

## PREACHER CURL BENCH

JXBR - 009

A flat arm pad allows comfortable operation. It allows aligning elbow off pad in order to reduce joint compression.



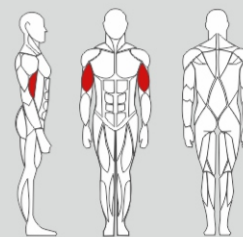
### FEATURES

- ◆ **Ergonomic Arm Pad Design:** Contoured, high-density foam arm pad ensures proper support and comfort during bicep curls.
- ◆ **Adjustable Seat:** Height-adjustable seat allows customization for users of varying heights for optimal form.
- ◆ **Heavy-Duty Frame:** Built with a durable steel frame for stability and durability during intense workouts.
- ◆ **Integrated Barbell Holder:** Strategically placed barbell holder for convenient loading and unloading of weights.
- ◆ **Compact and Space-Efficient Design:** Ideal for both home and commercial gym setups.

### SPECIFICATIONS

#### DIMENSIONS:

Length: 54 inches / 137 cms  
Width: 48 inches / 122 cms  
Height: 38 inches / 97 cms  
Weight: 109 lbs / 49.6 kg



**MUSCLE WORKED:** Brachialis Muscle

**COLOURS AVAILABLE:** White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

\*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately