Emergencies are rare at our camp. For inclement weather, we ring the bell and gather at the basketball court, where attendance is taken. If something happens to a camper, like an injury or if one is missing, you must immediately send someone to notify a director. In all cases, our Directors must be notified of any emergency so they can make a plan. Don't forget that calm is key: when our leaders are calm, any situation is easier to deal with!

### **What is the policy for phone calls?**

If someone needs to get a hold of you they may call (888) 406-1733. Campers are only allowed to use the phone with a camp director's permission. Homesick campers often feel more homesick after calling home, so do not encourage them to call home.

### **What is the WiFi password?**

Ah, the most common question we get. Our internet connection is reserved for camp business use only. We encourage you to stay off your internet equipped devices until the weekend, but if you must use the internet you can access it using your phone's data plan in our dining hall, where we have cellular phone access, during your daily time off. By way of disclaimer: as with any internet provider, our system logs all internet traffic, and we are able to see which websites are accessed by any device while it is connected to our network.

### **What is the best question?**

Can we pick up this conversation... tomorrow?

### **Why on earth do you give guidelines for alcohol in this manual?**

This isn't permission to party all weekend but be sober for summer camp! We want you to honour God and be ready to serve at camp. Moderation and sobriety are excellent guidelines for many things in life, including alcohol.

### **What is the deal with the Statement of Affirmation?**

Take this seriously: it's not just a document to skim and sign, you are committing to living your life to a high standard while working at Ranger. By agreeing to this statement you are agreeing to **not do things** like abuse alcohol and use intoxicating drugs like marijuana, and affirming important religious beliefs, such as Jesus being God, and a biblical view of sexuality and fidelity. It is important that consistency is modelled in the lives of the people who are part of the ministry at RLBC. The Statement of Affirmation is a standard to which our team is asked to adhere. Board Members and full-time missionaries read, agree with, and sign the Statement every year and the summer missionaries do the same prior to beginning their work at camp. **If you disagree** on any point or have questions, **contact a director ASAP for clarification!**

### **What is the best 10¢ candy at Tuck? Can you please ramble on for a bit?**

Coke bottles, fuzzy peaches, and the sour cherries when we can get them. Dinosaurs for the nostalgia. Some people like blue whales, but you have to wonder: what flavour are they? Whale flavoured? When I was a kid they had candy mint leaves at Tuck. MINT LEAVES. It was like eating toothpaste. And kids actually ordered them!!! Just be glad you were born in the 2000s.

### **When can visitors come to camp?**

Visitors may come to camp upon request only, and their visits must not be long or frequent. All visitors must be coordinated and **pre-approved by the camp directors** at least a week in advance of their arrival. If a friend or family member is interested in a longer visit, ask them to consider volunteering instead of visiting. When a visitor arrives at camp (while campers are at camp), they must immediately sign in at the office and put on a visitor name tag. This is part of our “In Safe Hands” child and youth protection policy.

### **Can I have extra time off? Can I arrive late? Can I leave early?**

Camp scheduling is tight, and as a result there is rarely enough time to allow for long breaks away while you are working at camp. We need everyone on our team present from start to end so we can make sure that all campers are cared for appropriately. Please schedule any doctor’s appointments on your days off! If you absolutely require time off, you must verbally ask a Director at least one week in advance. Please note there is no guarantee you will get your requested time off, and if you require more than a few hours away from camp you should plan to just take the whole week off. If you require a week off please give us at least 2 weeks notice.

### **Penne a la Betsy**

1 small onion, chopped  
2 cloves garlic, minced  
1/2 cup white cooking wine  
400ml can of tomato sauce  
1/2 cup heavy cream  
1/2 tsp basil (can substitute fresh)  
1/2 tsp parsley (can substitute fresh)  
1/2 tsp salt  
2 Tbsp olive oil  
2 Tbsp butter  
~400 grams meat protein (medium shrimp, cubed chicken, or your favourite meat)  
1 420g box of penne (or your favourite pasta)  
Parmesan cheese to garnish

Heat up a deep frying pan using medium heat. Cook meat in 1 Tbsp of olive oil. Remove from pan when cooked and cover to keep warm. Add butter and remainder of olive oil, then add onion, cooking until clear. Add garlic, then immediately deglaze pan with white wine and simmer until reduced by half. Add tomato sauce, occasionally stirring until simmering. Reduce heat, stir in cream, add herbs and cook until simmering. Remove from heat and stir in protein. Season with salt, to taste.

Cook pasta in large pot until al denté. Drain pasta, and plate with sauce poured on top. Garnish with Parmesan cheese. Makes 4 servings.

### **Is this the end of the manual?**

I’m sorry to disappoint, but we have arrived at the end. But chin up: summer’s coming! We’ll see you soon.