

GLUTE MACHINE

JPRL - 504

This machine provides superior isolation of the glutes through the hip joint motion by eliminating any movement of the knee. A curvilinear path focuses on the glutes with contribution from hamstrings & quadriceps. The Jerai Fitness Glute machine provides a maximum weight of up to 165 lbs.



FEATURES

- ◆ **Targeted Glute Activation:** Isolates and strengthens glutes for better tone and lower-body strength.
- ◆ **Adjustable Resistance:** Easily customizable weight stack suits all fitness levels.
- ◆ **Ergonomic Design:** Ensures proper posture, minimizing back strain and maximizing engagement.
- ◆ **Padded Support Areas**
High-density padding provides comfort for the chest and forearms during intense glute workouts.
- ◆ **Multiple Exercise Variations**
Allows for single-leg or alternating-leg glute exercises, adding versatility to workouts.

SPECIFICATIONS

DIMENSIONS:

Length: 52 inches / 132 cms

Width: 42 inches / 107 cms

Height: 60 inches / 152 cms

Weight: 451.948 lbs / 205 kg

Weight stack: 200 lbs / 100 kg

MUSCLE WORKED: Gluteus Maximus, Gluteus Medius, Gluteus Minimus

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

