

## PERSONAL TRAINING STATION

JPTS

State of the art personal training equipment, ideal for individuals who want a single machine for the entire body. Loaded with three separate weight stacks to facilitate multiple users at a single time. The smith machine installed provides stability to beginners while also being able to withstand heavy workouts by experienced lifters. Dual cable stations provide a wide range of exercise variations. Dedicated weight stack for lat pulldown and long pull row increases versatility.



### FEATURES

- ◆ **All-in-One Training System:** Combines a functional trainer, Smith machine, and power rack for a complete workout setup.
- ◆ **Dual Adjustable Pulleys:** Allows a wide range of cable exercises with customizable height settings.
- ◆ **Integrated Weight Plate Storage:** Built-in holders keep weight plates organized and easily accessible.
- ◆ **Multi-Grip Pull-Up Bar:** Supports various pull-up variations for upper body strength training.
- ◆ **Compact & Versatile Design:** Optimized for personal training spaces, offering maximum functionality in a minimal footprint.

### SPECIFICATIONS

#### DIMENSIONS:

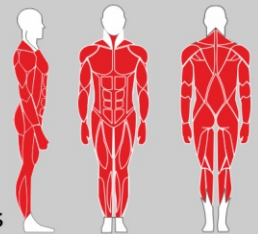
Length: 82 inches / 208 cms

Width: 88 inches / 224 cms

Height: 90 inches / 229 cms

Weight: 1629.22 lbs / 739 kg

Weight Stack: 220 lbs / 100 kg X 3 Stacks



**MUSCLE WORKED:** Full Body

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately