

SEATED LEG PRESS

JPRL - 506

A large seat and footplate are provided for better range and stability. The advanced design reduces spinal compression while allowing full range of motion in the movement. The Jerai Fitness Seated Leg Press provides weight stack upto 400 lbs.



FEATURES

- ◆ **Ergonomic Design:** Ensures proper alignment to target lower body muscles while reducing joint strain.
- ◆ **Adjustable Seat & Backrest:** Customizable positions for all users ensure comfort and correct posture.
- ◆ **Smooth Resistance:** Precision weight stack delivers consistent and fluid motion.
- ◆ **Wide Foot Platform:** Non-slip surface supports varied foot positions for targeted training.
- ◆ **Core Stability:** Engages core muscles while focusing on lower-body strength

SPECIFICATIONS

DIMENSIONS:

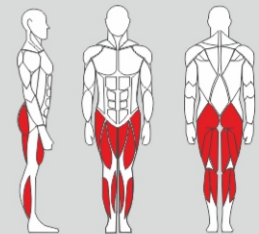
Length: 85 inches / 216 cms

Width: 44 inches / 112 cms

Height: 74 inches / 188 cms

Weight: 747 lbs / 339 kg

Weight stack: 200 lbs / 100 kg



MUSCLE WORKED: Quadriceps, Hamstrings, Glutes

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.