

DUAL AXIS FLAT BENCH

JPL - 104

Parallel pivot technology creates a converging path to simulate free weight dumbbell-barbell press. Counterbalance weights provide accurate workout.



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FEATURES

- ◆ **Dual Axis Motion:** Provides versatility with independent and converging movement paths for enhanced chest engagement.
- ◆ **Flat Bench Design:** Targets the entire chest with maximum focus and stability.
- ◆ **Ergonomic Handle Design:** Ensures comfortable grip and minimizes wrist strain during pressing movements.
- ◆ **Plate-Loaded System:** Simplifies resistance adjustments for progressive strength training.
- ◆ **High-Quality Upholstery:** Provides comfortable support during workouts.

SPECIFICATIONS

DIMENSIONS:

Length: 78 inches/198 cms

Width: 48 inches/122 cms

Height: 54 inches/137 cms

Weight: 227 lbs/103 kg

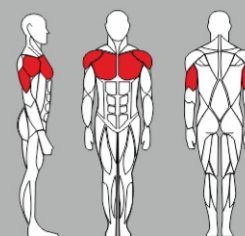
Start Weight: 11.2 kg

Max Loaded: Single Side: 176 lbs / 80 kg

Both Side: 352 lbs / 160 kg

MUSCLE WORKED: Pectoralis Major, Anterior Deltoid, Triceps Brachii

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.



*Plates, barbell, attachments and accessories are not included and need to be bought separately.