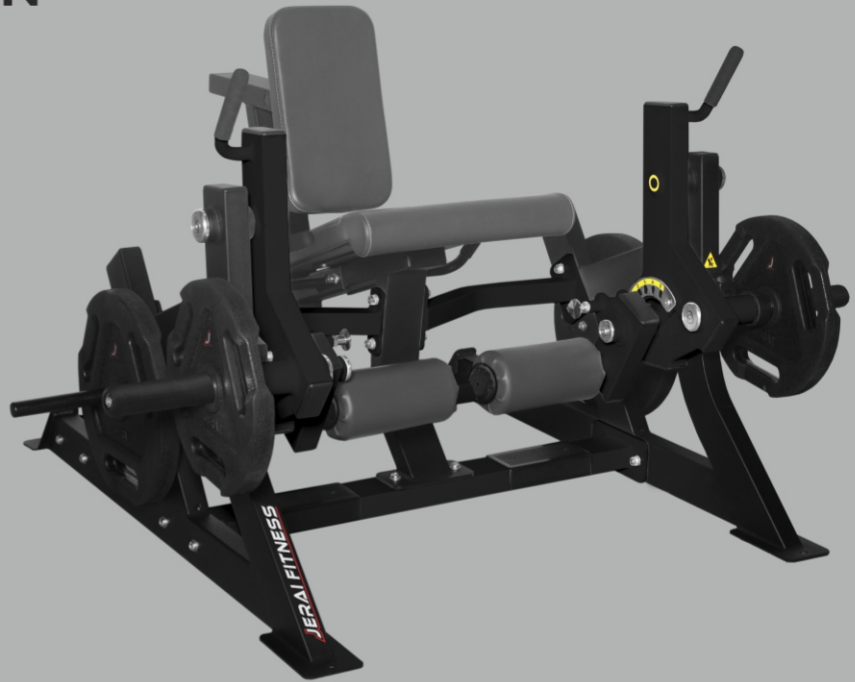


ISOLATERAL LEG EXTENSION

JPL - 126

Enhance your quad development with our Isolateral Leg Extension Machine. This machine features independent weight horns, allowing users to isolate and target each leg separately. Its isolateral design ensures balanced muscle development and reduces strength imbalances between legs. With adjustable seat and backrest settings, users can customize their position for optimal biomechanical alignment.



Scan Here
to Access the Video

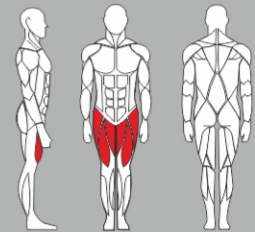
FEATURES

- ◆ **Independent Leg Movement:** Allows unilateral training for balanced quadriceps development.
- ◆ **Adjustable Seat and Pads:** Ensures proper alignment and user comfort during exercises.
- ◆ **Plate-Loaded Resistance:** Customizable weight system to accommodate all fitness levels.
- ◆ **Ergonomic Design:** Provides joint-friendly motion for effective quadriceps engagement.
- ◆ **Wide Range of Motion:** Enables full extension for maximum muscle engagement.

SPECIFICATIONS

DIMENSIONS:

Length: 52 inches/132 cms
Width: 64 inches/163 cms
Height: 49 inches/124 cms
Weight: 316 lbs/143 kg
Start Weight: 20.7 kg
Max Loaded: Single Side: 176 lbs/80 kg
Both Side: 352 lbs/160 kg



MUSCLE WORKED: Vastus Lateralis, Rectus Femoris, Vastus Intermedialis

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

*Plates, barbell, attachments and accessories are not included and need to be bought separately.