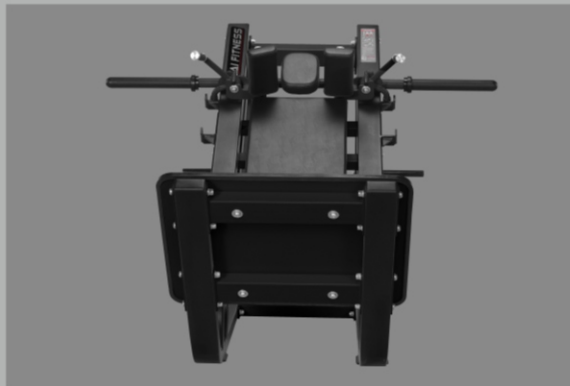


# HACK SQUAT

JPL - 131

Unique robust designed for accurate serious heavy duty training. Carriage travels on linear bearing for friction free & smooth performance. Big non-skid high quality rubber foot platform for trouble free workout.



Scan Here  
to Access the Video

## FEATURES

- ◆ **45° Angled Platform:** Targets quads, glutes, and hamstrings with less back strain.
- ◆ **Ergonomic Support:** Backrest and shoulder pads ensure comfort and alignment.
- ◆ **Wide Footplate:** Enables varied positions to target different muscles.
- ◆ **Safety Stops:** Built-in catches ensure secure heavy lifting.
- ◆ **Plate-Loaded System:** Customizable resistance for strength progression.

## SPECIFICATIONS

### DIMENSIONS:

Length: 94 inches/239 cms

Width: 66 inches/168 cms

Height: 55 inches/140 cms

Weight: 510.37 lbs/231.5 kg

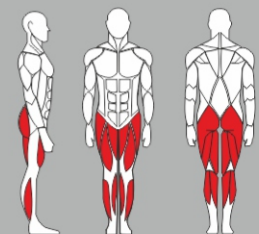
Start Weight: 55.3 kg

Max Loaded: Single Side: 308 lbs/140 kg

Both Side: 616 lbs/280 kg

**MUSCLE WORKED:** Glutes Hamstrings

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.



\*Plates, barbell, attachments and accessories are not included and need to be bought separately.