

DUAL AXIS INCLINE BENCH

JPL - 106

Parallel pivot technology creates a slight converging path to simulate free Eweight dumbbell-barbell press. The incline frame designed provides an angle to work the front deltoids and upper pectorals.



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FEATURES

- ◆ **Dual Axis Motion:** Provides independent and converging movement paths for balanced and efficient upper chest activation.
- ◆ **Optimized Incline Angle:** Focuses on the upper chest while minimizing stress on shoulders and joints.
- ◆ **Adjustable Seat and Backrest:** Ensures proper ergonomic alignment for users of different sizes.
- ◆ **Plate-Loaded Resistance System:** Offers easy resistance customization to match fitness levels and goals.
- ◆ **High-Quality Upholstery:** Features durable, high-density foam padding for superior comfort and support during workouts.

SPECIFICATIONS

DIMENSIONS:

Length: 90 inches/228 cms

Width: 48 inches/122 cms

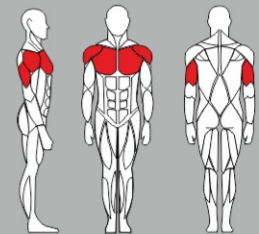
Height: 42 inches/107 cms

Weight: 240 lbs/109 kg

Start Weight: 11.2 kg

Max Loaded: Single Side: 176 lbs/80 kg

Both Side: 352 lbs/160 kg



MUSCLE WORKED: Pectoralis Major, Anterior Deltoid, Triceps Brachii

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

*Plates, barbell, attachments and accessories are not included and need to be bought separately.