

SMITH MACHINE COUNTER BALANCED

JPL - 137

Ideal and versatile unit for beginners as well as professional bodybuilders. Engineered with racking pegs for 10-weight bar adjustments. Olympic bar travels on linear bearings for smooth operation. Counterbalance system allows for lifting of actual weight. Extra feature of shroud is provided to make the machine dust free and to look elegant.



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to Access the Video

FEATURES

- ◆ **Versatility:** Suitable for multiple exercises, including squats, bench presses, and shoulder presses.
- ◆ **Counterbalanced Barbell:** Low starting resistance for all fitness levels.
- ◆ **Safety Stops:** Multiple hooks ensure secure lifting and racking.
- ◆ **Heavy-Duty Frame:** Built for maximum stability and durability during intense workouts.
- ◆ **Plate Storage:** Integrated storage keeps training area organized.

SPECIFICATIONS

DIMENSIONS:

Length: 56 inches/127

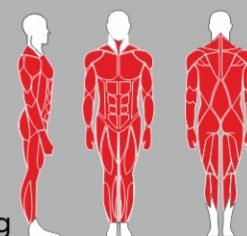
Width: 86 inches/218 cms

Height: 90 inches/229 cms

Weight: 681 lbs/309 kg

Max Loaded: Single Side: 308 lbs/140 kg

Both Side: 616 lbs/280 kg



MUSCLE WORKED: Full Body

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

*Plates, barbell, attachments and accessories are not included and need to be bought separately.