

## OLYMPIC DECLINE BENCH

JXBR - 003

Designed as per the international standards of power lifting. Eight to seventeen-inch bench widths allows free shoulder movement during bench press. Unique roller allows locking of users feet while performing exercise. Forty-six inch bench length allows full stretch of the user's body. Two position replaceable bar hold assembly with heavyduty stainless steel plate for durability. 15 degree backrest for optimum exercise







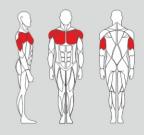
## **FEATURES**

- **Durable Construction:** Delivers excellent stability and durability for challenging workouts.
- Decline Angle Design: Optimized for targeting lower chest muscles effectively during decline bench presses.
- ◆ Ergonomic Padding: High-density foam padding ensures comfort and proper body support during exercises.
- Wide Base Support: Provides a solid foundation for heavy lifting without any wobble.
- ◆ Leg Stabilizers: Padded leg rollers provide stability and support to maintain proper form during decline exercises.

## **SPECIFICATIONS**

## **DIMENSIONS:**

Length: 81 inches / 206 cms Width: 86 inches / 218 cms Height: 48 inches / 122 cms Weight: 185 lbs / 84 kg



MUSCLE WORKED: Pectoralis Major, Anterior Deltoids, Triceps Brachii

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately