

PREACHER CURL BENCH

JPRBR - 109

A flat arm pad allows comfortable operation. It allows aligning elbow off pad in order to reduce joint compression.



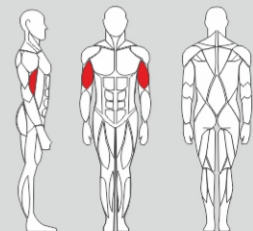
FEATURES

- ◆ **Ergonomic Arm Pad Design:** Contoured, high-density foam arm pad ensures proper support and comfort during bicep curls.
- ◆ **Adjustable Seat:** Height-adjustable seat allows customization for users of varying heights for optimal form.
- ◆ **Heavy-Duty Frame:** Built with a durable steel frame for stability and durability during intense workouts.
- ◆ **Integrated Barbell Holder:** Strategically placed barbell holder for convenient loading and unloading of weights.
- ◆ **Compact and Space-Efficient Design:** Ideal for both home and commercial gym setups.

SPECIFICATIONS

DIMENSIONS:

Length: 42 inches / 107 cms
Width: 36 inches / 91 cms
Height: 40 inches / 102 cms
Weight: 116 lbs / 52.8 kg



MUSCLE WORKED: Brachialis Muscle

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

*Plates, barbell, attachments and accessories are not included and need to be bought separately.