

## LEG EXTENSION

JL - 501

Leg Extension is a compound strength training machine that offers an angled seat to isolate the quadriceps muscles. Its pivot points are placed precisely parallel to the knee for biomechanically correct movements and its adjustable foot rollers to adapt to different users. It provides a maximum weight of up to 165 lbs.



Scan Here  
to Access the Video

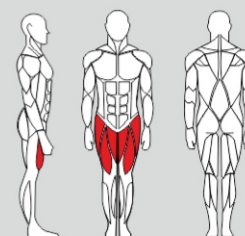
### FEATURES

- ◆ **Ergonomic Design:** Ensures proper posture to target quadriceps and reduce joint strain.
- ◆ **Adjustable Seat & Backrest:** Fits users of all heights for comfort and optimal form.
- ◆ **Smooth Resistance:** Precision weight stack delivers controlled motion.
- ◆ **Padded Rollers:** Provides support and comfort during intense workouts.
- ◆ **Durable & Compact:** Robust, space-saving design for any gym setup

### SPECIFICATIONS

#### DIMENSIONS:

Length: 56 inches / 142 cms  
Width: 44 inches / 112 cms  
Height: 56 inches / 142 cms  
Weight: 471.7 lbs / 214 kg  
Weight stack: 220 lbs / 100 kg



**MUSCLE WORKED:** Vastus Lateralis, Rectus Femoris  
Vastus Intermedialis

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.